

President - Anne Seymour
Vice-President – Cynthia Lemon
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President – Ruth Henderson

CFUW – Owen Sound & Area, celebrating 30 + years... 1990 – 2023

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

PRESIDENT'S MESSAGE

Dear Colleagues:

Happy New Year!

Best wishes to all of you for good health, happiness and prosperity in 2023.

For the most part, we have been fortunate to enjoy the festive season in December. Yes, we had to survive a lockdown of sorts after the heavy snowfall for a few days, but most of us were still able to connect with friends and family.

January is the month that we celebrate new beginnings. I love the idea of starting fresh again by reflecting on the past year. What I have done, or what I should have done? What can I do in the future? I have so much to be thankful for and I am aware that others are not as fortunate.

Throughout this month, let us be mindful of our mission in CFUW: to improve the status of women, and to promote human rights, public education, social justice, and peace. Many of these issues require all of us to take on advocacy roles in order to achieve set goals.

CFUW encourages members to use their expertise to bring about change, with particular reference to our national priorities on violence against women and girls, Indigenous peoples' rights, early learning and child care, long-term care, and climate change.

Note link to CFUW resources: <https://cfuw.org/what-we-do/advocacy/cfuw-national-priorities/>

In our club, we are most fortunate to have an Advocacy team, who is working diligently to advance issues in Elder Care. In many communities, the rights of the elderly, especially women, need to be addressed. I am very proud of the legacy of advocacy that our club has established in many areas in the past. I expect our present work will support the rights of older women. Please contact Cynthia Lemon if interested in participating on this committee.

PRESIDENT'S MESSAGE, continued ...

Finally, my thanks to the Program Committee for providing awareness and education around the area of Long-Term Care and Aging in Place with our upcoming Zoom session on January 10th. We look forward to hearing from our speaker on innovative planning at the local level around this issue. I hope to see you all there.

Sincerely,
Anne

~ Anne Seymour, President, CFUW Owen Sound and Area

CFUW Land Acknowledgement

We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomi Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Neyaashiinigiing (Nawash) Unceded First Nation, together known as the Saugeen Ojibway Nation as the traditional keepers of this land.

EXECUTIVE MEETING HIGHLIGHTS

Members of our CFUW Executive meet on the first Tuesday of the month at 10:00 a.m. via Zoom. If you wish to make a presentation to the Executive, please contact President Anne Seymour.

Executive Meeting Highlights – January 3, 2023

The Executive began 2023 with a brief meeting owing to the hiatus of Club activity for much of December. Committees are gearing up for an active winter season, so watch, in this and upcoming newsletters, for more detailed information about their important work.

A working group consisting of President Anne Seymour, Vice-President Cynthia Lemon, Judi McIlroy and Trisha Hendrie has been struck to address the merging of the Social Media and Website Coordinator functions and to support the digital communications needs of the Club. Members willing to assist with hosting Club's Zoom sessions should contact Anne Seymour, or Cynthia Lemon, for further information.

~ Vivian McCaffrey, Secretary

EXECUTIVE COMMITTEES' REPORTS

ADVOCACY

The Advocacy Committee was on hiatus through the month of December, but we are raring to go as we move forward with our planning of an issue of particular importance to us. We will be meeting on January 12 via Zoom to discuss next steps. If you are interested in joining us, please contact Cynthia Lemon at lemondalefarm@gmail.com. New members are welcome!

~ Cynthia Lemon, Advocacy Committee Coordinator

EXECUTIVE COMMITTEES' REPORTS, continued ...

ARCHIVES

From the Desk of the Archivist...

For the past 30-plus years, our Club historians and archivists have collected Newsletters, Program Brochures, Annual Reports and files of Special Events. The Club's history has been well documented and shared with you before, particularly at our 10th and 20th Anniversaries. Our thanks go to Donna Phillips, Judy Thomson and Jan Middleton for keeping our history alive. It seems appropriate, in this monthly column, to share with you, especially newer members, some of the highlights of this treasure trove of information as we celebrate our 33rd year.

*Here is a glimpse into what our Club members have accomplished, and the dedicated women who have helped us grow and evolve... 30+ years later. **This month we focus on 2007 - 2008:***

Happy New Year everyone! I am ever optimistic that each year will be even better than the last. Let's hope I'm right! I am back on track now and digging again into the Club archives for interesting historical tidbits that might interest you.

Joan Bain was President in 2007 – 2008. We had 53 members. The Scholarship Chair, Jan Middleton reported that “7 Scholarships were awarded during the fiscal year (September 2006 to August 2007, for a total of \$2,900. Three Scholarships of \$600 each were awarded before the close of the fiscal years on August 31, 2008.

It was a great year in many ways, but especially due to the hard work and effort put forth by the Outreach Committee. It takes a year to effectively produce a special community Outreach event, and in early 2007, Terri Hope formed a group to manage an Outreach event featuring Maude Barlow, recognized author and then Chair of the Council of Canadians. The successful event was held at the Bayshore Arena on September 20, 2007 with over 200 people in attendance. With tickets sold at \$30.00, “This event generated a profit of \$3,200 of which \$1,700 was given to the Scholarship Fund, and \$1,500 was held in general funds for the purpose of providing seed money for future Outreach events. Ms Barlow's topic was “Global Warming and the Impact on the Great Lakes”.

In October 2007, under the leadership of Donna Elliott, our Club sponsored a special contest called “Three Wonders of Grey Bruce”. The premise of the contest was to choose, through the process of nominations, a place, building, or artifact with unique significance to Grey Bruce.

In January, 2008 the judges chose the most nominated entries --

The Women's Institute Cairn at Kemble, the Lake Huron Sunsets, and the Bruce Trail. The runners up were The Stained Glass Windows, Christ Anglican Church in Meaford; the Tom Thomson Art Gallery and Warton Willy. Our CFUW and members of the community really enjoyed this contest and certainly one outcome was the raising of the awareness and profile of our Club.

~ Meran Farmer, Archivist

Maude Barlow
author of
"Blue Covenant: The Global Water Crisis and the Fight for the Right to Water"
"Too Close for Comfort: Canada's Future within Fortress North America"
"Profit is not the Cure: A Citizen's Guide to Saving Medicare"

at the Bayshore Community Centre
7:00 p.m. • Thursday, September 20th

Lecture:
"Global Warming and the Impact on the Great Lakes"
Coffee Time with **BOOK SIGNING** to follow.

Tickets \$30.00 Available from:
The Downtown Bookstore, 945 2nd Ave. East, Owen Sound

Event hosted by:
Canadian Federation of University Women
Proceeds to their scholarship capital fund

Event sponsored by:
Georgian Bay Garden Club; Shanon Jolley, Bruce Grey, Owen Sound Candidate,
Green Party of Ontario; Kerry J. Lee, Lawyer and Mediator,
Glenna McChesland, Lawyer

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EXECUTIVE COMMITTEES' REPORTS, continued ...

PROGRAM

General Meetings are **usually** held on the 2nd Tuesday of the Month.

Our Program Committee is pleased that during this New Year we will be offering an exciting lineup of speakers for you.

Starting **January 10th at 10 AM on Zoom**, we have **Dr. Brian Taylor's** presentation, "**Housing Unplugged**", when he will be discussing aging in place. After Q & A, there will be a short business meeting to keep you up to date and informed about the business of our Club. **See the poster below for details.**



GENERAL MEETING & PROGRAM

TUESDAY, JANUARY 10, 2023
10:00 A.M. VIA ZOOM

HOUSING UNPLUGGED **GUEST SPEAKER: DR BRIAN TAYLOR**

Dr. Taylor will outline plans for renovating and rebuilding the Golden Dawn Senior Citizen Home in Lion's Head: "We want to make a true home-like environment, and avoid the Ministry of Long-Term Care's prescription for an 'institution' layout. We want to expand our centre into a community hub, where passers-by will want to come in to visit our residents, and maybe use the store, pharmacy, or day care. We intend to set up our own not-for-profit home care base, to provide comprehensive home care for the folks in North Bruce Peninsula and allow them to be "re-abled" and age in place. Of course, we will have to convince the MOHLTC that this is the right thing to do..."



- **Q and A**
- **Followed by General Meeting**
- **The zoom link will be sent to all members the day before**

www.cfuwowensound.com

www.facebook.com/cfuwowensound

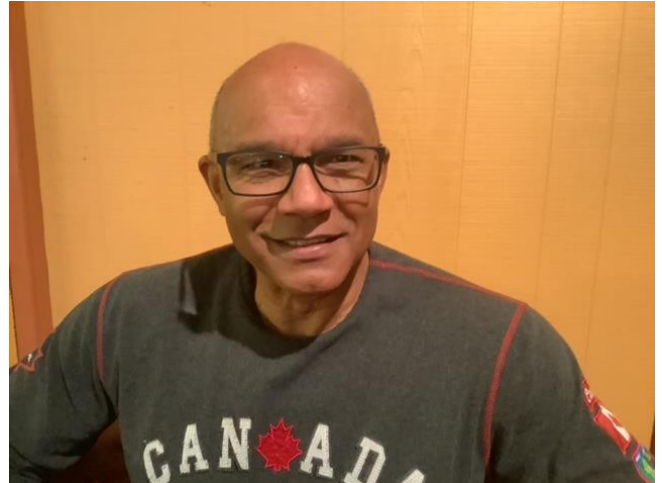
EXECUTIVE COMMITTEES' REPORTS, continued ...

PROGRAM, continued...

As February is Black History Month, we have invited **Blaine Courtney** to speak about “**growing up black in Grey County**” and the significance of Black History in this area. This will be really interesting and we hope that all of you will join us -- **in person -- at Grey Roots Museum on February 14th at 2 PM**. [Please note this time/venue is different from Brochure]. We are ever optimistic but if needed, there will be a snow date for this presentation.

March 14th will be another very important and meaningful meeting, **2 PM in person for a talk and tour at OSHaRE – “What we Have We Will Share”** - in downtown Owen Sound.

April's meeting will be a Zoom panel presentation with various knowledgeable individuals discussing “**The Impact of COVID on Public Education**”, **April 11 at 10 AM**



Blaine Courtney

Please refer to this and future monthly newsletters for updates and details for these programs. A big thanks goes to Judy Beth Armstrong and Shelley Jackson for the wonderful Program posters in the Newsletter. You should know that much work and effort goes into creating these posters.

Recently, two more members of our Club have volunteered to join us on the Program Committee, and we would like to sincerely welcome Sydney Misener and Pat McCoy. It's so important to have new and fresh ideas to plan our Club's programs and activities.

Happy New Year to you all from the Program Committee: Brenda Bergen, Styn Furness, Kathy Needham, Cynthia Lemon, Donna Phillips, Jan Chamberlain, Judy Beth Armstrong, Sydney Misener, Pat McCoy and Meran Farmer.

~ Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators

SOCIAL MEDIA & WEBSITE

CFUW Owen Sound website is currently under review. A committee has been struck to consider our path forward.

~ Judi McIlroy, Social Media & Website Committee

NEWSLETTER

This monthly Newsletter is emailed directly to members.

Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** armstrong.judybeth@gmail.com before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW - Owen Sound policy that:

- *items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that*
- *unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.*

~ Judy Beth Armstrong, Newsletter Coordinator

INTEREST GROUPS

Please note, from our CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.

ART EXPLORERS – by Zoom - second Friday of each month, beginning at 1:30 p.m.

Our intrepid Art Explorers leader, Cynthia Porter, will be spending the winter months in New Zealand catching up with family and friends. She has, however, generously prepared a list of interesting topics for Zoom sessions to keep us entertained and engaged during her absence. Loreen Cumming and Vivian McCaffrey will be co-hosting the Zoom sessions for January, February, and March.

The Zoom sessions will be scheduled for the **second Friday of each month, beginning at 1:30 p.m.**

The first Zoom lecture, **on January 13th**, will present a video on visual artist Mark Rothko and the murals he was commissioned to create for an upscale restaurant in New York, which became known as “The Seagram Murals.” The video explores why Rothko ultimately stepped back from the installation, returned the commission, and donated the nine large paintings to Britain where they permanently occupy a room at The Tate Modern in London.

Members who have signed up to Arts Explorers will receive a Zoom link a couple of days prior to each session. Other members are free to join and should confirm their interest with an email to Loreen Cumming.

~ Loreen Cumming and Vivian McCaffrey, Art Explorers interim Co-Coordinator

BOOK CLUB: Groups 1 & 2

Group # 1 met on December 12 at the home of Janet Barker. It was a delightful afternoon in Janet’s beautifully decorated festive home! Great drinks and treats were had by all. Members brought a book for the Christmas book exchange. A Christmas trivia game was held and won by Jane Hendrie. And we fit in a discussion about our latest book, *The Jane Austen Society* by author Natalie Jenner. It was a perfect way to spend a December afternoon! In January we will be meeting on January 23 to discuss *Selected Stories by Anton Chekhov*, translated by Richard Paver and Larissa Volonkhonsky. ~ *Cynthia Lemon*

Group # 2 Our December Book Club meeting was an informal Christmas get-together when we shared books, food and generally had a great time socializing. The New Year brings us around to reading Emma Donoghue’s newest novel, *Haven*. We will be meeting at Eleanor Huff’s home on January 23 at 1:30PM. ~ *Meran Farmer*

If you are interested in joining us in our marvellous reading and discussions, please contact Meran Farmer (meranjoan@gmail.com) or Cynthia Lemon (lemondalefarm@gmail.com) to sign up. We would welcome new members to our groups

~ Meran Farmer and Cynthia Lemon, Book Club Coordinators

INTEREST GROUPS, continued ...

GAMES GROUP - 1st Friday of the month at 1:30 PM and 3rd Friday of the month at 7:00 PM

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Games group meets monthly to play a variety of card and board games. We have an extensive library of over 100 games. I promise I can find a game you like. Even if you think that you don't like games come watch and see what you think. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie.

~ Trisha Hendrie, Games Group Coordinator

HEALTHY LIFESTYLES – Wednesdays at 1:00 PM

December turned out to be a month of challenges weather-wise for our weekly walks. Due to rain, snow or a combination of both we had to forego a couple of rail trail hikes. However, there wasn't a week that went by that we didn't walk somewhere be it at the Bayshore, Kelso or Harrison Park.

We walk Wednesdays at 1:00, and would appreciate your ideas of where you would like to walk or hike. Email: rosemaryemccann@gmail.com

Yours in walking,

~ Rosemary McCann and Janet Barker, Healthy Lifestyles Coordinators

TUESDAY ONLINE SOCIALS – Every Tuesday at 4:00 PM

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Our Tuesday socials are just for chatting. Everyone is always welcome to drop in and out at any time. There is no format. We talk about everything. The link for this group is sent to everyone each week. No need to sign up for anything.

~ Trisha Hendrie, Coordinator

WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 PM via Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Women Who Wonder or WWW for short is an ONLINE ONLY interest group. The group provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. We watch two short videos that are generally around 15-20 minutes each. We send them out a week in advance. If you would like to join the WWW group to receive invites and updates please contact Trisha Hendrie.

~ Trisha Hendrie, Coordinator

Back by popular demand ...

OPPORTUNITIES TO BE A COMMUNITY VOLUNTEER:

Last April we introduced this new “column” where **members are invited to send in suggestions for volunteer opportunities and involvement** with not-for-profit community organizations.

But here’s a “new” twist ... Shawna Macivor suggests ‘a column of ‘snippets’ at the end of the CFUW newsletter to talk about the public-minded efforts of the various members. I’d be surprised if the membership in general weren’t interested in the efforts that those amongst us are putting in to improving public life in our community. For example, so many work for BALL, Vivian McC chairs Sweetwater, Judy-Beth at the Roxy. Anne at the Reach Centre, Loreen at the hospice... and me (and Judy Beth) at NeighbourWoods North... and I’m sure that is only a quarter of the efforts that members make (outside CFUW itself). I’m thinking of very short (few sentences) items that those actively involved could submit. Failing that (my first preference), may be you consider a straight-out Climate column, - or even a ‘box’ - with ideas and suggestions. This is (after all) the biggest disaster of our time. To ignore it anywhere seems odd.”
~ Shawna Macivor

And from President, Anne Seymour ... “I think it is a great idea as I realize that many of our members are really involved in community work and it is really all about the fact that we have a tremendous group of women. It also helps keep on our radar, areas where we can contribute, volunteer, etc.” ~ Anne Seymour

There you have it! Rationale to continue/renew his column... So...

Please send your suggestions, by the first of each month, to me at: armstrong.judybeth@gmail.com. We will include **volunteer opportunities and involvement AND CLIMATE ISSUES** in future issues, as space allows and at the discretion of the editor. There is no pressure on any of our members to volunteer their time or to donate funds to these deserving organizations. We appreciate that each one of us supports our community in whatever way we wish and are able.
~ Judy Beth Armstrong

OSHaRE

Over the holidays, I had the privilege of volunteering at OSHaRE. There are many opportunities to share and participate in our local community and I know that many of you are very involved in local non-for-profits and different agencies. I started working at OSHaRE when we still served meals and were housed at the Harmony Centre. Prior to COVID, OSHaRE relocated to the former Salvation Army Thrift Store on 3rd Avenue East (next to Casero Kitchen Table). Then COVID hit and everything closed down in March 2020. Except OSHaRE. It stayed open, providing its service. It never closed; it just changed its format. It began to provide meals for those at Safe N Sound. Then it provided food support as far away as Markdale and Hanover. All with a staff of 3.5 and a few volunteers. The most remarkable thing to me as a volunteer was the sense of purpose and the resilience of the staff. But the biggest piece was the community response.

I give you this example to demonstrate what an amazing community we live in. Many of you have lived here for many years and are such an integral part of this place. You know the needs of this community and you have contributed for years in time and money to various groups. In this New Year, I want to highlight in my messages, areas where our members have contributed to outside organizations so members new to our community will know the needs and the opportunities that exist beyond our CFUW Club. ~ Anne Seymour

Bluewater Association for Lifelong Learning (BALL)



Are You Seeking a Rewarding Volunteer Experience? The [Bluewater Association for Lifelong Learning \(BALL\)](#) has an opening for a Promotions & Marketing Chair! The BALL Board (along with its various BALL committees) is a welcoming, supportive and innovative team.

Please consider volunteering for this interesting, creative role described on our website at www.bluewaterlearns.com. Much of the routine work can be completed remotely from the comfort of your home, and in collaboration with an outstanding graphic designer, Shelley Jackson and the BALL Program Planning Committee Chair extraordinaire, Carol Mair. The opportunity to promote an established and popular organization renowned for its inspiring, engaging and informative lectures is an easy and gratifying one! If interested, please email Ann Magner at the address provided in the CFUW directory. As always, I look forward to hearing from you! ~ Ann Magner

SAFE N SOUND

Join the fundraiser walk for Safe n Sound - 'Coldest Night of the Year' - on Saturday, February 25, 2023. Whether you actually walk or not, you can support this important fundraiser. Go to Safe n Sound website [<https://safesoundgreybruce.ca>] and click on the link for CNOY. That will take you to all the information. Hey, maybe our Healthy Lifestyles group can create a "team"!

~ Judy Beth Armstrong

NeighbourWoodsNorth always welcomes volunteers to help with tree-planting and watering, tending of gardens, and more. Stay in touch through the winter by signing up on the website. ~ Shawna Macivor

Owen Sound Little Theatre/The Roxy Theatre



If you love attending plays and other productions at The Roxy, consider volunteering as an usher, "Front of House", and you can pick and choose what shows you get to see (for free) and when. To qualify as an usher, you'll need to become an OSLT Member (just \$20. per year – which also gives you "front of the

line" ticket access to OSLT shows), and take the training provided. If you are interested in joining The Roxy Theatre's front of house team, please contact Volunteer Coordinator, Nancy Wardell at:

nancyw@roxytheatre.ca ~ Judy Beth Armstrong, OSLT Member and Newsletter Editor

Send YOUR "snippets" and suggestions for volunteer opportunities and involvement with not-for-profit community organizations to: armstrong.judybeth@gmail.com