

President - Anne Seymour
Vice-President –
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President – Janet Glasspool

[CFUW – Owen Sound & Area](#), celebrating 30 + years... 1990 – 2022

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

PRESIDENT'S MESSAGE

Dear Members,

I feel privileged and honoured to serve as your President. I have had the pleasure of participating with a number of you in different activities and events. We have an amazing cadre of women, who not only dedicate their expertise, dedication and talent to the club, but also within the larger community of Owen Sound and Area. I hope that as members, you feel valued and appreciated for everything that you contribute. I sincerely hope that you will support my leadership as I endeavour to serve you to the best of my ability.

In spite of the lovely spring weather, we are still challenged by COVID and we need to be patient for the next while as we continue to navigate this difficult time. We are still recommending strongly that activities be conducted virtually, unless outside in small groups. Our general meetings will still be conducted virtually until the end of June.

I am very excited about the upcoming program events for May and June. More details to follow from our Program team in the newsletter. Looking forward to seeing you on Zoom. In addition, we have also received an invitation to participate in an event in Southport.

I am extremely grateful for all the efforts of our Program team for their ability to pivot and provide us with exceptional programming in the next couple of months. I also want to acknowledge the contributions of the Social Media group that facilitates these virtual meetings on our behalf. Keeping everyone safe while providing wonderful speakers and events is truly a team effort!

Finally, I would like to encourage all CFUW members to participate in the upcoming provincial election. There are many issues that face people in our riding and our vote does matter. Our CFUW Advocacy Committee includes: Jan Chamberlain, Anne Dondertman, Cynthia Lemon, Trisha Hendrie and myself. Together we have worked to produce resources for all members. Lynda Chiotti has posted these resources on the website for your use. Members may

PRESIDENT'S MESSAGE, continued...

access and download these individual letter templates to assist with creating personalized letters, and review suggested questions for candidates, at [this link](#). As President of this club, I will be sending out CFUW letters to all local candidates on the 3 foci that we selected and I hope to receive responses back that I will share with all of you.

Sincerely,

~ Anne Seymour, President, CFUW Owen Sound and Area

CFUW Land Acknowledgement

We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomi Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Nawash Unceded First Nation, now known as the Saugeen Ojibway Nation as the traditional keepers of this land.

EXECUTIVE MEETING HIGHLIGHTS

Members of our CFUW Executive meet via ZOOM on the first Tuesday of the month at 10 a.m. If you wish to make a presentation to the Executive, please contact President Anne Seymour.

Highlights for the May 3, 2022 Executive Meeting

At our May meeting, Anne Seymour took on the role of chair for the first time since she assumed the position of Club president following the resignation of Trisha Hendrie last month. Our first order of business was to accept Trisha's resignation. The Executive will look forward to Trisha's continued involvement in various committees and interest groups, to which she has made a significant contribution since joining the Club.

The CFUW Ontario Council was forced to cancel its planned in-person annual general meeting due to low enrolment and has moved instead to a virtual meeting on May 14. Anne Seymour will represent the Club at the meeting. All CFUW members are welcome to participate in the [meeting](#).

Thanks to the energy and commitment of Advocacy Committee members Trisha Hendrie, Anne Seymour, Cynthia Lemon, Anne Dondertman and Jan Chamberlain, the Club has a resource package to support the Club's and members' involvement in the current provincial election campaign. The Executive approved a package of questions and template letters that were developed and brought forward by the committee. This newsletter and future Club communications will provide more information on accessing and using the election materials.

As much as most of us would like to return to in-person events, COVID seems as relentless as ever. Based on the ongoing public health concerns, the Executive has re-affirmed that all of its general meetings until the end of June will be delivered virtually, through Zoom. We continue to strongly recommend that committee groups and activities, unless outside, are also conducted virtually for the next month. We will keep our fingers crossed that the summer months will allow us to gather together again in person and partake in the exciting activities planned by the various committees and interest groups

~ Vivian McCaffrey, Secretary

EXECUTIVE COMMITTEES' REPORTS

PROGRAM

General Meetings are held **usually** on the 2nd Tuesday of the Month.

We are grateful to members of our Social Media Committee who facilitate our zoom meetings and who recorded these presentations for our future enjoyment.

Our April line-up of TWO not-to-be-missed meetings on Zoom included

- 1. Tuesday, April 12th at 10 a.m. Program and General Meeting: Guest Speaker was our very own Lynda Chiotti** who presented a thought-provoking talk on sustainable fabric and clothing. *Here's the link to view it again: https://youtu.be/C2e8_iHkwtA*
- 2. Friday, April 22nd at 10 a.m. Special Earth Day presentation** - This interactive workshop on climate change and action was facilitated by the skillful Marilyn Struthers and Ann Schneider along with filmmaker Liz Zetlin. We addressed the questions: "What have we done? What are we doing? What can we do?" and watched (again!) the documentary film, ***Resilience: Transforming our Community***.

The Program Committee has been working diligently to arrange and organize an exciting Program for the next few months and well into next year. Unfortunately, we had to cancel our next two in-person meetings and change back to zoom meetings.

Our **May general meeting will now take place on Zoom: Tuesday May 17th (note date change) at 10 a.m.** featuring the amazing **Francesca Dobbyn, long-time Executive Director of the United Way Bruce Grey**, talking about one of her current projects, SOS (Supportive Outreach Services). **General meeting to follow. Please read all the details on the poster, below.**

Our **AGM, Tuesday, June 14, 10 a.m.** will be on Zoom as well. **Monarch butterfly enthusiast Audrey Armstrong** will inspire us to appreciate Habitat for Birds, Bees and Butterflies, with Q & A. **Annual General Meeting to follow.**

When we can safely meet in person, we will be bringing you MORE great programs, coming up in the summer and fall... We are looking at having a "Christmas in July" surprise program, and our annual Picnic Tea Party at Styn's farm in August. We have the fall program almost set and are very excited to bring you a line-up that you won't want to miss.

We are always looking for members to join our program-planning group. It's rewarding and fun to be part of this energetic group of women. All our ideas and suggestions are considered and built on to make a program that we think Club members will enjoy. Please get in touch with us if you are interested in helping to plan our club's programs.

~ **Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators**



VIRTUAL GENERAL MEETING

TUESDAY MAY 17, 2022

10:00 A.M. - 12:00 P.M., VIA ZOOM

GUEST SPEAKER:

FRANCESCA DOBBYN, Executive Director UWBG

FRANCESCA DOBBYN, community advocate and long-time Executive Director of the United Way Bruce Grey, will talk about one of her current projects, SOS (Supportive Outreach Services). Francesca has built a life's work speaking out for those who cannot or will not be heard. Given her personal experience with poverty, Francesca speaks from the heart, with informed compassion and persuasion, laced with dry British humour.



A day prior to the meeting, an invitation will be sent to all our members and guests with the Zoom link to access the meeting.



ARCHIVES

From the Desk of the Archivist...

Last month's newsletter highlighted the initiatives of our Club in learning more about our Indigenous neighbours and supporting the issues surrounding Truth and Reconciliation. We hope to continue this process in the coming years.

This month, we will continue to review the history of past years. It gives us a sense of how the Club has grown and developed and the wonderful women who gave their time and efforts to make this Club special.

Highlights of the year 2005 – 2006:

"CFUW Empowering Women and Girls". This was the theme for that year which in part, directed the programs that were planned and some of the actions that were taken. Our President was Karen Levenick who had a hard-working team on the Executive: Terri Hope, VP; Helen Penfold, Secretary; Lynne Cox, Treasurer, who presented a budget for the year and kept our finances in order! At that time, the Chair of Program was VP Terri Hope. Donna Phillips was our Archivist, Judy Thomson, Newsletter and Donna Elliott, Membership. A formidable group!

Our meetings were held at St. Mary's Church Centre with the exception of Dinner Meetings, two of which were held at Georgian College and a Christmas Social at Butchart Estate. We had 58 Members plus a Life Member that year, which was more than 10% increase in the last year. We received a special Award from National for Increase in Membership. Our Club was also awarded a Special Project Award for "Community Art Appreciation Outreach Project: An Evening with Dr. Katherine Lochnan" (in 2004).

Highlights from the General Meetings include "Different Times, Different Images: Women in Art" presented by our illustrious Art Historian, Judy Thomson; Environmental Challenges in a New Age, with special speaker, Peter Middleton. In February, The Book Club once again provided entertainment in the form of a book Challenge. What was the Greatest Love Story? After considerable debate the winner was announced: Pride and Prejudice by Jane Austen! The April 2006 General Meeting was a discussion of CFUW Resolutions. The AGM was held at the Owen Sound Golf and Country Club (Legacy Ridge), where Terri Hope was inducted as President for the next year.

Three \$300 Scholarships were awarded to female students at the three local high schools. We also awarded a Scholarship to a mature female student entering her 2nd year at Georgian College.

~ Meran Farmer, Archivist

NEWSLETTER

This monthly Newsletter is posted on the [CFUW - Owen Sound & Area](#) website and emailed directly to members. Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** armstrong.judybeth@gmail.com before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW - Owen Sound policy that:

- *items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that*
- *unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.*

~ Judy Beth Armstrong, Newsletter Coordinator

INTEREST GROUPS

Please note, from our CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.

ART EXPLORERS GROUP

We will be meeting at Grey Gallery, 883 2nd Avenue West, on **Thursday May 12 at 2:00 p.m.** to hear local artist Tony



Miller talk about his exhibition, Potter's Field, and we'll enjoy refreshments in the adjacent sculpture garden. "Potter's field is the name for a place where the destitute or marginalized are buried, generally without markers. Owen Sound's own potter's field in Greenwood Cemetery contains over 1200 graves, including members of the black community. Tony Miller's great great grandfather is one of those buried there, and in this exhibition, Tony aims to tell the stories of some of these almost forgotten people." This will be a fascinating talk. I hope you can join us.

We had 13 ladies attend last month at the Tom Thomson Art Gallery for an informative talk and exhibition tour by Aidan Ware, Director and Chief Curator.

~ Cynthia Porter, Coordinator

BOOK CLUB: Groups 1 & 2 – Usually meet the 4th Monday of the month at 1:30 p.m.

April 25 was our most recent book club meeting. Group 1 met via Zoom and Group 2 met in person. The book up for discussion was *Northern Spy* by Flynn Berry. Discussions in both groups included thoughts on whether the story rang true to our understanding of the IRA activities in Ireland and the impact on members of the community.

Group 1 and 2 will meet again on **Monday, May 30th at 1:30** when we will review *The Storied Life of A. J. Fikry* by Gabrielle Zevin.

As we now have 2 separate groups, we would like to encourage more members to join us. Please email: meranjoan@gmail.com or lemondalefarm@gmail.com

~ Meran Farmer and Cynthia Lemon

INTEREST GROUPS, continued...

GAMES GROUP - 1st Friday of the month at 1:30 p.m.

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Currently On Hiatus

When someone says "board games" to you, do you cringe thinking about monopoly or sorry? Well, we have news for you, those are not the games we'll be playing. Whether you are new to the board game revolution or obsessed with it, this is the game group for you! We love party games and euro games.

If you would like to join the Games interest group to receive invites and updates, please contact Trisha Hendrie. Our next meeting will be on **May 6th, 2022**

~ Trisha Hendrie, Coordinator

HEALTHY LIFESTYLES

The month of April typically proved challenging in terms of weather for our walkers and we shifted some days to 'go with the flow'. However, we got out there and walked at Harrison Park a number of times during the month. Harrison Park is a very popular walk for us and at times we had over 10 people attend. It was a great opportunity to get together and chat on these occasions...something we all needed.

This month we hope to go a little further afield and try some local trails. We will keep our outings times on **Wednesday mornings, 10:30 a.m.**, as this seems to suit most of our participants. If you know of a special trail or just a walk, please let me know and we'll try it out. We're open for any suggestions!

Please contact me at meranjoan@gmail.com to put your name on my list if you are interested in joining us.

~ Meran Farmer, Coordinator

WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m. via Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Women Who Wonder or WWW for short provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. If you would like to join the WWW group, and to receive invites and updates, please contact Trisha Hendrie [solafyre@yahoo.com 519-778-2052].

On the 2nd Wednesday we will be discussing videos asking the question, "Is it always better to forgive?". On the 4th Wednesday we will be discussing "Consciousness". Join us.

~ Trisha Hendrie, Coordinator

INTEREST GROUPS, continued...

YARN CLUB (Knitwits) 2nd Wednesday of the month

Our Knitwits group meets **monthly (the second Wednesday) starting at 1:30pm**. Until further notice all meetings are online. The zoom link is sent out a few days ahead to the Knitwits membership list.

All yarn crafters (not just knitters) are welcome. If you would like to join, or have any questions, please e-mail me at: Shawna.macivor@gmail.com.

~ *Shawna Macivor, Coordinator*

CLIMATE ACTION RESOURCES

As follow-up to our very successful and enlightening Special Earth Day presentation, April 22, the following resources were recommended by a number of our members and friends:

“This was part of my presentation, if you'd like to share with CFUW, when you next send an email”

~ *Liz Zetlin*

- Join the Climate Action Team in your area: ezetlin@gmail.com
- Sign up for the Climate Forum news and monthly zooms, gbclimateaction@gmail.com
- Follow the Climate Forum Facebook page and share with your friends: <https://www.facebook.com/groups/628024257701333>

Owen Sound Water Watchers Facebook: <https://www.facebook.com/Owen-Sound-Water-Watchers-1803795079845121/>

And these recommendations from Ann Magner:

Tripping the Bruce [video] “Perfect for Earth Day”

“a calming, meditative way to spend 3 hours! And fun to pick out favourite spots along that coastline where we’ve camped, hiked - and canoed and sailed along.”

<https://www.tv.org/video/documentaries/tripping-the-bruce>

I discovered that this month’s 3 climate webinars (available to the public and organized by CFUWs in Kanata, Nepean and Ottawa) have YouTube recordings available. I thought they were well done, each with acclaimed speakers and were free of charge. These webinars were inspired by CFUW National’s 2021 resolution on a ban on single use plastics.

<https://cfuwkanata.ca/Tackling-the-Environmental-Crisis>

A Good War: Mobilizing Canada for the Climate Emergency. [Book] by Seth Klein:

I also understand that both CFUW National & Ontario Council have given their support to Seth Klein’s (in Vancouver and Director of Strategy) Climate Emergency unit, with Sabah Ibrahim as the articulate and knowledgeable Ontario organizer.

<https://cfuwkanata.ca/Tackling-the-Environmental-Crisis>

Anne Seymour wrote:

“I just reviewed the GB Climate Action Network: A Year in Review Report 2021

It is disturbing to note how little action has been done in Owen Sound.

Liz recommended the report in her remarks.”


<https://greybruceclimateaction.ca/local-news/gbcan-annual-report/GBCAN%2020-21%20for%20distribution.pdf>

And this from Shawna Macivor to Owen Sound city residents:

City of Owen Sound

BOULEVARD TREE PLANTING PROGRAM

Request the city plant a tree in front of your home!



Details

Residents of Owen Sound can request a tree be planted in the boulevard in front of their property, at no cost. The boulevard is the city managed strip next to the road, up to 33 feet from the centre of the road. The site must be suitable for the chosen tree and the chosen tree must be available. One request per property each year will be considered. If you would like to submit a request, please complete the Boulevard Tree Planting Request Form at <https://tinyurl.com/y2bktss8>. The form contains a list of approved trees.

If you have any questions about this program, please contact the Parks & Cemetery Administrative Coordinator at 519-376-3203.

ANSWERS FOR APRIL'S PUZZLE

1. Surprise, Search, Slumber -- Party
2. Softball, Baseball, Vampire -- Bats
3. Yard, Pogo, Chop -- Stick
4. Gray, Red, Timber -- Wolf
5. Friendship, Hobby, Love Field -- Airports
6. Acetate, Cellophane, Polystyrene -- Plastics
7. Patriot, Poseidon, Polaris -- Missiles
8. Zip, Tommy, Six Shooter -- Guns
9. Joy, Tern, Flamingo -- Birds
10. Dove, Charcoal, Battleship -- Shades of grey

OPPORTUNITIES TO BE A COMMUNITY VOLUNTEER:

In April we introduced this new “column” where **members are invited to send in suggestions for volunteer opportunities** with not-for-profit community organizations. Please send your suggestions, by the first of each month, to me at: armstrong.judybeth@gmail.com. We will include volunteer opportunities in future issues as space allows and at the discretion of the editor. There is no pressure on any of our members to volunteer their time or to donate funds to these deserving organizations. We appreciate that each one of us supports our community in whatever way we wish and are able. ~ Judy Beth Armstrong

Bluewater Association for Lifelong Learning (BALL)



Are You Seeking a Rewarding Volunteer Experience? The [Bluewater Association for Lifelong Learning \(BALL\)](http://www.bluewaterlearns.com) has two positions open on its Board of Directors for the upcoming 2022-2023 season. The BALL board, (and its various BALL committees) is a *welcoming, supportive, and creative team* in an organization renowned for its inspiring programming and wide range of diversified, engaging lectures.

Please consider volunteering for either the board **Vice Chair** (as a support to our Chair, Mr. Robert Kanduth) or **Secretary** position each described on our website home page at www.bluewaterlearns.com under the ‘About Us’ tab and Board Committees and Positions.

Each of the above volunteer positions is for a two-year term, or for up to six years on the board (the latter being the choice of so many of our directors). The board meets once a month, either on-line when necessary, or at the Active Lifestyles Centre in Owen Sound. It’s the dedicated and passionate work of the many BALL volunteers over the past 23 years that has made BALL the thriving 450-member organization it is today. **Please E-mail us prior to May 18th at info@bluewaterlearns.com using the subject line ‘VOLUNTEER’, for the BALL Board of Directors to consider and address.** Thank you in advance for your interest in BALL! ~ Ann Magner: Chair, BALL Promotions & Marketing

NeighbourWoodsNorth always welcomes volunteers to help with tree-planting and watering, tending of gardens, and more ... ~ Shawna Macivor

Owen Sound Field Naturalists is a wonderful group to join. I am also a member and some of our CFUW members may also be involved, or wish to be. They run indoor programs monthly on the 2nd Thursday of the month at 7p.m. and also run many hikes. Cost of membership is very reasonable. They are now recruiting for Board members. ~ Anne Seymour

Owen Sound Little Theatre/The Roxy Theatre



If you love attending plays and other productions at The Roxy, consider volunteering as an usher, “Front of House”, and you can pick and choose what shows you get to see (for free) and when. To qualify as an usher, you’ll need to become an OSLT Member (just \$20. per year – which also gives you “front of the line” ticket access to OSLT shows),

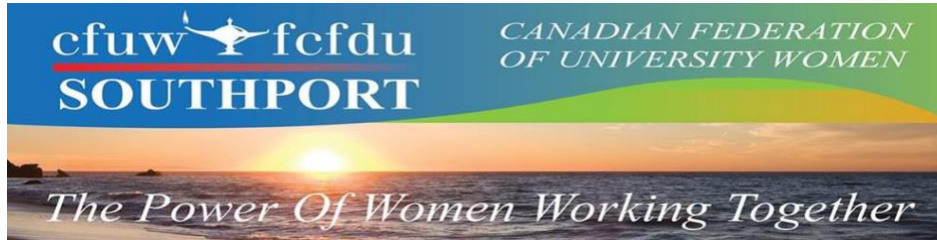
and take the training provided. If you are interested in joining The Roxy Theatre’s front of house team, please contact Front of House Coordinator, Tiffany McMillan at tiffanym@roxytheatre.ca. Please note that OSLT/The Roxy Theatre’s best practices continue ... Masks and proof of COVID vaccine are required in the Theatre. ~ Judy Beth Armstrong, OSLT Member and Newsletter Editor

Owen Sound Waste Watchers – volunteers are always welcome to join! [Visit: oswastewatchers.ca](http://oswastewatchers.ca)

REACH Centre Grey Bruce is looking for a few volunteers to help with their Sensitivity Garden. If you are interested in supporting a green initiative at the REACH Centre through the growing season, please contact Anne Dondertman, Jan Chamberlain, or Anne Seymour so that we can create a duty roster of CFUW volunteers for this season. ~ Anne Seymour

OF INTEREST TO MEMBERS...

Last May, Julie Campbell and Melissa Thomson spoke to us about MAID. Now our sister club, Southport, invites our members to attend their in-person meeting featuring Julie Campbell and MAID on May 11 at 7 p.m. The poster below provides details.



JULIE CAMPBELL
TAKING THE MYSTERY OUT OF MAID



Julie Campbell is the Lead, MAID Access for Home and Community Care Support Services South West, Care Connector Nurse Practitioner for the Provincial MAID Care Connection Service and a MAID assessor and provider.

Julie will speak about the Canadian perspective in medical assisted dying, how we got here, how and why the legislation has changed. She will also share some stories to highlight the diversity of patients requesting MAID and how their choices are supported.

Wednesday, May 11, 2022 at 7:00 pm

In person (masks are required for everyone's safety) at Bruce County Museum or Virtual Meeting

Guests welcome. All guests please register with Carol at carolbernard519@gmail.com



CFUW – OWEN SOUND
CALENDAR OF CLUB EVENTS AND ACTIVITIES
print this page to keep by your calendar

MAY 2022

- 3 - **Executive Meeting, 10 a.m.** Virtual meeting by Zoom
- 3 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 4 - Deadline for submissions to May Newsletter. Email to Judy Beth Armstrong.
- 4 – Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 6 - Games Group, 1:30 p.m. Contact Trisha Hendrie
- 10 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 11 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 11- Knit Wits, 1:30 p.m. Contact Shawna Macivor
- 11 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 12 – Art Explorers, 2 p.m. In person at Grey Gallery. Contact Cynthia Porter.
- 17 - GENERAL MEETING & PROGRAM by Zoom at 10 a.m. (Note date change) Guest speaker, Francesca Dobbyn,** Executive Director of the United Way Bruce Grey. *Followed by general meeting. Virtual meeting by Zoom. Link will be emailed to all members the day before*
- 17 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 18 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 24 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 25 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 25 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 30 – Book Club, Groups 1 & 2, 1:30 p.m. Contact Meran Farmer or Cynthia Lemon
- 31 – All reports for AGM due to Vivian McCaffrey
- 31 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

JUNE 2022

- 1 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 2 – PROVINCIAL ELECTION**
- 7 - Executive Meeting, 10 a.m.** Virtual meeting by Zoom
- 7 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 8 - Deadline for submissions to June Newsletter. Email to Judy Beth Armstrong.
- 8 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 8 - Knit Wits, 1:30 p.m. Contact Shawna Macivor
- 14 – ANNUAL GENERAL MEETING & PROGRAM by Zoom at 10 a.m. Guest speaker Audrey Armstrong** will inspire us to appreciate Habitat for Birds, Bees and Butterflies, with Q & A. **Annual General Meeting to follow.** *Virtual meeting by Zoom. Link will be emailed to all members the day before*
- 14 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 15 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 21 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 22 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer
- 28 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 29 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

~ *Watch for more activities and events in the NEXT Newsletter* ~