

President - Ann Magner
Vice-President - Patricia Hendrie
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President - Janet Glasspool

CFUW: 'Women Helping Women'

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its' founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

Note: It is the policy of CFUW Owen Sound that member's personal information will not appear in the newsletter. For this information members should go to the hard copy of the Members List. Website info (www.cfuwowensound.com)

PRESIDENT'S MESSAGE

I sit quietly, coffee in hand, on the back deck savouring the light on the myriad of colours in the trees in and beyond my yard. In this renewed time of solitude, I appreciate the importance of maintaining a sense of wonder, especially during this stressful pandemic. Much of my musing on wonder is about being inspired by nature, and the arts, and by so many 'women of wonder'. Poet Mary Oliver's wonder-filled advice is to pay attention, be astonished, and then to tell about it. Here is the telling.

An article by Karen Arndt, PhD., titled '[Living with Uncertainty in the Midst of a Pandemic](#)' provides a perfect framework for this storytelling. Arndt speaks of three positive outcomes of this pandemic. The first for many is a renewed appreciation of life, after being shockingly awakened to our own mortality. With that appreciation is the importance that [a sense of awe or wonder be maintained](#).

One way to achieve this is through the arts, something our [Art Explorers interest group](#) do so well. Psychologist and emeritus professor Francine Toder, in her book '*The Vintage Years*' states, "What I consider the magical triad of ingredients for stimulating brain activity: [newness](#), [complexity](#), and [problem solving](#), are available in abundance by practicing one of the fine arts." The Vintage Years describes the joyful experiences of twenty senior artists, who reinvigorated their lives by learning new art skills later in life.

You'll discover in this newsletter, what our own Art Explorers have been enjoying in the world of art, after their event at our beautiful TOM gallery. As well, their coordinator, Cynthia Porter, along with others in our Club have joined our weekly Coffee Hour to learn Zoom software, and as a result, Cynthia is one of several in our Club who are currently participating in Third Age Barrie's zoom webinar lecture series titled '*Window to the Arts*'.
<https://www.thirdagebarrie.ca/>.

In addition, [CFUW National](#) is offering an upcoming [webinar](#) on the [Pandemic and the Arts](#). Watch for postings on our [Facebook page](#) and in our [newsletter](#). As renowned author Gabrielle Roy says, "Could we ever know each other in the slightest without the arts?"

This pandemic, says Karen Arndt, has also provided us with a deeper understanding of our [interdependence and our solidarity with each other](#). This is evident within our Club. I am deeply proud of how our members have so quickly

adapted, problem solved, and worked collectively to keep our Club thriving and our members connected and engaged. A first ever social media policy is being developed with the help of Janet Glasspool, Ingrid Sproxton of Ontario Council, Lynda Chiotti and the social media committee. Our well-designed and maintained [Facebook page](#) [<https://www.facebook.com/cfuwowensound>] has been successfully launched, with the top of the page filled with a beautiful panoramic photo of Owen Sound generously provided to us by Willy Waterton. Follow our Facebook page for posts on inspiring women such as Supreme Court Justice Ruth Bader Ginsberg, or electric engineer Elsie MacGill, and many others. Connect with CFUW Owen Sound and Area Facebook from our website at <https://www.cfuwowensound.com/> to keep up to date on local events, advocacy initiatives, and happenings at all levels, including CFUW regional, provincial, and national news. The work of our [Social Media Committee](#) is to be commended.

In our [regional hub zoom meetings](#), led so well by our regional director, Lori Ker, I have had the pleasure of meeting and sharing ideas with other presidents within our region. Our club has been warmly welcomed to participate in other regional club events, such as CFUW Southport's Zoom meeting on October 14th, 2020 at 7 pm. to listen to their guest speaker, Lori Kewaquom, Advocacy Coordinator in the Saugeen Advocacy for Healing Program talk about '[Reserve Day Schools, Historical Trauma and Current Government Reparations.](#)' More information can be found at <https://southportcfuw.wixsite.com/cfuw-southport>.

We were honoured to have Sandra Thomson, [President of CFUW Ontario Council](#), as our guest speaker at our recent 30th anniversary celebration at Legacy Ridge Golf Club. My thanks is extended to our hard-working and creative-thinking [Program Committee](#), including Brenda Bergen and Meran Farmer as Co-Chairs, and Judy Beth Armstrong, Jan Chamberlain and Styn Furness, for making this enjoyable event such a success! Sandra's words of support for our forward-thinking move into social media, and the creation of our Facebook page, were deeply appreciated, as was her applause for all the many accomplishments of our Club, including the success of our [scholarship program](#), led by Donna Elliott, and our [nationally honoured member](#) Judy Thomson.

Sandra also welcomed us to participate in the [CFUW Ontario Council's Speaker Series](#) via Zoom, the first of which was on [Long Term Care](#) (LTC). A notice was posted on our Facebook page, and over 200 CFUW participants from across the province attended the initial talk on October 3, 2020, along with three exceptional speakers. The speakers brought our attention to the need to address the "highly gendered LTC environment" and the role of women. Karen Henderson, the Founder of the Long Term Care Planning Network, (www.ltclanningnetwork.com) presented jarring data to support this fact. "About 95% of paid workers in LTC are women. 75% of unpaid caregivers are women. Two thirds of people with dementia are women. Two thirds of people in nursing homes are women". As CFUW members, we were called to act as advocates for women in long-term care, to work as a collective, and reorient our actions towards the needs of others. The resources CFUW provides, such as letter templates, make this CFUW [advocacy](#) an easy action for the good. The next presentation in the series is on [November 21st on Women in A COVID Economy](#) from 9:00 am until noon. Register at <https://cfuwontcouncil.org/standing-committees/>.

A third positive outcome of this pandemic, states Karen Arndt, in '[Living With Uncertainty in the Midst of a Pandemic](#), 'is an enhanced [connectedness to the natural world](#), something our women in our [Healthy Lifestyles interest group](#) demonstrate frequently. They now meet twice monthly to hike our many trails in this magnificent part of the world.

As Rachel Carson states, "The more clearly we can focus our attention on the wonders and realities of the universe about us, the less taste we shall have for destruction." This was reinforced after participating in the first [Storyfest Canadian Author's Talks](#) on October 8th. I discovered these free zoom presentations on CFUW Southport's Facebook page, and thought they may be of interest to our [Book Club](#) and other women in our Club. We posted the upcoming line-up of Storyfest authors, including the renowned Margaret Macmillan, on our Facebook page. Register at <http://www.greenwood-centrehudson.org/storyfest.html>.

I thoroughly enjoyed listening to Winnipeg author Joan Thomas, recipient of the Governor General's Award for English Language fiction, speak about her book '[Five Wives](#)'. I was inspired to delve further and was introduced to the late Polly Higgins, who Ecologist Magazine calls "one of the world's top 10 visionary thinkers", and to the courageous Nemonte Nenquimo "[lead plaintiff in the Waorani people's recent landmark lawsuit protecting half a million acres of their rainforest territory from oil drilling.](#)"

The short 10 minute film titled [From Harm to Harmony](#) is worth a watch on YouTube at <https://www.youtube.com/watch?v=CEWSLBNRgNw>.

In conclusion, I'd like to end this message by applauding those women in our Club who attended our first meeting of [Women Who Wonder](#), our new interest group, so successfully launched on Zoom on September 30th. 14 dynamic, bright women offered their thoughtful perspectives on conversation and active listening, and it was such a pleasure to

have our vice-president Patricia Hendrie back with us as the woman behind the idea, so that she could witness this success. Thank you to Kerina Elliott for being our moderator, and to Lynda Chiotti for hosting and providing technical support, as well as to our Chair of the Social Media Committee, Roberta Cuthbertson and member Kathy Needham.

And finally, my huge gratitude is extended to Judy Beth Armstrong, our esteemed Newsletter Coordinator, who so effectively, assertively, and diplomatically coordinates us all, so that this newsletter can get 'off the press' each month.

Well done each and every one of these Wonder Women advocates, activists, and leaders!

~ **Ann Magner, President**

<https://www.psychologytoday.com/us/blog/hut-her-own/202003/living-uncertainty-in-the-midst-pandemic>
<https://aginghorizons.com/2020/08/book-late-blooming-artists/>

EXECUTIVE MEETING HIGHLIGHTS

Members of our CFUW Executive meet monthly, on these dates: Oct 6, Nov 3, Dec 1 and Jan 5, 2021. If you wish to make a presentation to the Executive, please contact President Ann Magner.

Highlights of the September Executive Meeting

The October 6th Executive (virtual via Zoom) meeting began with a conversation with Kate Russell, owner of Girl With Carrot Marching, a Flesherton-based consulting firm that specializes in developing grant proposals. Kate identified issues related to the Club's eligibility for grants to engage in local COVID-19 recovery initiatives. The discussion also addressed potential funding to support other aspects of the Club's charitable and community work. The Club's Program Committee will be discussing various options for funding that it will bring back to the Executive for further deliberation.

President Ann Magner reported on her participation in an online speakers' series on the topic of long-term care provided through CFUW Ontario Council. Ann will be bringing forward to the November Executive meeting suggestions for how the Club can engage in advocating for improved long-term care services and other issues supported by the national and provincial organizations.

Lois Renner recently resigned as the Club's archivist and Meran Farmer has been appointed to carry on the important work of maintaining and building the organization's archives. Meran will take on the task of drafting proposed guidelines for managing the archives.

Like many organizations, the Club continues to proactively address the challenges of the pandemic, specifically, staying connected with our members, and offering programs online that meet their needs and interests. Due to the recently updated COVID-19 restrictions on social gatherings, the Executive has suspended all of its in-person, full membership Program events and has shifted to supporting and engaging members through online platforms, including Zoom, the Club's website, and its new Facebook page launched on September 17. Our Social Media Committee continues to offer Zoom technical support to any interested member every Tuesday from 4:00 pm until 5:00 pm., and a calendar of our online events will be included in the newsletter. As well, In order to keep up with the changes to the Club's current online activities, Past-President Janet Glasspool has offered to develop draft policy to govern the Club's social media communications and engagement.

~ **Vivian McCaffrey, Secretary**

EXECUTIVE COMMITTEES' REPORTS

MEMBERSHIP

To date we have 46 members who have submitted their membership forms (including two new members). Since my last report, Marg Willis has joined our club as a new member.

For those who intend to renew, if you wish to have your name in our club directory please mail in your registration form by October 15, 2020.

~ **Roberta Cuthbertson, Membership Chair**

PROGRAM

SEPTEMBER: Our September 15th General Meeting and luncheon was a great get-together in celebration of our 30th anniversary. Guest Speaker, Sandy Thomson, President of Ontario Council, congratulated our Owen Sound club members on "being bigger than ourselves" all through our club's 30 years, and challenged us to continue to do so. Lori Ker, our Regional Director, was unable to attend in person, but Ann Magner and Ruth Henderson read the remarks sent by Lori (and included, with Lori's permission, following this Program Committee Report).

All in all, 23 women enjoyed a delicious lunch and appropriately distanced socializing at Legacy Ridge. At that time, we were all feeling optimistic that the pandemic situation was improving, but with the recently updated COVID-19 restrictions on social gatherings, it was determined that going forward, we should suspend our indoor, in-person meetings. Therefore, until further notice, all future general meetings will be conducted virtually, on Zoom. Fear not! We have experts in our Club ... the Social Media Committee ... who will be helping us with the "new-normal". We can do this!!

OCTOBER: We are pleased to announce that Francesca Dobbyn, Executive Director of the United Way of Bruce Grey will be speaking to us about Covid Recovery Initiatives: "*Caring Organizing Valuing Including Daring - C.O.V.I.D.: A Community's Response to the Covid-19 Pandemic*" on **Tuesday, October 13 at 1PM**. Mark this on your calendar! Francesca is an excellent speaker who has been with us before and always makes a huge impression with her expertise on local issues.

The Program Committee, comprised of Brenda Bergen, Jan Chamberlain, Judy Beth Armstrong, Styn Furness, Roberta Cuthbertson (SMC Liaison) and Meran Farmer, have been working hard to gather ideas and contact speakers who will provide a virtual presentation on Zoom as the winter months close in.

As we work forward in organizing speakers for future Zoom meetings, we will keep you informed. We have some great ideas, especially for our December Christmas meeting.

Stay tuned... we'll see you all October 13th. A Zoom invitation link will be sent by email to all of you.

~ **Brenda Bergen & Meran Farmer, Program Committee Co-Chairs**

THESE REMARKS BY REGIONAL DIRECTOR, LORI KER, WERE READ ALOUD BY ANN MAGNER AND RUTH HENDERSON, TO MEMBERS AT OUR SEPTEMBER 15TH GENERAL MEETING:

I offer a very warm welcome to all returning, new and potentially new members of CFUW Owen Sound. Today, is an opportunity to join with the engaged and passionate, interesting and like-minded women of Owen Sound and area to advance CFUW's mission to 'promote equality, social justice, fellowship and life-long learning for women and girls.

I have had the good fortune of seeing CFUW from its many sides and I have to say that my most favourite times have been visiting other clubs and meeting the wonderful women members and learning about their activities and various initiatives. I regret that I am not able to join your luncheon today but please know that I am there in spirit. I grew up in Owen Sound and my father is still here, so I hope to connect with you soon.

The members of Owen Sound should be commended for their scholarship fundraising activities as well as the great camaraderie they share within their club and with other clubs in Bruce and Huron and beyond. Your club has done well to promote the overall vision of CFUW and foster lasting friendships, community engagement, advocacy and mutual interests.

This year the theme for Ontario Council's 49 clubs, as presented in the latest Ontario Council Newsletter, is 'Women Helping Women' and this theme will be woven into the Speakers Series that will be held virtually this year. I encourage you to participate in our first one Oct. 3 on Long Term Care and Home Care and the next one November 21 on 'Women in a Covid Economy'.

On a closing note, I wanted to let you know that CFUW Ontario Council is thriving and here to support our Ontario clubs and members. Should you have any concerns please let me know and I will do my best to provide or find the help needed. Please enjoy your luncheon event.

~ Lori Ker, Regional Director

SOCIAL MEDIA

As COVID numbers are growing, and in accordance with recently updated restrictions on social gatherings, our club is moving more online for this season to keep members safe. We can be physically distant and still socially connect.

Here is a good quote I recently found on a Ted Talk dated March 24, 2020 from Chris Anderson:

"These days are what the internet was built for. We can spread love, we can spread ideas, we can spread relationships and we can spread thought without spreading a dangerous bug."

Facebook

Our new Facebook page was launched on September 17, 2020 and we are pleased with the response we have had from members and others. If you are already on Facebook and haven't already done so, please like and follow our page. As a reminder, even if you do not have a Facebook account, you can still view the page: <https://www.facebook.com/cfuwowensound>. We will be opening up the postings to Facebook to the rest of our membership when our Social Media Policy is completed.

We will be working on opening up a private group on Facebook around mid-October. Prior to this, our committee is also going to run a Facebook workshop with Lynda Chiotti as our presenter, which will include privacy issues, setting up a Facebook account along with an opportunity for questions and answers. More details to come.

Coffee Hour and Zoom training

Please join us on zoom from **4-5 pm every Tuesday** for our coffee (or Happy) hour. For those who are new to zoom, you can receive one-on-one zoom help or just enjoy the lively discussions with a glass or cup of your favourite beverage. If you need help getting on zoom using the hardware you have, please contact Roberta and she can put you in touch with one of our experts. *Please keep in mind that you are able to join a zoom meeting by using your home or cell phone.* There are some members who have unreliable internet, so this is a good option to participate. The phone numbers, meeting ID and passwords are sent out with the zoom invitation weekly.

Zoom training on Hosting and Scheduling a meeting

On September 28, Lynda Chiotti gave an excellent workshop covering how to host and schedule a zoom meeting. If you missed it, there are slides available so you are welcome to request them by contacting Roberta.

~ Roberta Cuthbertson, Chair

SCHOLARSHIP

No further report at this time.

~ **Donna Elliott, Scholarship Coordinator**

WEBSITE

No further report at this time.

~ **Lynda Chiotti, Website Coordinator**

SCIENTISTS IN THE SCHOOLS

No further report at this time.

~ **Kerina Elliott**

ARCHIVES

We sincerely thank Lois Renner for her years of service as club archivist, and are now delighted to announce that Meran Farmer has been appointed to the role of Archivist for our club. Please submit any information or pictures that you think should be kept to Meran Farmer.

NEWSLETTER

The Newsletter is posted on the website: www.cfuwovensound.com and emailed directly to members. Please send submissions for the Newsletter to the coordinator: **Judy Beth Armstrong**, before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate.

INTEREST GROUPS

ART EXPLORERS GROUP

Fourteen keen art lovers had a great time socializing on the banks of the Sydenham on September 23, a beautiful day, and then a visit to the TOM. Shannon Bingman, Exhibition Assistant, gave us an informative and interesting tour of the two contemporary shows, which will be on until October 17.

Unfortunately, David Huff, curator of the "Group of Seven: View from Here" was out of the gallery and not available to give us his talk on September 23rd, but he has offered to do this for us on **FRIDAY OCTOBER 16 at 10:30 a.m.** (before the gallery opens to the public). We will be limited to ten people and the first ten to reply to me will be accommodated. We only have a few spaces left. If you are interested please let me know asap. This exhibition at the Tom Thomson Memorial Art Gallery will be showing until the end December.

Art Explorers group will meet on **Tuesday October 27th at 10:30 a.m.** at a private event to be held at Grey Gallery, 883 2nd Avenue East. The exhibition, "Artists' Kitchen Table" will exhibit the work of 25 artists and their illustrated recipes. The exhibition catalogue, "The Artists' Kitchen Table Cookbook" (\$20), has been published by the Ginger Press and is available for purchase. All members are invited, BUT please contact me if you would like to attend so that social distancing can be facilitated and you can be contacted if there are any changes because of Covid-19 regulations.

~ Cynthia Porter, Coordinator

BOOK CLUB - 4th Monday of the Month

Book Club met online September 28th to discuss *Acadian Driftwood*, by Tyler LeBlanc. Judy Campbell led the discussion of one family's experience of the Acadian expulsion of 1755. It proved to be an eye-opener.

On **October 26th**, we will be talking about *The Pull of the Stars* by Emma Donoghue, again online. Please know that all CFUW members are most welcome to attend. If you wish to join us, please contact Trisha Hendrie.

~ Lynne Cox, Coordinator

GAMES GROUP - 1st Friday of the month

Games group meets monthly to play a variety of card and board games. Before COVID we met at the homes of our members and we will return to that format as soon as it is safe to do so. Until then we are moving to zoom to play games and socialize. Several games such as Code Names and Just One are amenable to being played on zoom.

We will normally meet on the first Friday of every month at 1:30 pm. However, this month we are meeting on **Friday, October 9th at 1:30 pm** for our first zoom meeting. A zoom invite will be sent to all current members of the Games interest group. If you would like to join the Games interest group to receive invites and updates please contact me.

~ Trisha Hendrie, Coordinator

ISSUES GROUP

Issues attendees enjoy the in-person debate and repartee that are sparked by the topics of our meetings. For this reason, our gatherings are postponed until we can meet in an environment conducive to such discussions. Your input is always welcome. Contact Ruth H. or Donna P.

~ Ruth Henderson & Donna Phillips, Coordinators

HEALTHY LIFESTYLES – varies; usually Mornings

September was a good month for our Healthy Lifestyles hiking activities. On Tuesday, September 22nd, the good weather allowed us to enjoy a lovely hike at Inglis Falls after gathering at Judy Beth's for delicious morning refreshments. Then on September 29th many of us enjoyed a good walk in Sarawak along the road north from Sarawak Park to Butchart Estates.

On Wednesday, **October 7th**, ten hardy women, led by Loreen Cumming, braved the weather forecast for rain and thunder showers, and hiked a part of the Bruce Trail near the KOA camp which included both the Rock Springs Sidetrail and the KOA sidetrail. All in what turned out to be fine weather! Following the hike, we went to Styn's home where we sat outside, physically-distanced, and enjoyed our brown bag lunch and fellowship.

Another walk is planned for **Wednesday, October 14th, 10 a.m.** at the Kemble United Church parking lot. From there we will decide which of many possible walks we will do.

We are crossing our fingers for continued good weather. All members are welcome to join us. Call or email me to confirm attendance.

~ **Meran Farmer, Coordinator**

WOMEN WHO WONDER (WWW) – Wednesdays, 7 p.m.

Women Who Wonder or WWW for short provides a path for intellectual exploration and discussion in a relaxed and fun environment. The goal of WWW is to provide an additional avenue for member engagement through opportunities for social interactions and continuing education. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group.

Last Wednesday we had our inauguration session of the Women Who Wonder (WWW) interest group. It was a wonderful success with 14 zoom participants. Prior to the meeting we all watched two short Ted Talks - Celeste Headlee's "10 ways to have a better conversation" and Julian Treasure's "5 ways to listen better". We then discussed each video by first sharing our initial reactions and then comparing and contrasting the videos. The conversation was engaging and provided us another avenue to feel connected during this difficult time.

Videos for discussion on **Wednesday, October 7th** will be Dr. Rick Rigsby's Commencement Speech, "Wisdom of a Third Grade Drop Out" and Admiral McRaven's 2014 Commencement Speech at the University of Texas at Austin. Everyone is invited to join us on **Wednesday, October 7th at 7:00 pm**. A zoom invite will be sent to the entire organization for this session of WWW.

Going forward we will only send invites to those who have attended or expressed an interest in being notified about WWW interest group events. We expect to meet approximately every two weeks on Wednesday. If you would like to be part of this interest group please email or phone me.

~ **Trisha Hendrie, Coordinator**

YARN CLUB (Knitwits) 2nd Wednesday of the month.

The next Knitwits meeting is **Wednesday October 14th starting at 1:30pm**. Our October gathering will be on zoom, unless we are lucky enough to get a perfect "Indian Summer" day. In that case, we'll meet in person outside at Shawna Macivor's place (address in the membership directory). Any member of CFUW is welcome to join us, whether you already know how to knit, or would like to learn. If you are planning to attend, please let Shawna know a few days ahead.

~ **Shawna Macivor, Coordinator**

CFUW – OWEN SOUND

CALENDAR OF CLUB EVENTS AND ACTIVITIES

print this off to keep by your calendar

OCTOBER 2020

- 6 – Executive Meeting, 10 a.m. Virtual meeting by Zoom.
- 6 – Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 7 – Healthy Lifestyles - Hike on Bruce Trail; meet near KOA at 10 a.m. Contact Meran Farmer
- 7 – Women Who Wonder, 7 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 9 – Games Group, 1:30 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie
- 13 – General Meeting, 1:00 p.m. Virtual meeting by Zoom. Guest speaker: Francesca Dobbyn, Executive Director, United Way of Bruce Grey - *“Caring Organizing Valuing Including Daring - C.O.V.I.D.: A Community’s Response to the Covid-19 Pandemic”*
- 13 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 14 - Healthy Lifestyles - Hike near Kemble; meet at Kemble United Church parking lot, 10 a.m. Contact Meran Farmer
- 14 – Knitwits, 1:30 p.m. Virtual meeting by Zoom. Contact Shawna Macivor
- 16 - Art Explorers, 10:30 a.m. at the TOM. Limited numbers – pre-register. Contact Cynthia Porter
- 20 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 26 - Book Club, 1:30 p.m. Virtual meeting by Zoom. Contact Trisha H or Lynne C)
- 27 - Art Explorers, 10:30 a.m. at Grey Gallery: Artists’ Kitchen Table. Limited numbers – pre-register. Contact Cynthia P)
- 27 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 30 – Deadline for submissions to Newsletter. Email to Judy Beth Armstrong.

NOVEMBER 2020

- 3 - Executive Meeting, 10 a.m. Virtual meeting by Zoom.
- 3 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 10 - General Meeting, *Time to be Announced*. Virtual meeting by Zoom. Guest speaker: Lloyd Lewis, Neighbourwoods North
- 10 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 17 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 21 - [CFUW Ontario Council’s Speaker Series](#), 9 a.m. to noon: ‘Women in a Covid Economy’. Register at <https://cfuwontcouncil.org/standing-committees/>.
- 24 - Tuesday Coffee Hour, 4 – 5 p.m. Virtual meeting by Zoom. Contact Roberta Cuthbertson
- 27 – Deadline for submissions to Newsletter. Email to Judy Beth Armstrong.

Watch for more activities and events in the NEXT Newsletter