

**President - Ann Magner**  
**Vice-President - Patricia Hendrie**  
**Secretary - Vivian McCaffrey**  
**Treasurer - Styn Furness**  
**Past President - Janet Glasspool**

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### **CFUW – Owen Sound & Area, celebrating 30 + years... 1990 – 2021**

CFUW: 'Women Helping Women'

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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Note: It is the policy of CFUW Owen Sound that member's personal information will not appear in the newsletter. For this information members should go to the hard copy of the Members List. Website info ([www.cfuwowensound.com](http://www.cfuwowensound.com))

### **PRESIDENT'S MESSAGE**

*"The best way out is through." ~ Robert Frost*

Although our Christmas party was a virtual one, the memory of our Club coming together to warmly greet each other, and the eloquent, thoughtful and very funny stories told so well by Judy Thomson, Donna Phillips, Sydney Misener, Cynthia Porter, Janet Glasspool, Jane Hendrie, and Judy Beth Armstrong will carry us through the winter months ahead.

Our Interest Groups continue to thrive. The Scientists in School online program is a resounding success as indicated by the words of grateful teachers and enthusiastic students, and it is being delivered at a time when it is needed the most. Our advocacy efforts have focused on supporting women in long-term care, both as residents and as workers, and we have implemented a letter writing campaign with the federal and provincial governments. Our policy manual is being revised, beginning to end. We remain assertive in representing our members at the National level. Our Program committee continues to organize and deliver excellent events online each month. The Social Media Committee remains committed to ensuring connection, communication, and community is prevalent on many levels and through various channels. The roles of our treasurer and of our secretary continue to be expertly managed, and an excellent newsletter is made available to you each month. Women of such fine character, who are committed to the vision and values of our club, and who volunteer their time, accomplish all of this.

May this New Year bring an end to the pandemic; a lasting sense of peace; an assurance that all remain healthy; the opportunity to at long last reunite with loved ones from whom we have been separated; and sustained friendship and the support of community for all our members.

Warm wishes to all.

Ann

~ **Ann Magner, President**

## **EXECUTIVE MEETING HIGHLIGHTS**

*Members of our CFUW Executive meet monthly at 10 a.m., on these dates in 2021: Jan 5, Feb 2, Mar 2, Apr 6, May 4, Jun 1. If you wish to make a presentation to the Executive, please contact President Ann Magner.*

### **Highlights of the January 5, 2021 Executive Meeting**

The Executive held its first meeting of 2021 on January 5<sup>th</sup> and is looking forward to continuing to provide a broad range of programs and connecting with members throughout the year, whether electronically or in person as public health protocols permit. President Ann Magner began the meeting by welcoming Kathy Needham to the Executive as the new Scholarship Committee chair and thanking Ruth Henderson for previously offering to fill the role.

The failure of CFUW National to address the financial mismanagement of Graduate Women International (GWI) continues to be a priority concern for the Club. The Executive reviewed a message from National president Kathryn Wilkinson reporting on a motion passed by the National Executive. The motion indicated that clubs could opt out of GWI per capita dues collection beginning in 2022 and that the GWI portion of the national fee would be placed in a restricted fund pending a decision on how to use the money. The Owen Sound and Area CFUW Executive does not feel that this motion effectively addresses our central concerns regarding GWI and has determined to send a follow-up letter to the National organization confirming the decision to withhold fees.

On the advocacy front, the Club has joined other clubs across the country to call on the federal government to adopt major changes to improve the quality and accessibility of long-term care services. President Ann Magner sent letters on behalf of the Club to the federal Minister of Health, Opposition critics and our local MP. Specifically, the CFUW campaign is calling for placing long-term care under the Canada Health Act, establishing national standards for the sector, increasing supports to allow the elderly to stay in their homes for longer, and to eliminate for-profit homes. The Club will also be sending letters to provincial politicians to lobby for systemic changes to long-term care which fall under provincial jurisdiction.

Past-president Janet Glasspool is leading a review of the Club's policy manual with the assistance of a number of Executive members. The updates will reflect new policy governing the Club's archives, the establishment of new interest groups, new guidelines for social media, and a few housekeeping matters.

Kerina Elliott provided an extensive report on the ongoing success of the Scientists in School project. With the Club's financial support, students at Alexandra Community School participated in four virtual workshops that received extremely positive feedback from both classroom educators and parents. The Executive will be discussing how to continue its support for this important initiative at the February meeting.

~ **Vivian McCaffrey, Secretary**

## **EXECUTIVE COMMITTEES' REPORTS**

### **PROGRAM**

*General Meetings are held on the 2<sup>nd</sup> Tuesday of the Month; usually at 10 a.m., but time may vary.*



**Our January 12, 2021 GENERAL MEETING features Laura Wood and Carol Merton at 10:00 a.m. via Zoom on the topic of ...**

## **electHER (Grey Bruce Region)**

These dynamic women will provide information about the launch of electHER, an exciting new initiative in Grey Bruce. It's a non-partisan group with the goal of increasing the number of women elected to municipal office in order to better represent the population it serves.

Today, women make up 51% of the Grey Bruce region population and only 28% of elected municipal officials. Only one of the 17 municipalities has achieved gender parity (Northern Bruce Peninsula), and one has NO women on council (South Bruce). In Owen Sound, 2 out of 9 elected officials are women (only 22%). More details by municipality can be found online.

electHER believes that having more women at the political table, taking an active part in both the discussions and decision-making will strengthen Grey Bruce for all of us.

electHER plans on providing resources to support women who run for municipal office in 2022 and support these women with online resources, networking & training workshops.

The group was co-founded in May 2020 by Laura Wood (Community Volunteer) and Carol Merton (Councillor), both from Owen Sound. After working together on Carol's successful 2018 campaign, both were anxious to share the lessons learned, helping other women achieve success.

After conversations with other women in the region and based on enthusiastic response, a Planning Team was quickly formed to help plan the way ahead. It currently includes 18 women from across the region (12 current or former elected officials) and 6 volunteers. You can see the full list on the electHER website.

Social media was launched on Jan. 1<sup>st</sup> with 200 followers gained within the first week. You can find electHER on Facebook, Instagram and Twitter.

Carol and Laura will make a presentation at the January 12 CFUW meeting, 10 a.m. If you are unable to attend, please visit their new website, send them an email or follow/share them on social media.

Website: <https://www.electhernow.ca> Email: [electhernow@gmail.com](mailto:electhernow@gmail.com)

Social Media:

<https://www.facebook.com/ElectHer-Now-107206351313507>

<https://www.instagram.com/electhernow/>

<https://twitter.com/EHernow>



(Planning Team Image)



**more women at the political table**  
[electhernow.ca](http://electhernow.ca)

**February 9, 2021 General Meeting ... save the date & watch for details!**

*~ Brenda Bergen & Meran Farmer, Program Committee Co-Chairs*

## **MEMBERSHIP**

We now have 54 members. Kathy Lochnan has re-joined our club.

*~ Roberta Cuthbertson, Membership Chair*

## **SOCIAL MEDIA**

CFUW Owen Sound Private Facebook group now has 20 members and growing. If you have a Facebook account and would like to join us, please use the following link to send us a request to join (it may take a day or two to hear back): <https://www.facebook.com/groups/oscfuwprivategroup> For those who are already in the group, please feel free to share information, pictures, posts, comments, etc.

CFUW Owen Sound Public Facebook page: we would love to see more content, so if you have something you would like to post, please email the link or information to Roberta, Trisha or Lynda. This is an excellent way to promote our club and its various activities to the public, including other CFUW clubs.

**Facebook Tips and Tricks workshop on Wednesday January 20, 2021 at 7 p.m.** Lynda is going to lead the workshop with some slide presentations and discussions for those who are interested. In case you missed it here in the newsletter, I will send an email out next week to all members and the zoom invite will be sent out the night before the workshop.

*~ Roberta Cuthbertson, Social Media Committee Chair*

## **NEWSLETTER**

The Newsletter is posted on the website: [www.cfuwowensound.com](http://www.cfuwowensound.com) and emailed directly to members.

Please send submissions for the Newsletter to the coordinator: **Judy Beth Armstrong**

[armstrong.judybeth@gmail.com] before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

*Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate.*

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## INTEREST GROUPS

### ART EXPLORERS GROUP

Art Explorers will zoom along for the next few months to explore a variety of interesting art-related topics.

On **Friday January 22 at 1:00 p.m.** Judy Thomson will present slides and a talk on “**The Depiction of Women in Western Art**” with time allotted for Q & A.

If you are already signed up with Art Explorers interest group, you will receive a zoom meeting link before the lecture.

Anyone else who is interested in joining us for this presentation is asked to please let me know so that we can send you the link.

*~ Cynthia Porter, Coordinator*

### BOOK CLUB - 4th Monday of the Month

Book club met online on December 14th, and will meet again **January 25th at 1:30**. The book under discussion will be *The Rules of Civility* by Amor Towles. New members who wish to join us should contact Trisha Hendrie.

*~ Lynne Cox, Coordinator*

### GAMES GROUP - 1st Friday of the Month at 1:30 p.m. and 3rd Friday of the Month at 7:00 p.m.

Games group meets monthly (twice a month during covid) to play a variety of card and board games. We have been very successful in continuing our gaming on zoom. Several games such as Code Names and Just One are amenable to being played on zoom. At our last meeting, we added Tribonds to the mix and everyone enjoyed that addition.

**Our meetings for January will be held on Jan 8th at 1:30 p.m. and Jan 15th at 7:00 p.m.** A zoom invite will be sent to all current members of the Games interest group a few days prior to the meeting. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie.

*~ Trisha Hendrie, Coordinator*

## HEALTHY LIFESTYLES

Our group was hiking or walking numerous times around the City during the month of December as the weather was very cooperative. We hope to continue that through January and February. It's so important to keep moving and enjoying the outdoors.

We plan outings according to the weather, but generally we meet Tuesday afternoons.

ALL CFUW members are welcome to join Healthy Lifestyles; we walk and talk together while keeping an appropriate distance outdoors. Send me an email so I can add your name to the list when we send out more details or information on spontaneous Healthy Lifestyles outings. And if you have any ideas about a 'Healthy Lifestyles' walk or outing you would like to lead, please let me know.

*~ Meran Farmer, Coordinator*

## WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m.

Women Who Wonder or WWW for short provides a path for intellectual exploration and discussion in a relaxed and fun environment. The goal of WWW is to provide an additional avenue for member engagement through opportunities for social interactions and continuing education. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group.

At our last meeting, we discussed "Robert Waldinger: What makes a good life? Lessons from the longest study on happiness" and "David Brooks: The lies our culture tells us about what matters -- and a better way to live".

**Our January meetings will be held January 13th and 27th at 7:00 p.m. via zoom.**

If you would like to join the WWW group to receive invites and updates please contact Trisha Hendrie.

Thank you! Be Safe,  
Trisha

*~ Trisha Hendrie, Coordinator*

## YARN CLUB (Knitwits) 2<sup>nd</sup> Wednesday of the month

It's 2021 – and thank heavens we now have 2020 hindsight! Knitwits is still gathering online once a month, on the second Wednesday afternoon. If you knit or would like to learn, please feel free to join us.

Our January meeting will be held on **Wednesday January 13 at 1:30pm**. Many thanks to Lynda Chiotti for setting up the zoom link. It will be sent to all current Knitwit members a few days ahead. If you'd like to receive the link, or have any questions about Knitwits, please email or call Shawna Macivor.

*~ Shawna Macivor, Coordinator*

**CFUW – OWEN SOUND**  
**CALENDAR OF CLUB EVENTS AND ACTIVITIES**

*print off this page to keep by your calendar*

**JANUARY, 2021**

- 5 - Executive Meeting, 10 a.m. Virtual meeting by Zoom.
- 5 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 6 - Deadline for submissions to January Newsletter. Email to Judy Beth Armstrong.
- 8 - Games Group, 1:30 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 12 – **General Meeting, 10 a.m. with Carol Merton and Laura Wood: “elect HER”.** Virtual meeting by Zoom. *Your zoom invitation will be emailed to you.*
- 12 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 13 - Knit Wits, 1:30 p.m. Virtual meeting by Zoom. Contact Shawna Macivor.
- 13 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 15 - Games Group, 7:00 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 19 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 20 - **Facebook Tips and Tricks workshop, 7 p.m.** Virtual meeting by Zoom. *Your zoom invitation will be emailed to you.*
- 22 – Art Explorers, 1:00 p.m. **Judy Thomson will present slides and a talk on “The Depiction of Women in Western Art”.** Virtual meeting by Zoom. Contact Cynthia Porter ONLY if you aren’t a regular Art Explorers participant.
- 25 - Book Club, 1:30 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie or Lynne Cox
- 26 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 27 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.

**FEBRUARY, 2021**

- 2 - Executive Meeting, 10 a.m. Virtual meeting by Zoom.
- 2 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 4 - Deadline for submissions to February Newsletter. Email to Judy Beth Armstrong.
- 9 - **General Meeting, 10 a.m. Topic to be announced.** Virtual meeting by Zoom. *Your zoom invitation will be emailed to you.*
- 9 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 16 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 23 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson

*Watch for more activities and events in the NEXT Newsletter*