

**President - Patricia (Trisha) Hendrie**

**Vice-President – Anne Seymour**

**Secretary - Vivian McCaffrey**

**Treasurer - Styn Furness**

**Past President - Ann Magner**

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### CFUW – Owen Sound & Area, celebrating 30 + years... 1990 – 2021

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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Note: It is the policy of CFUW Owen Sound that *unless a member, e.g., an interest group coordinator, specifically gives permission*, a member’s personal information will not appear in the newsletter. For this information members should go to their copy of the Members List. Website info ([www.cfuwowensound.com](http://www.cfuwowensound.com))

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### **PRESIDENT'S MESSAGE**

Dear Members,

As the nights become cooler and the leaves begin to change my thoughts always turn to how connected we all are to cycles of change. Although we label the start of the New Year as the first of January, to me it’s always begun with that first cool night or the first red and yellow leaves I see in the changing colors of the trees. It’s a time to be grateful for the summer of relaxation that we just experienced and time to begin to refocus our attention on goals. This year my goals for the club are three-fold.

First, I want to ensure that our club continues to be connected just as it has during the last year. Our executive understands we need to provide both online and offline events to reach that goal because we all have different comfort levels during this stage of the COVID-19 situation. Toward that end our Program Committee has come up with a wonderful mix of online and offline events for us. In addition, our interest groups will also offer a variety of events both online and offline. Our social hour will remain online throughout the year. Women Who Wonder will also remain online throughout the year, while other groups, such as the Book Club, Art Explorers, Knitwits, and Healthy Lifestyles will meet in person as much as possible, following Public Health guidelines.

Second, I would like to take steps to increase our club’s community visibility. Our members dedicate an incredible amount of time and effort to the community, we support education via both scholarships and our STEM programs. Our club has given time, effort, and money to support the values of CFUW. It’s a good year to give ourselves some

credit for all that effort. Toward that end, the executive committee is taking steps to raise our visibility in the community. This will include opportunities to volunteer as a group and getting our name in local publications. Our Secretary, Vivian McCaffrey, has already written an article for *The Owen Sounder* which will appear in the next issue.

Finally, I would like to focus on advocacy. As the election draws near, we are reminded that CFUW is a non-partisan group, but we care deeply about what happens to and in our communities. We also know that change requires effort. Therefore, we are taking steps to bring back our advocacy group. In the past our advocacy group has been very successful, and we hope to continue that tradition.

I am confident that we will continue to remain connected, increase our visibility, and find ways to help our communities even more. The last year has shown me we are an astoundingly resilient, strong, and caring group of women! This year we'll continue to shine. Let's do this!

Sincerely,  
Trisha

*~ Trisha Hendrie, President, CFUW Owen Sound and Area*

### **MEET OUR NEW VICE-PRESIDENT, ANNE SEYMOUR**



After I retired in 2018 from the Toronto District School Board, I moved to Owen Sound. I have three adult children, who currently reside in Quebec, Ontario and British Columbia.

I started my career as a secondary school teacher in 1974 in North Bay, Ontario and over time, worked in many diverse schools as a teacher, consultant and secondary school administrator. It was my work with students with Specific Learning Disabilities that led to my postgraduate studies in Applied Psychology and Cognitive Science.

As a supervisory officer in the TDSB, I worked not only with a Family of Schools, but also in system portfolios that included Secondary Alternative Programs, Special Education and Student Success. During my tenure with TDSB, I was also seconded to the Student Success Branch at the Ministry of Education where I worked with superintendent colleagues from different school boards across Ontario on a special secondary school support project.

Since moving to Owen Sound, I serve on the Board of the Harrison Park Senior Centre and work with low-income seniors to complete their Income Tax. I volunteer with OSHaRE and also with the TOM Art gallery. I participate in a local writer's group and belong to the Owen Sound Field Naturalists Club. I support local organizations like the Ginger Press Bookstore, the REACH Centre, and the Georgian Bay Symphony. I attend St. George's Anglican Church where I am a member of its Parish Council and participate on three committees: Budget, Pastoral Care and Accessibility.

In CFUW, I feel privileged to work with a dedicated, talented and professional group of women. I look forward to your support and guidance as I undertake the role of your vice-president through the upcoming year.

*~ Anne Seymour*

## EXECUTIVE MEETING HIGHLIGHTS

*Members of our CFUW Executive meet via ZOOM on the first Tuesday of the month at 10 a.m. If you wish to make a presentation to the Executive, please contact President Trisha Hendrie.*

### **Highlights of the September 7th, 2021 Executive Meeting**

The Executive is looking forward to a year when the Club will hopefully be able to operate with fewer restrictions due to COVID-19 but is continuing to plan with all eventualities in mind.

Much of the September 7<sup>th</sup> Executive meeting was devoted to reviewing and discussing the proposed changes to the Club's Constitution and By-laws brought forward by the Policy Committee led by Janet Glasspool. Most of the changes are housekeeping in nature or in response to emergent issues.

As part of its ongoing responsibilities the Executive also updated the list of directors and signing officers for the Club's Scholarship Fund.

The Executive has identified the importance of promoting the work of the Club with the general public as a priority. It approved paying for an ad in the upcoming issue of the *The Owen Sounder*, which includes a short article that promotes the work of the Club and invites new members. The Executive also discussed other opportunities for local promotion. Stay tuned!

The Club was extremely successful in pivoting during the COVID lockdowns by employing the Zoom platform to connect with members and deliver program. Its expertise and success with Zoom have led to a request from another local organization for assistance in how to use the platform to support its members and continue its operation. The Club is indeed proud of its success to date in remaining nimble during the pandemic and of its innovative practices that ensured it remained a viable and thriving organization.

*~ Vivian McCaffrey, Secretary*

## EXECUTIVE COMMITTEES' REPORTS

### ARCHIVES

#### *From the Desk of the Archivist...*

For the past 30 years, our Club historians and archivists have collected Newsletters, Program Brochures, Annual Reports and files of Special Events. The Club's history has been well documented and shared with you before, particularly at our 10<sup>th</sup> and 20<sup>th</sup> Anniversaries. Our thanks go to Donna Phillips, Judy Thomson and Jan Middleton for keeping our history alive. It now seems appropriate to share with you, especially newer members, some of the highlights of this treasure trove of information as we celebrate our 30<sup>th</sup> year.

Here is a glimpse into what our Club members have accomplished, and the dedicated women who have helped us grow and evolve... 30 years later.

I hope that you're enjoying this as much as I am... going through old records and files is actually fun for me, and I particularly love reminiscing about these great years and remembering some many wonderful members and activities that we all enjoyed. It's amazing to see how the Club has evolved and clearly has become involved in helping Community agencies, and proactive in Advocacy issues. The work and dedication of our members was and is still inspiring. **This month we will remember the year 1999 – 2000.**

September 1999 began with Judy Stobbe as President, Sylvie Cioran as VP, Judy Thomson as Secretary and Jane Hendrie as Treasurer. 10 new members joined that year, for a total of 51. Once again, the dinner meetings turned out to be the best attended! The regular evening meetings were held at Division Street (Georgian Shores) Church.

The theme for the year was "Changes and Challenges in the New Millennium". January 1st 2000 came and went without any computer and Internet meltdowns contrary to predictions. Topics included: New Education Funding Formula; Bio-Engineering, the New Technology.

Our first general meeting of the decade began with Downtown Improvement Challenges (a panel discussion with local politicians and business people) moderated by Ann Kirkland. Interestingly, as a result of the panel discussion, several recommendations were made and sent to the Downtown Improvement Association. One recommendation was to increase the attractiveness of the streetscape with greenery, new signage, etc., and to give incentive grants to downtown business owners for façade improvements, removal of parking meters, have more than one Market Day downtown, and making the River area more attractive with gardens, and grooming; and making it more accessible with picnic benches and tables, and entertainment! Many of these recommendations were eventually accepted and implemented. Letters with recommendations were sent by VP Sylvie Cioran to all City Councillors and the Mayor, Stew Taylor and to the Downtown Masterplan Action Committee. A copy of all of the recommendations is safely stored in our Archives. Well done, ladies!

Other meetings during the year featured The Local Environment: Problems and Prospects, with speaker: Peter Middleton; and Health Care in the New Millennium. Our Christmas Social was held at the Butchart Estate B & B, hosted by (member) Marsha Barrow with donations going to the Food Bank. A February dinner meeting was held at The Grey Heron (now known as Sizzlin). For the April meeting, the speaker was member, Clair Lewis, who reviewed with the Club members, the findings and research of the Issues Group on the topic of Bulk Water Taking. As a result of their work, letters were sent by our Club to the Federal Minister of International Trade, Minister of the Environment, to the local MP and MPP and the Sun Times. (Now, that's real hard-core Advocacy!) The AGM dinner meeting was held at the Georgian College Dining Room, with Speaker Mary Rose on Authenticity and Meaning: The Search for Identity.



The Community Involvement Group, with the help of Louise Ramsay and Judy Beth Armstrong (then, Assistant Library Director) encouraged our club to contribute to the Library's Adopt a Magazine program; 'Saturday Night' magazine was purchased on our club's behalf and put on the library shelves. Other community projects included a donation of tickets so that West Hill students could attend the Person's Day Event, and donations to the Victims Assistance Program. We also sponsored some residents of the Women's Shelter to attend the International Women's Day Dinner. Many of our members were very involved in our community in various volunteer activities such as selling daffodils for the Cancer Society and the Alzheimer's Memory Walk.

CFUW National began discussions nationwide on their policy of allowing Associate Members. This was just the beginning of the controversial change to allowing women without degrees to join CFUW. At that time, Associate Members (without degrees) could join but were not allowed to hold any office in the Club. Our Club cast ballots and voted to not expand club membership by initiating Associate Memberships! The Southport Club had no problem with inviting members without degrees!! (We've come a long way since then... and it was quite a journey!)

The Goodwill Committee was initiated, for the purpose of sending out cards of thanks, or condolences to members. Norah Egner volunteered for this job.

Two Scholarships were given that year, one to a West Hill student and the other to a Georgian College Student.

Gardeners Group held a plant exchange; and enjoyed various topics such as a Master Gardener speaker on Toxic Plants; Ledgerrock in your Garden; "What's new in the Nursery" with speaker Pat Brooking (Annan Way Nursery).

Book Club: Discussions about the works of Gabriel Roy; *The Whole Woman* by Germaine Greer; travel books; *Memoirs of a Geisha* by Arthur Golden; favorite poems; classics by a non-Canadian author.

Issues Group is back! ... discussing the Export and Diversion of bulk water. The group was headed up by Judy Thomson, and letters were drafted to various levels of government on the subject. The Issues Group also was very involved in reviewing and presenting National's Resolutions.

All in all, 1999 - 2000 was a great year for our Club as we became better known in the community, being highlighted on the radio, and newspaper with Letters to the Editor.

I realize that I have likely gone on too long on this particular year, but I think it's important that you see all that was accomplished at the start of this decade by our little Club. I congratulate all the past Executive and all Club members who were up front and centre in working hard together to make our Club so active and viable. Some of these women have passed, yet their hard work and dedication to the Club will always be remembered. We thank Louise Ramsay, Alma Wilson, Norah Egener, Elizabeth Lundy, Jem Danard, Marsha Barrow, Margaret Annis and so many other wonderful women who are no longer with us.

~ **Meran Farmer, Archivist**

## **MEMBERSHIP**

Well, the weather seems to say that fall is on its way so I thought I'd send out a reminder for those who have not yet submitted their membership form for the coming year. To date, we have 33 members registered. I am attaching the membership form so you don't have to search back to June to find the original that we sent out. You can also print it out from our website: <https://www.cfuwomensound.com/membership>

Just a reminder that our club accepts e-transfers this year and you are welcome to scan and email the completed registration form to: [roberta.cuthbertson18@gmail.com](mailto:roberta.cuthbertson18@gmail.com). To set up an e-transfer through your bank, you will use the email: [finance@cfuwomensound.com](mailto:finance@cfuwomensound.com). Some banks require a question and answer for extra security, so please use the question "Organization" and the answer would be "CFUW" (all caps). Since we have made some changes to the form for 2021/22, we need to have everyone fill out and sign the form so that I can keep it on file.

We will have a table set up for membership renewals at our next general meeting at Legacy Ridge on Wednesday September 22, so that will be an opportunity to submit the completed registration form and payment in person. Members are welcome to join at any time during the year, however I will be preparing and distributing our first membership directory for the 2021/22 year by the end of October, so if you would like your name in that directory and continue to receive club emails, I'll need the completed forms and payment by October 15, 2021. There will be an updated directory distributed early in 2022 for those joining after October 15, 2021.

Looking forward to seeing everyone at Legacy Ridge!

~ **Roberta Cuthbertson, Membership Coordinator**

## **PROGRAM**

*General Meetings are held **usually** on the 2<sup>nd</sup> Tuesday of the Month.*

A huge thanks goes out to Styn Furness for once again hosting an absolutely wonderful afternoon gathering at her farm, this time a festive Ice Cream Social, August 17<sup>th</sup> as our "welcome back" general meeting to kick off our 2021-22

season. More than 30 people enjoyed the in-person fellowship after a seemingly long period of isolation! The ice cream sundaes were delicious and we managed to dodge the rain.

**Our next general meeting will take place on Wednesday, September 22<sup>nd</sup> at 2 p.m. in person at Legacy Ridge** for tea and dessert. Cash bar. Guest Speaker: local author - and member of our sister club, Southport CFUW - Lee Johnston will discuss her novel *Damnation Corner*, set in Owen Sound. Copies of her book will be available to purchase (cash only, please).

As per Provincial protocol, please:

- bring your **receipt of your 2<sup>nd</sup> vaccination** to show upon entering
- wear a mask into the building and only remove it when you are seated
- remember to social distance

Thank you for your understanding, and for keeping all of us safe by adhering to our CFUW's *Policy on In-Person Meetings*, attached.

We are finalizing the programs for the rest of the year and will have a brochure to hand out at Legacy Ridge. We hope to see you all there.

~ *Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators*

## **SOCIAL MEDIA**

This week during our social hour, we had a presentation from Christopher Hendrie about email scams that was well-attended and very informative.

We took a hiatus this summer as I was away but we are going to meet shortly to discuss plans for the coming year. Some topics will include making ever-green posts for our public Facebook page, helping another organization set up zoom meetings, and increasing our social media presence.

I'm so thankful that Trisha was able to continue with the Social Tuesdays through August; we will continue to run them every Tuesday through the fall.

More updates to come next month!

~ *Roberta Cuthbertson, Social Media Committee Coordinator*

## **WEBSITE**

Our website would benefit greatly from more recent photos in our gallery. If anyone has some to share, please send them, ideally with captions identifying the event and those in it. Note that all those visible in the photo must have provided their permission for public display, and no photos should portray activities in contravention of public health guidelines.

A note to Interest Group co-ordinators: please review the description of your group on the website and let me know of any changes. Thanks!

~ *Lynda Chiotti, Website Coordinator*

## **NEWSLETTER**

This Newsletter is posted on the website: [www.cfuwowsound.com](http://www.cfuwowsound.com) and emailed directly to members. Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** [armstrong.judybeth@gmail.com](mailto:armstrong.judybeth@gmail.com) before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

*Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups.*

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## **INTEREST GROUPS**

*Please note, from our **CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.***

### **ART EXPLORERS GROUP**

We resume Art Explorers on **Monday, September 20, 2:00 p.m.** at my post and beam studio and in the garden (273 7th Street West) to enjoy art, refreshments, and creative conversation! RSVP by September 15 so I can anticipate how many are coming and advise if a rain-date is needed.

*~ Cynthia Porter, Coordinator*

### **BOOK CLUB - 4th Monday of the Month**

We meet at 1:30 p.m. on the fourth Monday of each month. All CFUW members are welcome to join us. The Book Club has had a full season of online (Zoom) meetings, but took a break in August. When we meet again, **Monday, September 27th**, we will be briefly mentioning our favourite summer reading, and, more importantly, choosing books for the 2021-2022 year. We still hope for a meeting in person, but will follow the guidelines of course. Anyone wishing to join the book club is welcome to contact either Trisha Hendrie or Lynne Cox.

*~ Lynne Cox, Coordinator*

### **GAMES GROUP - 1st Friday of the Month at 1:30 pm**

Games group meets monthly to play a variety of card and board games. Although we have been very successful in continuing our gaming on Zoom, we are hoping to return to in-person games in October. We will, however, be mindful of the COVID recommendations from Public Health. In the event that we are not able to meet in person we will meet on Zoom. If you would like to join the Games interest group to receive invites and updates, please contact Trisha Hendrie [[solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052]. Our next Games Day is **Friday Oct 1<sup>st</sup> at 1:30 pm.**

*~ Trisha Hendrie, Coordinator*

## GARDENERS GROUP

Dr. Nancy Brown, who led our Healthy Lifestyles group walk on September 1<sup>st</sup>, invites anyone interested in acquiring native plants for their gardens or properties to the Inglis Falls Arboretum Alliance (IFAA) sales, by donation, to be held on **Saturday mornings from 9 a.m. to noon starting Saturday, September 11 for 5 weeks, ending Saturday, October 9th, 2021.** The email contact for questions or orders from the arboretum is [ifaa@greysauble.on.ca](mailto:ifaa@greysauble.on.ca). The Inglis Falls Arboretum may be accessed one driveway to the north of Grey Sauble Conservation Authority Headquarters, 237897 Inglis Falls Road, Owen Sound.

*~ Judy Beth Armstrong, Coordinator*

## HEALTHY LIFESTYLES

Thank you to Loreen for hosting an absolutely wonderful day mid-August at her cottage at Sauble Beach. We had a great walk on the beach and a long overdue social time.

On September 1st, more than a dozen members of our group met at the Grey Sauble Conservation Authority Headquarters for a guided interpretive tour along the 2 km paved trail through the Inglis Falls Arboretum. We were led by Nancy Brown, Chair of the Inglis Falls Arboretum Alliance (IFAA). Thank you, Judy Beth, for organizing that event.



*Nancy Brown, Chair of IFAA*

Our next meeting is slated for **September 15** so mark it on your calendars ... although we have not yet decided what to do.... Any suggestions? There's the rail trail on the west side, and the KOA trail was lovely last year. This is the best time for being out in the fresh air. So, let's hit the trails!

Please contact me at: [meranjoan@gmail.com](mailto:meranjoan@gmail.com) if you are interested in joining this great group of walkers and hikers. We welcome all members.

*~ Meran Farmer, Coordinator*



## **WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m.**

Women Who Wonder continues to explore a variety of subjects on Zoom. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. At our last meeting we discussed geographical challenges for archaeologists.

At our next meeting, to be held on **Wednesday, September 22** via Zoom, we'll dip our toes into the deep topic of transgenderism by discussing two videos: "I've lived as a man and as a woman - here's what I've learned" and "What it's like to be a transgender dad". We hope to see you then.

If you would like to join the WWW group to receive invites and updates, please contact Trisha Hendrie [[solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052].

*~ Trisha Hendrie, Coordinator*

## **YARN CLUB (Knitwits) 2<sup>nd</sup> Wednesday of the month**

Our Knitwits group met online on Wednesday, September 8<sup>th</sup> starting at 1:30 p.m.

All crafters (not just knitters) are welcome. If you would like to join, or have any questions, please e-mail Shawna Macivor at: [Shawna.macivor@gmail.com](mailto:Shawna.macivor@gmail.com)

*~ Shawna Macivor, Coordinator*

### **IMPORTANT INFORMATION FOR MEMBERS:**

#### **IN-PERSON MEETINGS: CFUW POLICY**

While COVID-19 continues to be a public health concern, Owen Sound and Area CFUW will follow the health and safety protocols established by the provincial and local health authorities. As the Club begins to hold in-person meetings, it sets out the following requirements:

- Members who are feeling ill, have a family member or contact who is ill, or are awaiting the results of a COVID test, must not attend any in-person meeting or event.
- Face coverings and six-foot social distancing are mandatory for members who are not fully vaccinated as they place themselves and others at risk in any in-person gathering.
- Members who have chosen not to be fully vaccinated must notify the meeting or interest group leader ahead of time for any indoor gathering. This will allow the leader, in consultation with the executive committee, to make informed decisions about the level of risk and necessary safety precautions. Consistency of practice is essential when dealing with a potential liability issue for the Club. Safety precautions may include, but are not limited to, wearing of masks, social distancing, completion of a provincial screening questionnaire, change of venue, or holding a virtual meeting instead.

**CFUW – OWEN SOUND**  
**CALENDAR OF CLUB EVENTS AND ACTIVITIES**  
*print this page to keep by your calendar*

**SEPTEMBER 2021**

- 1 - Healthy Lifestyles, 10 a.m. Walk at Inglis Falls Arboretum. Contact Meran Farmer.
- 7 - Executive Meeting**, 10 a.m. Virtual meeting by Zoom
- 7 - Tuesday Coffee Hour – 4 – 5 p.m. **Special presentation on SCAMS.** Virtual meeting by Zoom. Contact Trisha Hendrie.
- 8 - Deadline for submissions to September Newsletter. Email to Judy Beth Armstrong.
- 8 - Knit Wits, 1:30 p.m. Virtual meeting by Zoom. Contact Shawna Macivor
- 14 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 15 - Healthy Lifestyles, 10 a.m. Walk – to be determined. Contact Meran Farmer.
- 20 – Art Explorers, 2 p.m. In person at Cynthia Porter’s home studio. Contact Cynthia Porter
- 21 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 22 - “Welcome Back” GENERAL MEETING, 2 – 4 p.m. In-person at Legacy Ridge. Guest speaker: local author, Lee Johnston.**
- 22 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 27 - Book Club, 1:30 p.m. In person OR Virtual meeting by Zoom? Contact Lynne Cox.
- 28 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.

**OCTOBER 2021**

- 1 - Games Group, 1:30 p.m. In-person meeting. Location TBD. Contact Trisha Hendrie.
- 5 - Executive Meeting**, 10 a.m. Virtual meeting by Zoom
- 5 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 7 - Deadline for submissions to October Newsletter. Email to Judy Beth Armstrong.
- 12 – GENERAL MEETING** on the topic of Advocacy. Virtual meeting by Zoom. Details to follow.
- 12 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 19 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 26 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.

*Watch for more activities and events in the NEXT Newsletter*