

April, 2020

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CFUW: The Power of Women Working Together

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada.

Since its' founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace.

It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

President's Message

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We are experiencing a rapidly-spreading COVID-19 pandemic that will seriously impact the physical and mental health of many citizens and greatly disrupt the world economy. It is essential that we recognize the urgency of this threat, listen to the advice of medical experts, and heed government directions and restrictions that change almost daily.

At the same time, we recognize that individuals, businesses, and governments have substantial ability to change the destructive path of this disease. Our CFUW members are practicing social distancing, reducing transmission of the disease, and taking care of themselves, their families, friends, and others in this community.

We keep listening to the frightening news about the escalating emergency. It is natural to feel anxiety and perhaps even panic. In times like these, however, it is especially important to reduce stress and keep ourselves healthy and our immune systems strong. I know that our members are taking joy in simple things while self-isolating at home. They are reading, watching great programs, listening to music, learning new skills, and taking up new hobbies.