

President - Anne Seymour
Vice-President – Cynthia Lemon
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President – Ruth Henderson

[CFUW – Owen Sound & Area](#), celebrating 30 + years... 1990 – 2022

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

PRESIDENT'S MESSAGE

Dear CFUW Colleagues;

It’s hard to believe that autumn is arriving in the next couple of weeks. The warm summer weather is still with us for a short while. Already CFUW interest groups and committee groups are actively engaged. I am looking forward to a number of great activities as we start up once again.

I want to express my gratitude to all those members, who gathered with their fancy hats at Styn’s for our Jubilee Tea & Garden Party on August 9th. It was a lovely day and great fun. Many thanks to Styn Furness for hosting the party at her beautiful farm home and to the Program Committee for a fun afternoon. Our new CFUW Regional Director from Huron/Kincardine, Elizabeth Sachs, attended the event and really enjoyed her time meeting new members and guests.

Even though our CFUW members enjoy spending quality time together and having fun, our club is much more. Although we are a collegial, supportive and important network of women, our mandate is not only to support education and service within our broader community, but we are also bound to advocate on behalf of other women and to make strides against systemic barriers that create challenges for many. Whether it is about access to home care for the elderly, or supporting women who are victims of violence or new immigrant women who need support to advance themselves in our society, we have an obligation to offer what we can to advance causes that will improve the status of all women.

I am so very proud of our club as we continue to advance issues of social justice, not only in our service to others, but also through educating ourselves around current challenges within our community. We are truly fortunate to have a Program Committee whose members strive to deliver exemplary learning to raise our consciousness and motivate all of us to serve within our community. At our next General Meeting, which will be held at the REACH Centre,

PRESIDENT'S MESSAGE, continued...

September 13th, we will hear from Kee May Ip about support offered through the Grey Bruce Newcomer and Immigrant Women's Collective [<https://welcominggreybruce.ca/womenscollective>].

In this newsletter you will also read about the special programs planned for the upcoming year, as well as invitations and activities from our interest groups to foster additional learning and well-being for our members.

Finally, I want to thank our organization for supporting the creation of an Advocacy Committee. Although activities around Advocacy are not new to this club, I am happy that we are once again making it a focus with an assigned budget. ***Do you remember? Did you know? In 2002-2003, the Owen Sound and Area Club was awarded the Ontario Council's Advocacy Award for being the club most active in Advocacy with work around resolutions banning the use of cosmetic pesticides, gun control, and eating disorders, to name a few. In addition, a few years later, work was being done to advocate for universal daycare to assist working parents.*** This club has a very impressive legacy and there is a re-emerging Advocacy Group invested in bringing issues forward for 2022-23!

Let us continue to grow together, share friendship, and provide supportive service within our community as we fulfill our mandate as CFUW members.

Sincerely,
Anne

~ Anne Seymour, President, CFUW Owen Sound and Area

CFUW Land Acknowledgement

We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomi Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Neyaashiinigmiing (Nawash) Unceded First Nation, together known as the Saugeen Ojibway Nation as the traditional keepers of this land.

EXECUTIVE MEETING HIGHLIGHTS

*Members of our CFUW Executive meet on the first Tuesday of the month at 10 a.m.
If you wish to make a presentation to the Executive, please contact President Anne Seymour.*

Highlights for the September 6th, 2022 Executive Meeting

On September 6th, Executive members met at the Owen Sound and North Grey Union Public Library for the first time since June. It was also the first time since the COVID-related lockdowns took effect in the spring of 2020 that the Executive has held an in-person meeting. It was a refreshing change from Zoom meetings.

Executive members received various committee reports and also discussed the need to add new members to the Social Media Committee. President Anne Seymour reported that Vice-President Cynthia Lemon has offered to lead the Advocacy Committee, which was particularly active last year in relation to the provincial election.

EXECUTIVE MEETING HIGHLIGHTS, continued...

As you will read elsewhere in this newsletter, the Program Committee has planned a full and engaging program for the 2022-23 year that will involve in-person meetings, Zoom sessions, and a mystery bus tour. It promises to be an interesting year!

The Executive received an update on the status of the new separate organization that will administer the Club's Education Fund that awards our scholarships and supports the Scientists in School program. The Club is extremely fortunate to benefit from the hard work and stewardship of Kathy Needham on this file.

Anne reported on her attendance at the CFUW National Annual General Meeting held in August via Zoom. The organization has elected a new executive team, with Joy Hurst as the new president. The balance of the Graduate Women International fee rebate owed to our club remains an outstanding issue that President Anne Seymour will continue to pursue.

~ *Vivian McCaffrey, Secretary*

EXECUTIVE COMMITTEES' REPORTS

EDUCATION

Bank balance: As of August 31, 2022: \$3,612.45

CRA Annual Return: This was filed in August. Canada Post tracking shows they received the document on August 25th.

CRA Changes and Dissolving the Corporation: It has been an ongoing process, but we are almost there. The CRA has approved the by-laws of the revised scholarship fund. The last letter requested we move another article from the by-laws to the constitution, which was done & submitted. Once we receive the confirmation letter, I will dissolve the corporation (can be done on-line) and then go to the bank to see if we need to set up a new account or can continue to use the same one.

Scholarship Executive Members:

So far myself, Roberta Cuthbertson (Treasurer) and Trisha Hendrie (Awards Chair) have confirmed that we will sit on this committee. *We need a couple more members*, so anyone interested is asked to connect me directly.

~ *Kathy Needham, Education Fund Coordinator*

MEMBERSHIP

It is that time again, to renew your annual membership to CFUW. The renewal form for returning members (which has full instructions including how to pay the dues) is attached to this newsletter. Thank you to Roberta for maintaining such excellent records and for modifying the form so that if there are no changes to your contact information you can simply check a box. Please note that there are two places to sign.

As of August 31, 2022, we have a total of 55 members on our lists. There are 51 returning plus 4 new members. We welcome our new members to CFUW Owen Sound and Area. Of the 55 members, a total of 30 have already renewed.

An email reminder was sent to all CFUW members earlier this week with an attachment of the form. For the Sept 13th GM at the REACH CENTRE, I will bring blank forms as well as name tags.

~ *Anne Dondertman, Membership Coordinator*

EXECUTIVE COMMITTEES' REPORTS, continued...

NEWSLETTER

This monthly Newsletter is posted on the [CFUW - Owen Sound & Area](#) website and emailed directly to members. Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** armstrong.judybeth@gmail.com before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW - Owen Sound policy that:

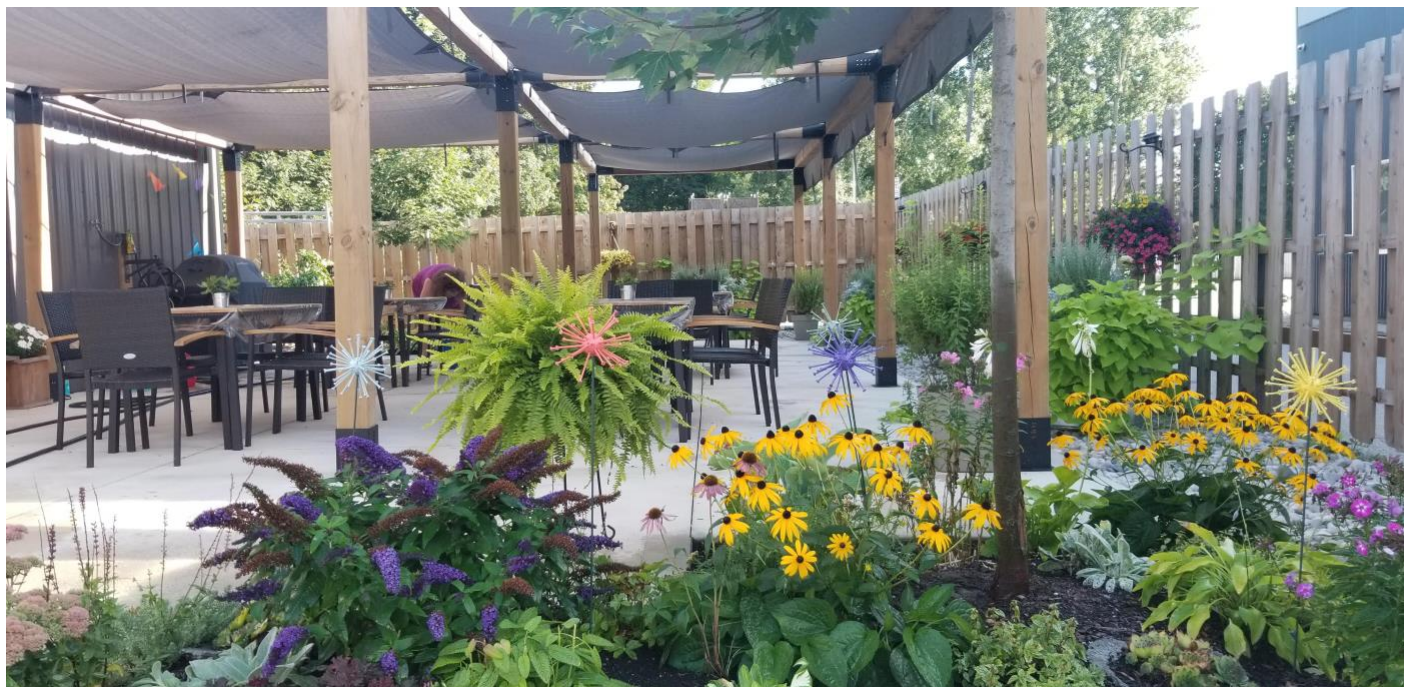
- *items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that*
- *unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.*

~ Judy Beth Armstrong, Newsletter Coordinator

OUTREACH

Thanks to the outreach team (Jan Chamberlain, Anne Seymour, Anne Dondertman, and myself), who volunteered at the REACH Centre, the lovely flowers, as well as an amazing vegetable garden that can't be seen in this photo, were watered during July and August.

~ Trisha Hendrie



EXECUTIVE COMMITTEES' REPORTS, continued...

PROGRAM

General Meetings are **usually** held on the 2nd Tuesday of the Month.

Our **August 9th Jubilee Tea and Garden Party** at Styn's beautiful farm was delightful! Perfect weather, delicious food (Styn's Queen Elizabeth cake!!), a special display of all things royal by Margaret Brown, our members and guests looking their best in gorgeous hats and frocks, and a surprise visit by HRH Queen Elizabeth! Special thanks to Shirley Holmes, Wendy Smart and Peter Leonard, members of Owen Sound Little Theatre. *Check the photos on the last page.*

We have the 2022 – 2023 program finalized and are very excited to bring you a line-up that you won't want to miss. The brochure will be available at the September 13th general meeting, but here's a preview...

September 13, 2022 at 7PM

"Let's Get Together Again"

Kee May Ip, GB Newcomer and Immigrant Women's Collective
At REACH Centre, Owen Sound

October 4, 2022 at 7 PM

Ted Barris, Author & Historian:

"Battle of the Atlantic"

Tickets: \$20.

At the Bayshore Community Centre

November 8, 2022 at 2 PM

Dr. Ann Fleming

Doctors Without Borders/ Médecins Sans Frontières

At St. Andrew's Presbyterian Church, O.S.

December 6, 2022 at 11:30 AM

Gather & Remember

Followed by Luncheon

At Legacy Ridge

January 10, 2023 at 10 AM

Zoom Presentation

Dr. Brian Taylor

"Housing Unplugged"

February 14, 2023 at 10 AM

Zoom Presentation

Celebrating Black History Month

March 14, 2023 at 2 PM

"Sharing the OSHaRE Vision"

At OSHaRE, OS

April 11, 2023 at 10 AM

Zoom Panel Presentation

"The Impact of COVID on Public Education"

May 9, 2023, 9AM – 5PM
“The Magical Mystery Tour”
Includes transportation, lunch – and surprises!

June 13, 2023, 11:30 AM
AGM & Luncheon
At Legacy Ridge

Programs/General Meeting times, dates and venues are subject to change

~ Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators



OWEN SOUND & AREA
WOMEN HELPING WOMEN



Let's Get Together Again
GENERAL MEETING & PROGRAM
TUESDAY, SEPTEMBER 13, 2022
7:00 P.M. AT THE REACH CENTRE
369 8th Street East, Owen Sound, ON
+ Bring a guest/spouse/friend/potential new member for this evening event.

GUEST SPEAKER: *Kee May Ip*
GB NEWCOMER AND IMMIGRANT WOMEN'S COLLECTIVE

Kee May Ip is the Development Facilitator and Co-founder of Grey Bruce Newcomer and Immigrant Women's Collective [<https://welcominggreybruce.ca/womenscollective>]. She will give us a brief overview of this important new community service and its mission to provide a safe space for newcomer and immigrant women in Grey-Bruce.



- Welcome & Update by Jennifer Miller, REACH
- Brief Business Meeting ~ Meet the CFUW Executive Committee and Interest Group Leaders
- Learn about exciting programs planned for 2022-2023
- Mix and mingle with friends old and new ~ Enjoy refreshments provided by REACH
- Buy your tickets for Ted Barris (\$20)
- Shop at the REACH Boutique (cash & debit).

www.cfuwomensound.com www.facebook.com/cfuwomensound



TED BARRIS

ESTEEMED HISTORIAN AND WRITER

will talk about his latest book,

The Battle of the Atlantic (Harper Collins, 2022)

TUESDAY, OCTOBER 4, 2022

7:00 P.M. AT THE BAYSHORE COMMUNITY CENTRE

1900 3RD AVE E, OWEN SOUND, ON | TICKETS: \$20

THE BATTLE OF THE ATLANTIC: GAUNTLET TO VICTORY

TED BARRIS has published nineteen books of non-fiction, half of them wartime histories. His most recent book, the story of Canada's naval awakening from the dark, bloody winters of 1939–1942, to be “ready, aye, ready” to challenge the U-boats and drive them to defeat, is a Canadian wartime saga for the ages. While Canadians think of the Great War battle of Vimy Ridge as the country's coming of age, it was the Battle of the Atlantic that proved Canada's gauntlet to victory and a nation-building milestone.



TICKETS: \$20

AVAILABLE AT BAYSHORE ARENA, GINGER PRESS, GREY GALLERY AND AT THE DOOR

Always a popular speaker and a favourite with Owen Sound audiences, this talk by Ted Barris promises to be another sell-out.

Thanks to The Ginger Press Book Shop copies of the book will be available to purchase (cash/debit/credit) and have personally autographed by the author.

~ A fundraiser for CFUW – Owen Sound & Area community outreach and education projects ~

www.cfuwowensound.com

www.facebook.com/cfuwowensound

INTEREST GROUPS

Please note, from our CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.

ART EXPLORERS GROUP

On **Friday, September 9th at 2:00 pm** we will be hosted by The Burris for an “Art and Garden” event at their home. They’re environmentalists, long-time art collectors and love to tell the stories about their acquisitions.

On **Thursday September 29 at 11:00 am** we will have a guided tour at The Tom Thomson Art Gallery of the exhibition "The Art of Authentication." Tom Thomson's work is often copied but presented as originals - yes, fake Tom's! Meet together at the gallery and learn about the five areas of investigation used to authenticate originality. See if you can identify the two fake paintings alleged to be Tom Thomson's work. *This event is open to all CFUW members even if you're not signed up for Art Explorers.*

~ *Cynthia Porter, Art Explorers Coordinator*

BOOK CLUB: Groups 1 & 2 – Usually meet the *4th Monday of the month at 1:30 p.m.*

Both Book Club groups are back into full reading mode and raring to go for another year of great books. We would love to have you join us for scintillating discussions, great camaraderie, and terrific treats. Please email: Meran Farmer meranjoan@gmail.com or Cynthia Lemon lemondalefarm@gmail.com if you are interested in joining a group. It looks like it will be a great reading year!

~ *Meran Farmer and Cynthia Lemon, Book Club Coordinators*

GAMES GROUP - *1st Friday of the month at 1:30 p.m. and 3rd Friday of the month at 7:00 p.m.*

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Games group meets monthly to play a variety of card and board games. We have an extensive library of over 100 games.



I promise I can find a game you like. Even if you think that you don't like games come watch and see what you think. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie. Our next meeting is on Oct. 7th.

~ *Trisha Hendrie, Games Group Coordinator*

INTEREST GROUPS, continued ...

HEALTHY LIFESTYLES

We want to plan some spectacular walks for September ... but need to discuss the best day and time so as not to conflict with other activities. If you know of a special trail or just a walk, please let me know and we'll try it out. We're open for any suggestions!

Please contact me at meranjoan@gmail.com to put your name on my list if you are interested in joining us.

~ Meran Farmer, Coordinator

TUESDAY ONLINE SOCIALS

Every Tuesday at 4:00 PM by Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Our Tuesday socials are just for chatting. Everyone is always welcome to drop in and out at anytime. There is no format. We talk about everything. The link for this group is sent to everyone each week. No need to sign up for anything.

~ Trisha Hendrie, Coordinator

WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m. via Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Women Who Wonder or WWW for short is an ONLINE ONLY interest group. The group provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. We watch two short videos that are generally around 15-20 minutes each. We send them out a week in advance. If you would like to join the WWW group to receive invites and updates please contact Trisha Hendrie. Our next meeting is on Sept. 14th and we will discuss the two videos below.

Max Tegmark: *How to get empowered, not overpowered, by AI*

Jeanette Winterson: *Is humanity smart enough to survive itself?*

~ Trisha Hendrie, Coordinator

YARN CLUB (Knitwits) 2nd Wednesday of the month

Our Knitwits group meets **monthly (the second Wednesday) starting at 1:30pm**. Until further notice all meetings are online. The zoom link is sent out a few days ahead to the Knitwits membership list. All yarn crafters (not just knitters) are welcome. If you would like to join, or have any questions, please e-mail me at: Shawna.macivor@gmail.com.

~ Shawna Macivor, Coordinator

OF INTEREST TO MEMBERS...

A book of stamps called "*Help for Ukraine*" can be purchased at the post office (\$11. plus tax. for 10 stamps). \$1 goes directly to the Canada-Ukraine Foundation to provide much needed financial assistance - and hope. I know \$1 is not much but when you multiply that with the number of people who buy stamps, it could add up.
~ Styn Furness

A few photos taken at The Jubilee Tea and Garden Party, August 9:



~ Watch for The Calendar of Events in the NEXT Newsletter ~