

President - Ann Magner
Vice-President - Patricia Hendrie
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President - Janet Glasspool

CFUW – Owen Sound & Area, celebrating 30 + years... 1990 – 2021

CFUW: 'Women Helping Women'

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

Note: It is the policy of CFUW Owen Sound that *unless a member, e.g., an interest group coordinator, specifically gives permission*, a member's personal information will not appear in the newsletter. For this information members should go to their hard copy of the Members List. Website info (www.cfuwowensound.com)

PRESIDENT'S MESSAGE

Members, your understanding and kind words for those on our Scholarship Committee helped move us quickly forward. Thank you. Kathy Needham, our new Scholarship Chair brings a wealth of experience and a sound understanding of charitable organizations to her role. Other members of this hard-working committee include Styn Furness, our treasurer, and Ruth Henderson, along with the consultative assistance of our Member at Large, Roberta Cuthbertson, an accountant by trade. Finally, we appreciate the helpful guidance provided to this committee by our past Scholarship Chair, Donna Elliott.

Our membership's strong support for our action to temporarily withhold our fees from National has provided us with the time to research and understand the impact of steadily rising GWI fees (which are a portion of our national fees) on smaller clubs. We've had the opportunity to work respectfully with the national board towards a satisfactory resolution for all our members. In response CFUW National has offered '*an elegant solution to a complex problem*' as Lori Ker, our regional director of CFUW Ontario Council states. An ad hoc committee has been hard at work dialoguing with CFUW National, our regional clubs and presidents, and our executive team to develop a plan to share with our membership at our general meeting in March. In addition, our executive is ensuring that our club is represented at the AGM to vote on an anticipated forward-moving dues structure change. Dues proposals will soon be available for our executive to review.

The assistance of CFUW Ontario Council (OC) has always been invaluable, but no more so than during this year of dramatic change. OC is an affiliate of National and an incorporated body comprised of 49 clubs across the province.

We pay a small portion of our fees to OC but receive huge value in return. The Ontario Council's Speaker Series has been excellent. **Mental Health – From Prevention to Wellness** is the next topic in this series, on **February 27th from 10 am to 12:30 pm. For more information and to register by 5 p.m. on February 26th** please visit the OC website at <https://cfuwontcouncil.org/standing-committees/>. The knowledgeable support of Lori Ker, our regional director, and Sandra Thomson, OC president, as well as the dedicated assistance of Judy Gay, a past member of our club and now OC's Chair of the Standing Committee on Advocacy, has been generously available to our executive team and our members. Judy G. has helped us with our club's advocacy initiative on long-term care and the letters we've sent to both the federal and provincial governments.

Remember to join us online **Tuesday February 9, 2021 at 10:00 a.m.** sharp to hear our guest speaker *Dr. Arra, Medical Officer of Health for Grey Bruce* speak to us about the proposed COVID-19 mass immunization plan that has been pitched to the provincial task force! Guests from CFUW clubs in the region will be joining us. The Program Committee has worked hard preparing for this event, and we hope to have our maximum of 100 participants all present online. Further information, including our protocols for this event will arrive with this newsletter.

A dedicated and proactive committee of six members from our executive team brought their wisdom and experience to the task of a full review of our policy manual. Janet Glasspool, Chair, along with Kerina Elliott, Lynda Chiotti, Meran Farmer, Roberta Cuthbertson, and Vivian McCaffrey, devoted many hours of thoughtful dialogue to this thorough and helpful review. With the addition of new policy specific to our archives and social media, and all else in between, we are confident that we will preserve our past, competently address the present, and move confidently into the future.

In all of this support and hard work, kindness is prevalent. Kindness to each other 'eases the chaos that always accompanies great change'. Just as important is ensuring we're kind to us. As Judy Gay writes, *"My favourite aunt, of limited means, lived by a Chinese proverb 'spend five yuan on a bowl of rice and five yuan on flowers', food for the body and food for the soul. Not a bad idea."*

In our Interest Groups we enjoy that all-important and much-needed food for the mind, body and soul. Read about the soul-soothing experience of the twenty-four Art Explorers who were brought together virtually to listen to an engaging talk by one of our Club's founding members, Judy Thomson. Judy T. inspired us with beautiful images of Michelangelo's the Pieta, works by Botticelli, and da Vinci and many more. As well, the joy of literature shared in our Book Club, the peaceful and creative act of knitting by our talented knitters, and the shared friendship within our Games group, Women Who Wonder, and Healthy Lifestyles group, well ... that's "five yuan on flowers".

Thank you for the 'flowers' Coordinators and for the 'garden' Judy Beth Armstrong, our newsletter coordinator.

Enjoy the read!

Ann

~ Ann Magner, President

EXECUTIVE MEETING HIGHLIGHTS

Members of our CFUW Executive meet monthly at 10 a.m., on these dates in 2021: Feb 2, Mar 2, Apr 6, May 4, Jun 1. If you wish to make a presentation to the Executive, please contact President Ann Magner.

Highlights of the February 2nd Executive Meeting

At our February meeting, Executive members participated in discussions related to ensuring the Club continues to operate effectively and responsibly, engages its members in meaningful programs and connections, participates in advocacy work, and addresses issues confronting CFUW, including at the national level.

Past-President Janet Glasspool guided the Executive through the draft revised Club Policy Manual. Janet has chaired a workgroup of Executive members that has worked to review and update the manual to reflect how the Club has evolved over the last two years when the manual was last revised, and to incorporate necessary housekeeping changes. The Executive approved the changes as presented in the draft updated manual. Those interested in the document will be able to access it on the Club website. Lynda Chiotti, who manages the website content, has also posted the Club Constitution.

President Ann Magner reported on her participation along with other Executive members in recent National Dialogue sessions organized by CFUW National. The sessions, involving a few hundred members from across the country, were focused on concerns expressed by those Clubs that have advised the national organization of their opposition to paying dues to support Graduate Women International (GWI). It was agreed by the Club Executive that a workgroup would develop a plan to bring the issues arising from the National Dialogue sessions to the Club membership to discuss next steps. The workgroup members will include President Ann Magner, Vice-President Patricia Hendrie, Roberta Cuthbertson and Kerina Elliott.

Under the topic of advocacy, the Executive reviewed a letter identifying a series of concerns related to the provision of long-term care services in the province. The letter is addressed to the Minister of Long-Term Care and copies will be sent to the Opposition critics at Queen's Park as well as to the Regional Director of the CFUW Ontario Council. The letter to provincial politicians follows Club correspondence sent to federal politicians on the topic.

The Executive has approved continuing its support for both the Scientists in School project and the Club's scholarship program for the next school year. The extent of that support will be determined when the Executive develops the Club's 2021-22 Budget for presentation at the June Annual General Meeting.

~ Vivian McCaffrey, Secretary

EXECUTIVE COMMITTEES' REPORTS

MEMBERSHIP

We have 54 members at present but two more are in the midst of joining our club. If you happen to see them at one of our zoom meetings, please welcome Edna Burri and Sharron Colter. Next month I will provide a more detailed introduction.

Also, I will be emailing out an updated membership directory in the next couple of weeks so keep an eye out for it. If there are any changes or corrections, please let me know and I'll be sure to put them in the update.

~ Roberta Cuthbertson, Membership Chair

PROGRAM

General Meetings are held on the 2nd Tuesday of the Month; usually at 10 a.m., but time may vary.

**GENERAL MEETING, TUESDAY FEBRUARY 9, 2021 at 10:00 A.M., VIA ZOOM.
GUEST SPEAKER: DR. IAN ARRA, MEDICAL OFFICER OF HEALTH FOR GREY-BRUCE.**

Check your email inbox on February 8th for your zoom invitation.



presents

THE GREY BRUCE HEALTH UNIT'S

PROPOSED COVID-19 MASS IMMUNIZATION PLAN

FOR SMALL-URBAN & RURAL COMMUNITIES IN ONTARIO

TUESDAY FEBRUARY 9, 2021

AT 10:00 A.M. SHARP, ON-LINE, VIA ZOOM

GUEST SPEAKER:

DR. IAN ARRA, MEDICAL OFFICER OF HEALTH

"With sufficient supply of the vaccine by our Government, and through collaboration with local partners in Grey and Bruce, I have the utmost confidence we will put the last nail in the coffin of this pandemic." Dr. Arra

DR. ARRA, M.D. MSc., FRCPC ACOM ABPM, was appointed Medical Officer of Health for Grey and Bruce County in January 2019. Along with his medical degree, Dr. Arra has completed postgraduate training in public health and preventative medicine and has a master's in epidemiology and biostatistics.



An invitation with the Zoom link to access the presentation will be sent to our members and guests just prior to our meeting.

www.cfuwowensound.com

www.facebook.com/cfuwowensound

PROTOCOLS FOR THE FEBRUARY 9th GENERAL MEETING:

- We ask that, on **Tuesday February 9th**, you **enter the meeting beginning at 9:40 a.m. and no later than 9:55 a.m.** Please understand that it is important for our members to enter the Zoom meeting on time; Roberta and Trisha have just 15 minutes to “admit” up to 100 attendees. *As a courtesy to Dr. Arra, we want to begin at 10:00 a.m. sharp.*
- The **meeting will begin at 10:00 sharp**, with NO admissions after the meeting begins.

PLEASE...

- **Mute yourself** when you enter the meeting and **stay muted** until after the presentation.
- **DO NOT use “chat” during the presentation.**
- **Submit your questions in advance** to Brenda Bergen, Co- Chair of the CFUW Program Committee at bbergen@rogers.com by Sunday February 7, 2021. Please include your name and club affiliation.

MORE INFORMATION...

- The presentation will be followed by a Q&A session when Dr. Arra will address questions you submitted in advance. *If time permits*, additional questions MAY be solicited from attendees.
- This presentation will be recorded. If you are unable to attend the “live” online session, you may access the recording a few days later.
- If you are not familiar with Zoom, please contact Roberta Cuthbertson or Tricia Hendrie for assistance BEFORE February 9th.

TOPIC OF DR. ARRA’S PRESENTATION, FEBRUARY 9TH:

THE GREY BRUCE HEALTH UNIT’S PROPOSED* COVID-19 MASS IMMUNIZATION PLAN* FOR SMALL-URBAN & RURAL COMMUNITIES IN ONTARIO has been presented to the Provincial Task Force led by Rick Hillier and includes

- a ‘hub’ delivery model for Pfizer vaccines to be administered safely and efficiently in “factory assembly line style” at specific hubs or central locations,
- with both cold storage for delivered vaccines, *and* vaccines to be administered available on site.
- Safe transportation to the hubs would be provided with the partnerships of the 2 counties, the local school transportation consortium, and the SMART disability transportation system thus ensuring ample capacity to quickly achieve the immunization target.
- Bruce Power, municipal community centres, & community health centres are also potential locations for mass immunization clinics.

The Plan* can be accessed at

<https://www.publichealthgreybruce.on.ca/Portals/0/xBlog/uploads/2021/1/4/GreyBruceVaccineRolloutProposal20201212.pdf>

GENERAL MEETING, TUESDAY, MARCH 9, 2021 AT 10 A.M.: **Mark your calendars.** Details TBA

~ *Brenda Bergen & Meran Farmer, Program Committee Co-Chairs*

Even though a few months have passed since I have advised you of the newest updates from the Scientist in School, our partnership continues to develop. The Scientists in School Project was able, after multiple challenges, to complete the workshops within Alexandra Community School! All of the workshops were held virtually with multiple grades and workshops being presented.

Our four workshops were provided during November and early December, 2020. I had requested that a feedback survey be completed by teachers and that any further comments by parents, students, etc. be gathered. In summary, the following grades and workshops were held virtually.

Grades SK/I and 1/2 Structures, Materials and More
Grade 4 Hoo's in the Owl Pellet
Grade 5/6 As A Matter of Fact

In addition, Workshop Kits were delivered to the students, in advance, in order to make the workshop as experiential as they would have been in an in-class program.

A follow-up review was completed late December and I am pleased to advise that feedback from students, teachers, educators and parents was extremely positive. Below, you will note some pictures of the students during their workshops and I have also included some feedback quotes we received.

During our January and February Executive Committee Meetings, discussions were held concerning the future of our relationship with this worthy educational organization. A formal, detailed report was presented in advance of these discussions to each Executive member.

Based on the success of this program, the Executive have given serious consideration to a proposal to support this program more extensively than we have to date. It is our vision to bring new and exciting STEM programming to young students - especially young women - in the worlds of Science, Technology, Engineering and Math. This would allow us to implement programs in the upcoming academic year commencing September, 2021. However, it is necessary for us to consider financial support of all of our outreach of programs, like this one and also of our scholarship programming. Our executive discussions continue.

We are honoured to work with the Bluewater Board of Education, Alexandra Community School and the Scientists in School organization. We look forward to continuing our on-going partnership with them all! We also will continue to keep you informed of our final decisions about the extent of our commitment.

Quotes:

"This was an amazing experience - there is nothing more you can do to improve the experience - it was fantastic! Heather was amazing - her speed of presenting, repetition of the instructions, patience with the students and knowledge was perfect! The students were thrilled with the activities and learned a lot ... as did I! Thank you!" ~ A Grade 1 teacher at Alexandra CS after the "Structures, Materials, and More" workshop

"What an amazing program! Scientist Heather was so knowledgeable! Her speed presenting to the class was perfect - she repeated important information, and explained everything with the right amount of detail for the students! Her enthusiasm was infectious! The hands-on activities were age appropriate and so much fun! I was so impressed with the amount of learning the class was exposed to in 60 minutes! Thank you so much!" ~ A Grade 1 teacher at Alexandra CS after the "Structures, Materials, and More" workshop

“What a wonderful opportunity my grade 1/2 class had to engage in building, creating, testing and problem solving all while learning with a well thought out and organized program aimed right at their level. In their words, “That was awesome!” ~ A Grade 1/2 teacher at Alexandra CS after the “Structures, Materials, and More” workshop

~ Kerina Elliott, SiS Coordinator



Scientist in the School projects, 2020

SOCIAL MEDIA

Feel free to post information in our private Facebook group <https://www.facebook.com/groups/oscfuwprivategroup> or check out our public Facebook page <https://www.facebook.com/cfuwowsound>.

If members are having problems getting on to zoom, please contact Roberta, Trisha or Lynda for help. We will be working with the program committee this Tuesday morning, Feb 9, 2021 to administer and record the zoom meeting with Dr Arra. ***We will not be available for help on the morning of the meeting***, so please ask in advance if you require some assistance.

~ Roberta Cuthbertson, Social Media Committee Chair

NEWSLETTER

This Newsletter is posted on the website: www.cfuwowsound.com and emailed directly to members. Please send submissions for the Newsletter to the coordinator: **Judy Beth Armstrong** [armstrong.judybeth@gmail.com] before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate.

INTEREST GROUPS

ART EXPLORERS GROUP

Our first Art Explorers zoom meeting last month was a great success and many people requested we have another art talk from Judy Thomson. On **Friday February 19th at 1:00 p.m.** Judy will continue with the topic "A Depiction of Women in Western Art History, Part II." If you are registered with the Art Explorers interest group you will receive the link on the Wednesday before. If other members would like to join us for this event then please let me know and I'll send the link.

If you were unable to attend our in-person Tom Thomson Art Gallery guided tours in the Fall (or if you want to see the exhibitions again) you can view the new on-line portal to experience these interactive exhibitions: Group of Seven - the View from Here; Alan Glicksman -The Process of Becoming; and Drawn-in - a Selection of drawings from the Gallery collection. What a wonderful opportunity to "visit" the TOM during lockdown - tomthomsonartgallery.wixsite.com/digitalportal.

~ *Cynthia Porter, Coordinator*

BOOK CLUB - 4th Monday of the Month

We meet online at 1:30 on the fourth Monday of each month. All CFUW members are welcome to join us.

The topic for **February 22nd** is *Our Darkest Night* by Jennifer Robson. Our discussion will be led by Judi McIlroy.

Our January choice was *The Rules of Civility*, by Amor Towles, with Marion Gibson as our leader. I think we can safely say that we have all enjoyed the two novels by Amor Towles that we have read.

~ *Lynne Cox, Coordinator*

GAMES GROUP - 1st Friday of the Month at 1:30 p.m. and 3rd Friday of the Month at 7:00 p.m.

Games group meets monthly (twice a month during covid) to play a variety of card and board games. We have been very successful in continuing our gaming on zoom. Several games such as Tribonds, Code Names, and Just One are amenable to being played on zoom. A zoom invite will be sent to all current members of the Games interest group a few days prior to the meeting. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie [solafyre@yahoo.com 519-778-2052]. Our **next meeting is Feb 5th, 2021**.

~ *Trisha Hendrie, Coordinator*

HEALTHY LIFESTYLES



For now, our group will be doing zoom meetings. It's our hope that everyone will try to get outside for some fresh air and exercise individually, until we can all meet again as a group. We will send out the link for our zoom meeting a day or so before each meeting. New members are always welcome. Email me at meranjoan@gmail.com

~ Meran Farmer, Coordinator

Dec 29, 2020 – HL group - up near Ben Allen on the rail trail

WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m.

Women Who Wonder or WWW for short provides a path for intellectual exploration and discussion in a relaxed and fun environment. The goal of WWW is to provide an additional avenue for member engagement through opportunities for social interactions and continuing education. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. If you would like to join the WWW group to receive invites and updates please contact Trisha Hendrie [solafyre@yahoo.com 519-778-2052]. Our **next meeting is Feb 10th, 2021.**

~ Trisha Hendrie, Coordinator

YARN CLUB (Knitwits) 2nd Wednesday of the month

Who knew that U.S. President Joe Biden's Inauguration in January would lead to a knit-fest?



At least until it was revealed that Bernie's mittens were sewn together from old felted sweaters.

Our February meeting will be held on **Wednesday, February 10th with the zoom starting at 1:30 p.m.** Many thanks to Lynda Chiotti for setting up the zoom meeting. The link will be sent to all current Knitwit members a few days ahead. If you'd like to join in and receive the link, or have any questions about Knitwits, please email or call Shawna Macivor.

~ Shawna Macivor, Coordinator

CFUW – OWEN SOUND
CALENDAR OF CLUB EVENTS AND ACTIVITIES

print this off to keep by your calendar

FEBRUARY, 2021

- 2 - Executive Meeting, 10 a.m. Virtual meeting by Zoom.
- 2 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 4 - Deadline for submissions to February Newsletter. Email to Judy Beth Armstrong.
- 5 – Games Group, 1:30 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 9 - **General Meeting, 10 a.m. sharp! Dr. Ian Arra, Medical Officer of Health, Grey-Bruce.**
Virtual meeting by Zoom. Your zoom invitation will be emailed to you on Feb. 8th
- 9 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- Games Group, 7:00 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 10 - Knit Wits, 1:30 p.m. Virtual meeting by Zoom. Contact Shawna Macivor.
- 10 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 16 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 19 – Art Explorers, at 1:00 p.m. Virtual meeting by Zoom. Judy Thomson and "A Depiction of Women in Western Art History, Part II."
- 19 - Games Group, 7:00 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 22 – Book Club, 1:30 p.m. Virtual meeting by Zoom.
- 23 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 24 - Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie.
- 27 - Ontario Council's Speaker Series: Mental Health – From Prevention to Wellness, 10 a.m. to 12:30 p.m.** For more information and to register by 5 p.m. on February 26 @ <https://cfuwontcouncil.org/standing-committees/>

MARCH, 2021

- 2 - Executive Meeting, 10 a.m. Virtual meeting by Zoom.
- 2 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 4 - Deadline for submissions to March Newsletter. Email to Judy Beth Armstrong.
- 9 - **General Meeting, 10 a.m. Mark your calendars.** Details TBA
- 9 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 16 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 23 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 30 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson

Watch for more activities and events in the NEXT Newsletter