

**President - Patricia (Trisha) Hendrie**  
**Vice-President – Anne Seymour**  
**Secretary - Vivian McCaffrey**  
**Treasurer - Styn Furness**  
**Past President - Ann Magner**

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### **CFUW – Owen Sound & Area, celebrating 30 + years... 1990 – 2021**

CFUW: 'Women Helping Women'

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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*Note: It is the policy of CFUW Owen Sound that unless a member, e.g., an interest group coordinator, specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members List. Website info ([www.cfuwowensound.com](http://www.cfuwowensound.com))*

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### **PRESIDENT'S MESSAGE**

Dear Members,

Welcome to another wonderful year of CFUW activities. As you will see in the executive highlights our program committee has come up with a variety of activities both on and off zoom that will keep us active and engaged. Last year we faced amazing challenges, but we pulled together, and our club is stronger for it. I applaud everyone's efforts over the past year. While last year was focused on getting our club through that difficult pandemic period as well as tackling the GWI issue, this year we intend to focus on raising community awareness of our club and rebooting our advocacy group.

Most of our club members already volunteer in a variety of ways to help our local community. We are a club of dedicated women who care fiercely about what happens in our community as well as provincial, national, and indeed global issues. It is my hope that we can find avenues to work together as a club to contribute our time and effort to the local community in ways that will raise community awareness of our Club. This will ultimately provide more opportunities to help in the community and increase our membership. Thus, it is a win-win for us and the community.

Toward that end we would like to start a community spotlight piece for our Newsletter. Each month, starting in September, we will spotlight one of our members and a community organization that they currently volunteer at or have volunteered at in the past. We would also like to spotlight community involvement on our public Facebook page. Of course, we will never publish names or pictures without permission and being able to post it on Facebook is not necessary to spotlight you in the newsletter. Please send me a note if you would like to spotlight your community

involvement or if you would like to nominate someone from the club to be spotlighted.

We would also like to increase our involvement in volunteer activities as a group. One way to accomplish that is for our members to share events from other groups with us. In this way we can alert all our members and we can dedicate some time to those events as a club.

And that brings me to our second priority for this year. We will be jump starting the Advocacy/Issues group in September. Our goals will include education and activities to act on issues that the group decides upon. We encourage all of you to participate in this. I know that you are all passionate about some issue. We all are. So, bring your ideas to the table and let's work together to improve our world! For now, I encourage you to send me a note to let me know what matters most to you and if you would like to join our Advocacy and Issues group.

Please join me in showing everyone what an amazing group of women we have in our CFUW Owen Sound and Area Club. I am looking forward to working with each and every one of you.

I hope to see all of you at our Ice Cream Social next week!

Sincerely,  
Trisha

*~ Trisha Hendrie, President, CFUW Owen Sound and Area*

## **HIGHLIGHTS OF THE ANNUAL GENERAL MEETING, JUNE 15 2021**

The Annual General Meeting was held on June 15, 2021 through Zoom. Thirty-four members participated and were joined by Lori Ker, CUFW Regional Director, Huron, CUFW Ontario Council. Prior to the business portion of the meeting, Stuart Reid, Executive Director, Community Foundation Grey Bruce, gave a presentation on the foundation's work.

### **2021-2021 Executive**

The 2021-2022 Executive consists of the following members:

Patricia (Trisha) Hendrie, President

Ann Magner Past-President

Anne Seymour, Vice-President

Styn Furness, Treasurer

Vivian McCaffrey, Secretary

Judy Beth Armstrong, Newsletter

Brenda Bergen, Program Co-Chair

Lynda Chiotti, Website

Roberta Cuthbertson, Membership and Social Media

Kerina Elliott, Scientists in School

Meran Farmer, Archivist and Program Co-Chair

Janet Glasspool, Policy (appointed at the August 3, 2021 Executive meeting)

Kathy Needham, Scholarship

### **Recognition Awards**

To recognize and celebrate the contribution of individual members to the Club, the Executive has introduced "Recognition Awards." This year's recipients were:

- Roberta Cuthbertson, the Club's Membership Chair and Social Media Committee Chair. Roberta, a relatively new member, was recognized for the extent of her exceptional dedication to the Club's values and mandate and to promoting the Club's health and success.
- Meran Farmer, the Club's archivist and Program Committee Co-Chair. Through her 25 years of active service, Meran has contributed in myriad ways, including serving in various Executive positions (including her roles as vice-president, president, and past president) and providing leadership on Executive committees and in the Club's interest groups.

~ *Vivian McCaffrey, Secretary*

## **MEET OUR NEW PRESIDENT, PATRICIA HENDRIE**

Trisha moved to Canada from the Washington DC area in 2018. She and her husband moved to Owen Sound in 2019 to be closer to her husband's family. Trisha joined CFUW the same year. She is a mother of three and grandmother of two. She considers herself a teacher and overall champion for civil rights across the board.



*President Trisha Hendrie*

Trisha is a self-admitted social justice warrior with a focus on women's rights. Currently she helps run a consulting business with her husband. Before moving to Canada Trisha taught life skills at the local county jail in Fairfax, Virginia. Specifically, she taught women financial management, basic job skills, computer skills and other necessary skills for survival in today's challenging world. Prior to that Trisha taught multiple Psychology courses at Christopher Newport University in Newport News, Virginia. Trisha enjoys acrylic painting, perpetually attempting to learn cello, playing and collecting board games, and recently bicycling.

## **EXECUTIVE MEETING HIGHLIGHTS**

*Members of our CFUW Executive meet on the first Tuesday of the month at 10 a.m. If you wish to make a presentation to the Executive, please contact President Trisha Hendrie.*

### **Highlights of the August 3rd, 2021 Executive Meeting**

The Executive held the first meeting of its 2021-22 year on August 3<sup>rd</sup> with new president Trisha Hendrie at the helm. Anne Seymour was officially welcomed as vice-president and longtime member Janet Glasspool will remain on this year's executive as chair of the Policy Committee, a new position. The committee will be tasked with updating the policy manual, which will include incorporating the Club's new COVID protocols. Once completed, members will have access to the updated manual through the website.

Brenda Bergen and Meran Farmer, co-chairs of the Program Committee, presented an overview of their exciting line-up of speakers and events for the year. Members will be pleased to see the variety in the programming as well as in meeting times. In an attempt to reach and maintain a broader audience and in recognition of the challenges of winter

weather, the Club will continue to hold a number of online events through Zoom.

As we look ahead to the coming year, Executive members discussed various issues to be addressed regarding the Club's support for the Scientists in School project and the Club's successful scholarship program. Thanks to the generous support of members, these initiatives should continue to be well-supported this year. Much of the meeting's discussion focused on strategies designed to heighten public awareness and recognition of the Club's activities and community involvement. To this end, the Club will expand its communications through the website and its social media platforms, increase connections with other CFUW clubs, and seek opportunities for profile through various local publications.

The Executive is committed to increasing its advocacy work and community involvement. The Program Committee is planning an in-person Christmas social to which members are invited to bring donations of items or money to support the important work of the Women's Centre Grey & Bruce.

~ *Vivian McCaffrey, Secretary*

## EXECUTIVE COMMITTEES' REPORTS

### ARCHIVES

#### *From the Desk of the Archivist...*

For the past 30 years, our Club historians and archivists have collected Newsletters, Program Brochures, Annual Reports and files of Special Events. The Club's history has been well documented and shared with you before, particularly at our 10<sup>th</sup> and 20<sup>th</sup> Anniversaries. Our thanks go to Donna Phillips, Judy Thomson and Jan Middleton for keeping our history alive. It now seems appropriate to share with you, especially newer members, some of the highlights of this treasure trove of information as we celebrate our 30<sup>th</sup> year.

Here is a glimpse into what our Club members have accomplished, and the dedicated women who have helped us grow and evolve... 30 years later. **This month we focus on 1997 to 1999:**

**1997 – 1998** was a busy year for The President, Noreen Little. Shay Robinson was VP; Marg Annis, Secretary. Most meetings continued to be held at Lee Manor at 7:30 PM. At the end of the year there were 46 members. The September meeting was a member's welcome night and a Loonie Plant Sale. The 'Theme' for the year was "Celebrating the Arts" ... the Art of Cooking, Gardening and Reading! In October, a Dinner meeting was held at Georgian College: The speaker was Catherine Thomson from Media Watch, an organization that monitors Canadian radio, TV and Print. Members were asked to bring donations of food for the Food Bank. In November, the Book Club 'hosted' the meeting. The Christmas Social in December was held at Barb Kiely's home and Book Store called Safe Harbour. Donations were made to the Women's Shelter. In February (1998), Judge Julia Morneau was guest speaker. Another dinner meeting was held in March at Georgian College, the Garden Club Interest Group provided a very entertaining and helpful program. The April meeting included the Annual Resolutions and a special speaker, Jan Platt one of the founders of Atlantis Films. The dinner Annual General Meeting was held at Georgian College, with local author Ruth Cathcart discussing home rehabilitation.

It was concluded that Dinner Meetings were very popular with members, and the result was increased attendance! The Community Involvement Group was very active and their commitment to fulfilling the goals of our Club was astounding. Some of their endeavours included: supporting "Adopt a Magazine" at the Public Library; selling roses with the proceeds going to the Women's Shelter; Clothing for kids; selling daffodils for the Cancer Society. Our Club also ran organized three information evenings about "Women and the Law" with special speakers who spoke to Women's Protection Programs, Desertion, Mediation and Counselling. It was open to the public and well attended.

Two \$300 Scholarships were awarded.

The Lunch Interest Group enjoyed their get togethers at various restaurants in town. Book Club members read and discussed *Boom, Bust & Echo* by David K. Foot, *Fugitive Pieces* by Anne Michaels, travel and adventure, and the *Coming Conflict with China* by Ross Munro.

Mim Cady organized the first Issues Group and invited interested members to her home.

**1998 – 1999:** This year's theme was "Program Diversity Heading Toward the Millennium". The President was Clair Lewis; Sylvie Cioran was VP; Judy Thomson, Secretary, and Jane Hendrie, Treasurer (who presented a Budget for 1998, and 1999). Meetings were held at Division Street United Church. 51 members were busy and involved in planning and organizing the "Spring Gathering" for our Region. Judy Thomson co-chaired the event held at Stone Tree. It was a major effort and successful project. Approximately 85 guests attended the event.

Two \$300 Scholarships were awarded this year.

**Program:** The September meeting was a social held at the Tom Thomson Art Gallery. A dinner meeting at Georgian College was held in October with special speaker, Retired Senator Joan Bissett Nieman. The November topic was Women and Business. The Christmas Social was held at Harrison Park Inn. The new year brought Dave Fidler who spoke on Birdwatching; Dr. Pat Keeling on the topic, Physicians in Northern Ontario; Dr. Hazel Lynn speaking on Our Health; Annual resolutions; and the AGM dinner meeting was held at Stone Tree, featuring speaker, Darlene Johnston on "Native Issues in our Area".

The Community Involvement Group was very active and involved in volunteering in the Community in various endeavours.

Book Club Interest Group: discussed books by author Dorothy Sayers; *A Recipe for Bees* by Gail Anderson-Dargatz; London by Edward Rutherfurd, and *Angela's Ashes* by Frank McCourt.

The Gardening Group met once a month, some of which were Pot Luck suppers. Among other things, they learned about using dried plant materials in indoor arrangements, pruning shrubs and roses, and photographing tips on how to capture your garden in photos.

**Next month: 1999 - 2001**

~ *Meran Farmer, Archivist*

## **MEMBERSHIP**

For the 2021-2022 year, we have made some changes to our membership registration form: there is a separate form for new members, and another for returning members. We have also added the ability to e-transfer your dues and donations.

**The Membership forms may be found at: <https://www.cfuwowsound.com/membership/>**

All members will still be required to fill out the 2-page form. However, you do not need to mail it in with a cheque if you prefer to e-transfer the total dues and donation. For those wishing to use e-transfer, you can fill in the membership form, scan and email it to Roberta at: [roberta.cuthbertson18@gmail.com](mailto:roberta.cuthbertson18@gmail.com). When sending the e-transfer from your bank, you will use the email [finance@cfuwowsound.com](mailto:finance@cfuwowsound.com) and then you are asked to create a question and answer for the recipient (our club). We ask that you write in the question: Organization and the answer will be "CFUW" (all caps). Styn Furness, our treasurer will be accepting the e-transfers and cheques.

For those mailing cheques and/or registration forms please send them to Treasurer, Styn Furness, 143242 Superior Street, Owen Sound ON N4K 5N8 – or **bring the completed form and payment to the August 10<sup>th</sup> general meeting.**

Here are some of the changes we have made to the **first** page of the new registration form:

- Added in the e-transfer information

- A reminder of Roberta's email address for those who wish to email her their registration form
- Re-named the Scholarship Fund donations to Education Fund donations, to acknowledge our club's support of scholarships AND Scientists in the School.

We have made some significant changes to the **second** page as well:

- those who wish to change the description of their background in the current directory can use this space to write in what they would like to see, keeping in mind the space is limited to about 3 lines per member.
- a new section has been added for members to indicate what areas of Club Community Involvement they are willing to participate in.
- the sharing of information and pictures section has been condensed into two sections and simplified.

~ **Roberta Cuthbertson, Membership Chair**

## **PROGRAM**

General Meetings are held **usually** on the 2<sup>nd</sup> Tuesday of the Month.

The Program Committee met a number of times throughout the summer to brainstorm for what we think is a terrific line-up of events and speakers for 2021-2022. Some events will continue to be on Zoom, but we all eagerly await seeing each other in person.

We will start our new year, in person, **Tuesday, August 10<sup>th</sup> from 2 to 4 p.m.** with **"I Scream, You Scream, We All Scream for Ice Cream..."** an ice cream social to welcome back returning members and to give a warm welcome to new members. This is bound to be a fun afternoon, where we can easily be socially-distanced outdoors at Styn's farm. No need to RSVP ... just come and have fun!

**Please bring:**

- a chair
- a friend who might like to know more about our CFUW club
- your completed membership form and cheque book for payment (or register online at <https://www.cfuwomensound.com>)

While there, you will be given a brochure outlining our programs for the 2021-2022 year.



*\* In case of inclement weather, check your email by 12 noon. Rain date: Thursday, August 12.*

On behalf of the entire Program Committee, Brenda and I welcome you back and thank you all for your patience and continued support for our Club.

If you are at all interested in joining our Program Committee, we would welcome you with open arms. We are a great group and we have a lot of fun doing what we do. Program Committee Members: Jan Chamberlain, Styn Furness, Judy Beth Armstrong, Roberta Cuthbertson, Trisha Hendrie, Ann Magner, Meran Farmer and Brenda Bergen.

~ **Brenda Bergen & Meran Farmer, Program Committee Co-Chairs**

## **SOCIAL MEDIA**

Our club has so many wonderful activities and has a great deal of information we could share, (such as book lists, Ted talks, artists, etc.) all of which would be beneficial for our entire club. We ask that you assist us in developing our Facebook presence which is only as strong and beneficial as its contents. For those who have information to share on our Public Facebook page, content can be sent to Lynda, Trisha or Roberta.

<https://www.facebook.com/cfuwowsound> We currently have 23 members in the private Facebook group, but would like to see more members. We hope to use this more as a communication tool to members going forward. If you have a Facebook account, please consider signing up at: <https://www.facebook.com/groups/oscfuwprivategroup>.

**We're continuing with our weekly coffee (happy) hour via Zoom, Tuesdays from 4-5 p.m. through August and into the Autumn.** A Zoom invitation will be sent to each member; join us for some interesting and lively conversations, or to ask questions and "practise" your zoom skills.

**Mark your calendars NOW for a special presentation on SCAMS, scheduled for the coffee hour on Tuesday, September 7 at 4 p.m.**

*~ Roberta Cuthbertson, Social Media Committee Chair*

## **WEBSITE**

Our website would benefit greatly from more recent photos in our gallery. If anyone has some to share, please send them, ideally with captions identifying the event and those in it. Note that all those visible in the photo must have provided their permission for public display, and no photos should portray activities in contravention of public health guidelines.

A note to Interest Group co-ordinators: please review the description of your group on the website and let me know of any changes. Thanks!

*~ Lynda Chiotti, Website Coordinator*

## **NEWSLETTER**

This Newsletter is posted on the website: [www.cfuwowsound.com](http://www.cfuwowsound.com) and emailed directly to members.

Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** [armstrong.judybeth@gmail.com](mailto:armstrong.judybeth@gmail.com) before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

*Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups.*

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## INTEREST GROUPS

### ART EXPLORERS GROUP

There is no official Art Explorers meeting in August. We will resume on **Monday September 20**. Save the date and watch for details.

The Tom Thomson Art Gallery is now open (Wednesday to Saturday 12:00-4:00) and the current exhibition “The Nature of it: recent acquisitions” is definitely worth seeing.

There are many paintings by local wildlife artist George McLean, donated to the gallery by David Braley, and also from Ken and Judy Thomson’s extensive art collection, including “Mother and Child (Circle of Life)” by Norval Morrisseau, as shown in this Art Explorers photo taken on December 7, 2015! This pre-pandemic photo reminds us of the good old days when we did NOT worry about social distancing.



Front row: Penny Sargent, Ruth Henderson, Elizabeth Hamid, and Judy Gay  
Back row: Shawna Macivor, Sandra Schantz, Cynthia Porter, Pat McCoy, Susan Fram, Shannon Weitendorf, Ellen Shearer, Trish Searles, Rosemary McCann, Aly Boltman, Judy Appleton, and Judy Thomson

~ *Cynthia Porter, Coordinator*



### **BOOK CLUB - 4th Monday of the Month**

We meet at 1:30 on the fourth Monday of each month. All CFUW members are welcome to join us. The Book Club has had a full season of online (Zoom) meetings, but will be taking a break in August. When we meet again, **September 27th**, we will be briefly mentioning our favourite summer reading, and, more importantly, choosing books for the 2021-2022 year. We still hope for a meeting in person, but will follow the guidelines of course. Anyone wishing to join the book club is welcome to contact either Trisha Hendrie or Lynne Cox.

*~ Lynne Cox, Coordinator*

### **GAMES GROUP - 1st Friday of the Month at 1:30 pm and 3rd Friday of the Month at 7:00 pm**

Games group meets monthly (twice a month during COVID) to play a variety of card and board games. We have been very successful in continuing our gaming on Zoom. Several games such as Tribonds, Code Names, and Just One are amenable to being played on Zoom. A Zoom invite will be sent to all current members of the Games interest group a few days prior to the meeting. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie [[solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052]. Our next meeting is on **August 6th at 1:30 pm**.

*~ Trisha Hendrie, Coordinator*

### **HEALTHY LIFESTYLES**

We had an amazing hike to Jones Falls on June 16<sup>th</sup>. Thank you to Donna Elliott for an excellent suggestion and for leading this hike. On June 30<sup>th</sup> we enjoyed a walk around the newly paved Mile Drive in Harrison Park followed by lunch at Legacy Ridge. Thank you so much to Judy Beth for organizing a hike on July 14<sup>th</sup> for ten of us (plus 4 grandchildren). Although it was fairly hot, we thoroughly enjoyed a hike around the Sydenham Nature Reserve Loop near Rockford – and didn't mind getting our feet a bit wet!

We will continue to do outdoor Healthy Lifestyles activities, in person, while being mindful of COVID protocols. If anyone would like to co-ordinate a meeting with a speaker or a hike/walk someplace, your assistance would be very gratefully accepted. Please feel free to contact me at: [meranjoan@gmail.com](mailto:meranjoan@gmail.com)

It would be nice to have a walk/hike on August 18 and Sept 1; send me your ideas and suggestions. Roberta Cuthbertson has volunteered to organize an activity in September and Judy Beth has suggested that we explore the Inglis Falls Arboretum. Watch for details. I certainly appreciate hearing from you on your ideas and suggestions.

*~ Meran Farmer, Coordinator*

### **WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m.**

Women Who Wonder or WWW for short provides a path for intellectual exploration and discussion in a relaxed and fun environment. The goal of WWW is to provide an additional avenue for member engagement through opportunities for social interactions and continuing education. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. If you would like to join the WWW group to receive invites and updates, please contact Trisha Hendrie [[solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052].

Our next meeting will be via Zoom on **Wednesday, August 11th**. We will be discussing gender differences in leadership expectations!!!

*~ Trisha Hendrie, Coordinator*

## **YARN CLUB (Knitwits) 2<sup>nd</sup> Wednesday of the month**

Our August meeting will be held in person on **Wednesday August 11** starting about 1:30.

Vaccinated people (who live close enough – or are visiting in Grey Bruce) are welcome to gather in person on Shawna's deck at Balmy Beach. If it is raining, we will go online. In person or on zoom, the meeting will start at 1:30pm.

All crafters (not just knitters) are welcome. If you would like to join, or have any questions, please e-mail Shawna Macivor at: [Shawna.macivor@gmail.com](mailto:Shawna.macivor@gmail.com)

~ *Shawna Macivor, Co-ordinator*

### **OF INTEREST TO MEMBERS...**

***This is the letter that accompanied the "In-Person Meetings" Policy, emailed to all members on July 24, and included, below:***

Dear Members,

I want to thank all of you for keeping our club together via zoom. I know that was a stretch for many and wow did it pay off!!! I must admit that I am blown away by all the efforts our members took to keep us safe and together as a club. That includes not only all the effort that many of you put into joining us online but also all the effort each of you put into staying connected via phone calls and other forms of communication. Because of ALL of you, our club is stronger than ever. You were and are absolutely amazing!

As we joyfully begin to gather in groups, we must also recognize that it is too soon to let down our guard completely. Our natural exuberance to be together must also be tempered with caution. Currently, there is a clear message playing out in the US. Vaccines keep people out of the hospital and keep people alive. Millions of people have now had the vaccine worldwide with minimal side effects. Yes, there is still a possible question of the long-term effects of the vaccine. However, there is already a known answer to the question does covid cause long-term effects -- it's a resounding yes. And, unfortunately, we are learning that the Delta variant can still make people who are vaccinated sick and people who have been vaccinated can still spread covid to others. Thus, we must think not only of our members but also their family members and their support systems.

Given that our best practices can only be as good as the information we receive from experts who have dedicated their lives to the study of vaccines we will use those expert opinions for our in-person meetings. Please know that we have spent a great deal of time discussing how best to keep all of us safe. This policy will allow us to continue the love and concern we've shown by ensuring that all our members and their loved ones continue to be safe. If you have any questions or concerns, please do not hesitate to contact me.

We have all worked very hard this past year to keep each other safe. Let's make sure we continue to be wise and loving with our choices now.

Sincerely,  
Trisha Hendrie  
President - CFUW Owen Sound and Area  
519-778-2052

### **IN-PERSON MEETINGS: MESSAGE TO MEMBERS**

Public health protocols regarding public gatherings have moved to a stage where CFUW Owen Sound and Area is now planning to hold in-person meetings. These plans are subject to change based on any revision of public health guidelines and orders.

Club members have participated in virtual meetings throughout the COVID-19 pandemic, and will continue to do so when this is the most effective means of communication and when public health guidelines prevent gatherings beyond certain numbers for specific meeting venues.

All CFUW members are strongly encouraged to get vaccinated to protect themselves, their loved ones, other members, and the wider community. Members who are not fully vaccinated place themselves and others at risk in any in-person gathering.

Members are urged to consult the directives from the local health department as information changes and to promote proper hygiene practices, mask wearing, and social distancing. CFUW members are also encouraged to enhance community education about COVID-19 vaccinations by sharing information from local and regional health authorities and supporting their efforts.

Our Club will be able to resume in-person meetings without restrictions if members cooperate and work with one another and society to stop the spread of COVID-19.

#### **IN-PERSON MEETINGS: CFUW POLICY**

While COVID-19 continues to be a public health concern, Owen Sound and Area CFUW will follow the health and safety protocols established by the provincial and local health authorities. As the Club begins to hold in-person meetings, it sets out the following requirements:

- Members who are feeling ill, have a family member or contact who is ill, or are awaiting the results of a COVID test, must not attend any in-person meeting or event.
- Face coverings and six-foot social distancing are mandatory for members who are not fully vaccinated as they place themselves and others at risk in any in-person gathering.
- Members who have chosen not to be fully vaccinated must notify the meeting or interest group leader ahead of time for any indoor gathering. This will allow the leader, in consultation with the executive committee, to make informed decisions about the level of risk and necessary safety precautions. Consistency of practice is essential when dealing with a potential liability issue for the Club. Safety precautions may include, but are not limited to, wearing of masks, social distancing, completion of a provincial screening questionnaire, change of venue, or holding a virtual meeting instead.

#### **NEWS FROM MEMBERS...**

When she read the invitation to our August 10<sup>th</sup> ice cream social, long-time CFUW member **Mim Cady**, sent a message that she agreed to permit me to share with all of you. A few years ago, Mim moved back to the US to live closer to her daughter, but still retains her membership in our club. While living here, Mim was a very active member of our Club and kept the most remarkable gardens at her Balmy Beach home. Mim often distributed seeds from her prolific calendula plants to members of the Gardeners group, and I was fortunate enough to be a recipient. If anyone would like to have some, let me know and I'll happily share "Mim's calendula seeds". ~ *Judy Beth Armstrong*

Mim wrote:

*"What a lovely thing to do but have ice cream for everyone! I wish I could attend, but you are in my thoughts. I am still recuperating from COVID and the after effects, but have learned to live with it. I still use my walker to get around safely. And I am in physiotherapy twice a week for an hour which helped greatly toward my ability to walk and regain some of my balance.  
Keep smiling and best of health to you.  
Thanks for letting me know about the flowers. CFUW Garden Group was such a pleasure, the things we learned, the friendships we made and the fun times. I miss all of you so much.  
Keep well.  
Mim"*

**CFUW – OWEN SOUND**  
**CALENDAR OF CLUB EVENTS AND ACTIVITIES**  
*print this page to keep by your calendar*

**AUGUST 2021**

- 3 - Executive Meeting, 10 a.m. Virtual meeting by Zoom
- 3 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 4 - Deadline for submissions to August Newsletter. Email to Judy Beth Armstrong.
- 6 - Games Group, 1:30 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 10 – “Welcome Back” GENERAL MEETING & Ice Cream Social, 2 to 4 p.m. In-person meeting, socially distanced outdoors at the home of Styn Furness.**
- 11 - Knit Wits, 1:30 p.m. In-person meeting! Contact Shawna Macivor
- 11 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 17 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 18 – Healthy Lifestyles, 10 a.m. Walk – to be determined. Contact Meran Farmer.
- 20 - Games Group, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 24 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 25 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 31 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

**SEPTEMBER 2021**

- 1 - Healthy Lifestyles, 10 a.m. Walk – to be determined. Contact Meran Farmer.
- 7 - Executive Meeting, 10 a.m. Virtual meeting by Zoom
- 7 - Tuesday Coffee Hour – 4 – 5 p.m. **Special presentation on SCAMS.** Virtual meeting by Zoom. Contact Trisha Hendrie.
- 8 - Deadline for submissions to September Newsletter. Email to Judy Beth Armstrong.
- 14 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 20 – Art Explorers, TBA. Contact Cynthia Porter
- 21 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 22 - “Welcome Back” GENERAL MEETING, 2 – 4 p.m. In-person meeting at Legacy Ridge. Guest speaker: local author, Lee Johnston.**
- 27 - Book Club, 1:30 p.m. Virtual meeting by Zoom? Contact Lynne Cox.
- 28 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.

*Watch for more activities and events in the NEXT Newsletter*