

**President - Anne Seymour**  
**Vice-President – Cynthia Lemon**  
**Secretary - Vivian McCaffrey**  
**Treasurer - Styn Furness**  
**Past President – Ruth Henderson**

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**[CFUW – Owen Sound & Area](#), celebrating 30 + years... 1990 – 2022**

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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**PRESIDENT'S MESSAGE**

Dear CFUW Colleagues;

It’s hard to believe it is already October. We have been so lucky to enjoy more warm weather which is ideal for hiking and other outdoor activities. This time of year is my personal favourite. Warm sunny days and cool nights! Soon enough, the rains will begin and wintry weather won’t be far behind!

October is the month that we celebrate the harvest. I love the fresh produce and fruits we have enjoyed in late summer and early fall. I especially love apple season and love to celebrate with our local farmers! We have so much to be thankful for. At this time of year, we need to be mindful of good stewardship practices, especially of our land and water resources, as well as our local food producers to whom we owe a debt of gratitude for their hard work.

There are many opportunities to share and participate in our local community. [OSHaRE](#) recently conducted their fundraising walk in our community on September 23, 2022 This non-for-profit organization serves as a hub for our region, providing food for not only individuals in need, but many community organizations like [United Way Bruce Grey](#), [Salvation Army](#), and churches that support our most vulnerable citizens from Owen Sound to Flesherton to Hanover and into Bruce County. Please consider this organization with your support through volunteering and donations.

Another local organization Shawna Macivor and other CFUW members actively support through their participation is [NeighbourWoods North](#), which is organizing activities Saturday mornings throughout this October with tree planting and other supporting activities. A special event is planned for October 15th in the morning on the lawn of the Grey County Administration Building. Please offer time and financial support to this group who seek to maintain a healthy and protect our precious local environment.

## PRESIDENT'S MESSAGE, continued...

Throughout the months of September and October, there are many local activities and organizations that have benefitted from our members' involvement. I will mention only a few here as I know that there are many more...

A number of CFUW members assisted with the [SweetWater Music](#) Festival including Vivian McCaffrey, Chair of Board of Directors, and Cynthia Lemon, Director at Large. Anne Dondertman hosted works by [Stephen Hogbin](#), (local artisan and "most accomplished, skilled and celebrated woodworker" who passed away January, 2022) at the Grey Gallery throughout September into October 1, 2022.

A number of CFUW members recently participated at the September 30<sup>th</sup> Truth and Reconciliation ceremony at the Reconciliation Garden in order to continue to build understanding and relationships with our Indigenous community members. CFUW National published a thought-provoking piece by President Joy Hurst in its Oct 5<sup>th</sup> ["Reflections on Truth & Reconciliation"](#) newsletter.



September 30, 2022 at Nawash Park. Photo by JBA

Finally, a huge thank you to members of the Program Committee who organized and participated in the very successful Ted Barris event this past Tuesday, October 4. It was an activity that required a lot of coordination and promotion. Kudos to all those CFUW members who prepared and distributed posters, engaged in radio interviews, printed, distributed and sold tickets, and participated in the evening. On behalf of our entire CFUW club and the students who will benefit from this wonderful outreach and fundraising event, I offer my congratulations and thanks to all of the Program Committee members for their extraordinary work!

In conclusion, our CFUW club looks forward to the next few weeks with interesting educational opportunities for our members, as well as more local community events and CFUW interest group activities. Any member who is interested in participating in any of the CFUW interest groups or committees is encouraged to contact the coordinators involved.

Sincerely

Anne

~ Anne Seymour, *President, CFUW Owen Sound and Area*

### *CFUW Land Acknowledgement*

*We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomie Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Neyaashiinigmiing (Nawash) Unceded First Nation, together known as the Saugeen Ojibway Nation as the traditional keepers of this land.*

## **EXECUTIVE MEETING HIGHLIGHTS**

*Members of our CFUW Executive meet on the first Tuesday of the month at 10:15 a.m.  
If you wish to make a presentation to the Executive, please contact President Anne Seymour.*

### **Highlights for the October 4th, 2022 Executive Meeting**

The Executive held its October meeting once again at the Owen Sound and North Grey Union Public Library. Vice-President Cynthia Lemon assumed the role of chair in the absence of President Anne Seymour. On behalf of the president, Cynthia reported that the Club is still waiting for CFUW National to forward the balance owing on our Graduate Women International fee rebate. The delay may be the result of the recent changeover of the national organization's board of directors and the time needed for the new officers to get up to speed with outstanding issues. CFUW National is also in the process of surveying member clubs regarding a potential name change, so stay tuned for the results of that initiative.

As you'll see from the various reports in this newsletter, the Club is in a healthy financial situation given the stability of the membership and our members' generous support for our community projects. Based on the reports the Executive received from the various committees and coordinators, the Club is looking forward to a year of engaging programs and to the opportunity of increasing its community engagement and advocacy work.

An outcome of the Club's scholarship fund was a recent invitation to attend the opening of the Georgian College Owen Sound campus's new full four-year nursing program. Previously, nursing students would spend the first two years at the college and then move on to a university elsewhere in the province to complete their program. Vice-President Cynthia Lemon and former president Trisha Hendrie attended the event on behalf of the Club and were reportedly highly impressed by the state-of-the-art technology that is in place to support the program. The new program accepted 150 students. Ninety percent of the 900 applicants were from Grey, Bruce and Simcoe, which should bode well for local hiring once these students graduate. At a future meeting, the Executive will consider whether the Club will direct one of our scholarships to the nursing program.

*~ Vivian McCaffrey, Secretary*

## **EXECUTIVE COMMITTEES' REPORTS**

### **ADVOCACY**

It states on our CFUW Owen Sound and Area website that one of the things which we do as an organization is work to "improve the status of women, and to promote human rights, public education, social justice and peace. We are working to build an advocacy plan with action items that we can undertake in our area to support these goals. We do know that there is lots to do with lots of needs out there! If you are interested in joining us, please contact Cynthia Lemon at [lemondalefarm@gmail.com](mailto:lemondalefarm@gmail.com). Our first meeting will be Monday, October 17 at 10:00 A.M.

We look forward to hearing from you and your contributions to our Advocacy Committee!!

*~ Cynthia Lemon, Coordinator*

## EXECUTIVE COMMITTEES' REPORTS, continued...

### ARCHIVES

#### *From the Desk of the Archivist...*

I've heard from many of you that you are enjoying this stroll through the history of the Club. Throughout our Club's 32 years we have enjoyed listening and learning, promoting education, discussing, sharing, advocating, connecting with others in the community, giving to our Scholarship Program and, just having fun together. How lucky we are to belong to such a dynamic group of women.

I'm starting this month reviewing the year **2006 – 2007**. It seems like just yesterday!

**Terri Hope** became President in September 2006, Joan Bain was VP, Loreen Cumming, Secretary, Treasurer was Lynne Cox and Judy Thomson wrote the Newsletter. Brenda Bergen and Mim Cady headed the Program Committee. The Theme for the year was **"What Can We Do About It?"** Most of our meetings were held at St. Mary's Church Centre. As it was a Municipal Election year, we began with "Democracy in Action" with a panel of local candidates, Judy Gay, Shane Jolley and Ruth Lovell, incumbent Mayor for Owen Sound. The October meeting featured Peter Middleton who spoke about "Climate Change". In November, the topic was "Violence against Women" and this was a dinner meeting at Georgian College. A delightful Christmas evening program was held in December at the Butchart Estate Bed and Breakfast. At that meeting, our Regional Director presented our Club with an Achievement Award for having the highest Provincial increase in Membership... 55 Members! In January 2007 the topic was "Recruitment of Physicians to Grey Bruce". In February our guest speaker was Laura Robinson whose topic was "Generations of Hope – Creating a place where Native kids can fly". A donation of \$335 was given to Laura to assist with transportation in getting the kids to Cross Country Ski Competitions. In March, Ros Brooks spoke about "The State of Child Care in Ontario. "CFUW Resolutions" was the topic for April and the Annual General Meeting featured MaryAnne Alton.

All in all, it was a very productive and proactive year,

*"...writing letters in support of issues relating to family law and to banning the cosmetic use of pesticides in our community. We connected with the First Nations kids on the Cape Croker reserve by assisting Laura Robinson in her work. We volunteered to sit on one of the doctor recruitment committees, learned more about how the courts handle women offenders, heard about the problematic state of child care in Ontario, met with local politicians, learned more about Climate Change. In each case we thought about what we could do and made some proactive choices." ~ Terri Hope, President*

The Issues Group headed by Marg Cameron, was especially busy tackling topics such as Dangerous Toxins in Your Home; Packaging and Recycling; Mim Cady lead the discussion on Wind Power: Pros and Cons; and Judy Gay lead a discussion on Land Use and Regional Planning. The Outreach Committee, headed up by Donna Elliott, was working on bringing Maude Barlow, to Owen Sound in September 2007. We appreciate the incredible amount advocacy work that Terri Hope and her team did in 2006-2007.

In 2006, CFUW National made important changes to General eligibility criteria for membership. The new directive was to establish the "Associate Membership" in our Constitution. It meant that women without university degrees, but "who share common goals" may participate in CFUW activities. It was a positive move to extend membership to more women in our community.

*~ Meran Farmer, Archivist*

## EXECUTIVE COMMITTEES' REPORTS, continued...

### PROGRAM

General Meetings are **usually** held on the 2<sup>nd</sup> Tuesday of the Month.

#### **"Let's Get Together Again", September 13, 2022 at 7PM:**

We welcomed many returning and some new members at our first meeting of the new program year, with special guest Kee May Ip, GB Newcomer and Immigrant Women's Collective and an update and refreshments at REACH Centre, Owen Sound.



Marina and Kee May @ REACH. Photo by Ruth Henderson

#### **Ted Barris, Tuesday October 4<sup>th</sup> at 7 PM:**



Ted Barris spoke to a full house at The Bayshore, Oct 4. Photos by JBA

Esteemed historian and writer Ted Barris animatedly talked about this latest book, *"Battle of the Atlantic: Gauntlet to Victory"* to a packed house at the Bayshore Community Centre. This program was a very successful fundraiser, with proceeds of nearly \$1500. directed to our club's community outreach and education projects while profiling our Club in the community. The Program Committee is grateful to all who helped to make this such a success.



Ted Barris wrote to the Program Committee the following day: *"What a fantastic evening! The audience was pumped... You folks delivered a wonderful introduction and thank-you. I felt as if all the stars had aligned... I cannot thank you all enough for making me feel so comfortable and welcome... I really appreciate the effort from all of you to add plenty of sparkle to my talk."* ~ Ted Barris

#### **Wine & Cheese at The Roxy, Tuesday, November 8 at 2 PM: (poster with details, below)**

Another "pivot" in our programming... we are delighted that The Roxy Theatre will open its doors to us and offer a behind-the-scenes tour of the historic building, followed by wine (cash bar) and cheese in the lobby and a talk by OSLT/The Roxy Executive Director Marcia Cunningham and a brief business meeting. All are welcome. We will distribute our updated brochure at this time, *with the reminder that Programs/General Meeting times, dates and venues are subject to change.*

~ **Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators**



## GENERAL MEETING & PROGRAM

**TUESDAY, NOVEMBER 8, 2022**

**2:00 P.M. AT THE HISTORIC ROXY THEATRE**

251 9TH STREET EAST OWEN SOUND, ON

### BEHIND-THE-SCENES TOUR OF THEATRE, WINE & CHEESE IN LOBBY

- Welcome by Marcia Cunningham, Executive Director, OSLT/The Roxy
- Behind-the-scenes tour of the historic theatre building
- Sneak peek at the set for Beauty and the Beast
- Wine & Cheese in lobby, cash bar
- Brief business meeting
- Buy tickets at The Roxy Box Office

## EXECUTIVE COMMITTEES' REPORTS, continued...

### NEWSLETTER

This monthly Newsletter is posted on the [CFUW - Owen Sound & Area](#) website and emailed directly to members. Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** [armstrong.judybeth@gmail.com](mailto:armstrong.judybeth@gmail.com) before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

*Please note that it is CFUW - Owen Sound policy that:*

- *items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that*
- *unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.*

*~ Judy Beth Armstrong, Newsletter Coordinator*

### SOCIAL MEDIA COMMITTEE

We have had some awesome members who have been the core of our Social Media Committee over the last couple or three years. They would like to take a break from their work on this Committee, so we are looking for new recruits. If you are interested in learning more and helping to continue to build our social media profile please contact Anne Seymour, President, or Cynthia Lemon, Vice-President. We look forward to hearing from you. And you are needed!

*~ Cynthia Lemon, Vice-President*

### **INTEREST GROUPS**

***Please note, from our CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.***

### **GAMES GROUP - 1st Friday of the month at 1:30 PM and 3rd Friday of the month at 7:00 PM**

Coordinator: Trisha Hendrie [solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052

Games group meets monthly to play a variety of card and board games. We have an extensive library of over 100 games. I promise I can find a game you like. Even if you think that you don't like games come watch and see what you think. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie.

*~ Trisha Hendrie, Games Group Coordinator*

## INTEREST GROUPS, continued...

### ART EXPLORERS GROUP

On **Friday, September 9th at 2:00 PM** a group of delighted members were hosted by Tom and Edna Burri for an “Art and Garden” event at their home.



At the home of Tom and Edna Burri. Photos by JBA

On **Thursday September 29 at 11:00 AM** we had a guided tour by David Huff at The Tom Thomson Art Gallery of the fascinating exhibition "The Art of Authentication".

On **Thursday October 27 at 1:00 PM** at Upwards Studio, 975 2nd Avenue East, we will participate in an encaustic (hot wax) painting workshop. Yes, you will be an artist this time! Amelia Kraemer, artist and owner of Upwards Art Supplies and Studio [www.upwardsartstudio.com](http://www.upwardsartstudio.com) will be the amazing instructor for our group. *Absolutely no art-making experience of any kind is needed!* There is a maximum of ten people and the fee is \$35 per person which includes all materials. You will take home two 5 x 7 original paintings that would fit into a standard frame to give as gifts or hang in your home! Contact me if you are interested.

~ *Cynthia Porter, Art Explorers Coordinator*

### WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 PM via Zoom

Coordinator: Trisha Hendrie [solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052

Women Who Wonder or WWW for short is an ONLINE ONLY interest group. The group provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. We watch two short videos that are generally around 15-20 minutes each. We send them out a week in advance. If you would like to join the WWW group to receive invites and updates please contact Trisha Hendrie.

~ *Trisha Hendrie, Coordinator*



## INTEREST GROUPS, continued...

### BOOK CLUB: Groups 1 & 2

We have eased into fall, but we have leapt into our Book Club submissions! So far, the selected books have generated much discussion and debate. We hope you will consider joining us in our reading. Whether you choose to meet with us, or read on you own, we hope you will savour the books we have chosen for this year!

#### 2022-2023 Book Selections

Group 1 Selections	Group 2 Selections
<i>The Personal Librarian</i> By Marie Benedict and Victoria Christopher Murray	Your choice of a book by Thomson Highway
<i>Death of a Salesman</i> By Arthur Miller	<i>The Last Grand Duchess: A Novel of Olga Romanov, Imperial Russia, and Revolution</i> By Bryn Turnbull
<i>The Last Grand Duchess: A Novel of Olga Romanov, Imperial Russia, and Revolution</i> By Bryn Turnbull	Recent fiction in translation - Member choice
<i>The Jane Austen Society</i> By Natalie Jener	<i>Daughters of the Deer</i> By Danielle Daniel
<i>Selected Stories of Anton Chekov</i> Translated by Richard Paver and Larissa Volokhonsky	<i>Denial</i> By Beverly McLachlan
<i>The Remains of the Day</i> By Kazuo Ishiguro	<i>The Diamond Eye</i> By Kate Quinn
<i>Their Eyes Were Watching God</i> By Zora Neale Hurston	<i>Looking for Jane</i> By Heather Marshall
<i>Finding the Mother Tree: Discovering the Wisdom of the Forest</i> By Suzanne Simard	<i>Haven</i> By Emma Donoghue
<i>These Precious Days</i> By Anne Patchett	
<i>The Sense of An Ending</i> By Julian Barnes	

If you would like to join us, please email: Meran Farmer [meranjoan@gmail.com](mailto:meranjoan@gmail.com) or Cynthia Lemon [lemondalefarm@gmail.com](mailto:lemondalefarm@gmail.com). We would love to see you and would enjoy your participation in our discussions.

~ Meran Farmer and Cynthia Lemon, Book Club Coordinators

## INTEREST GROUPS, continued...

### GARDENERS

Dear Former CFUW Gardeners,

Mim Cady commissioned a piece of art for the Georgian Bay Garden Club's public garden, the Garden-on-the-Bay on the west side of the Harry Lumley Bayshore Community Centre. An unveiling, followed by refreshments, took place on Tuesday, October 4, 2022 at 2:30 PM.



*Photos by Ruth Henderson*

In addition to members of the Georgian Bay Garden Club, Mim asked that former members of the CFUW Gardeners Interest Group be invited too.

We hope that everyone will make the time to visit this beautiful new installation, with thanks to Mim Cady.

*~ Jan Middleton, CFUW Gardeners and Georgian Bay Garden Club*

### TUESDAY ONLINE SOCIALS: Every Tuesday at 4:00 PM by Zoom

Coordinator: Trisha Hendrie [solafyre@yahoo.com](mailto:solafyre@yahoo.com) 519-778-2052

Our Tuesday socials are just for chatting. Everyone is always welcome to drop in and out at anytime. There is no format. We talk about everything. The link for this group is sent to everyone each week. No need to sign up for anything.

*~ Trisha Hendrie, Coordinator*

## INTEREST GROUPS, continued ...

### HEALTHY LIFESTYLES

In September we enjoyed some glorious walks around our area.

Thank you to Donna Elliott for leading the group of 13 members, September 21<sup>st</sup>, on a very interesting and enjoyable walk from the Indigenous Reconciliation Garden north along a trail, and pointing out various way fair markers along the route to the Burial Grounds on 6<sup>th</sup> Ave. West.



*We gathered at the Reconciliation Garden, Nawash Park. Photo by JBA*



*Donna Elliot provided insight as we gathered at a marker near the burial ground. Photo by JBA*

Thank you to Roberta Cuthbertson for leading the group, September 28<sup>th</sup>, on a lovely woody trail just north of Ben Allen.

Through October, we will be meeting on Wednesday afternoons, the walks not yet organized but an email will be sent out. I would appreciate hearing from members in our group who would like to suggest and organize a walk. Our group is always welcoming new members who would be interested in joining us for a walk or hike. Please contact me: [meranjoan@gmail.com](mailto:meranjoan@gmail.com) to put your name on my list if you are interested in joining us.

*~ Meran Farmer, Coordinator*

### YARN CLUB (Knitwits)

Four of the seven members of CFUW Knitwits met recently to decide whether or not to carry on with this Interest Group. We talked about how it had been a useful online group during COVID, but with lower numbers now attending - and more CFUW interest Group options available - it was probably time to wind up this particular iteration of a knitting/ chatting group.

So, please accept this message as formal notice that Knitwits is being carried out of the OS & area chapter of CFUW in a flag-draped (I mean knitting-draped) coffin. We had a good run.

Of course, if there happens to be renewed interest in such a group at any point, and someone stepping up to lead, the door would be open.

*~ Shawna Macivor, Coordinator*

**OF INTEREST TO MEMBERS...**

**CFUW Ontario Council Speaker Series**

Please see the information below on the **CFUW Ontario Council Speaker Series and link to register.**

The registration link for October 15<sup>th</sup> is now posted on the OC website. You can direct members to register at [Speakers Series & Standing Committees' Workshops 2022-2023 | CFUW Ontario Council \(cfuwontcouncil.org\)](https://www.cfuwontcouncil.org/Speakers-Series-&Standing-Committees-Workshops-2022-2023).

**Theme: Education Beyond the School**

Sessions

Kendra Mullins on yoga and its uses in improving coping strategies, managing stress and self-regulation. Given that so many are having difficulty dealing with mental health issues, this session will give us insight into how yoga can help in nourishing body, mind, and spirit.

Claiming myself. A panel of young people will speak on the impact of identifying as LGBTQIA2S+.

Windreach Farms—Kelly Taylor, Volunteer and Operations Manager will speak on the wide variety of programs at Windreach such as Learning-4-Life and Community Participation Program. Windreach strives to enrich the lives of persons of all ages with disabilities and/or special needs.

Black York Region Youth

In 2020, teacher Vanessa Stoby and four youth founded BYR Youth as an organization striving to create positive change within York Region through advocacy, education and communication as youth to combat anti-black racism in all its forms. Vanessa will speak on the growth, pitfalls and successes.

**Debwewin Bimaadoon miikanaawan (Truth: Follow the Path)**

What follows after we learn a Truth? Join us for a day of learning and exploring the question of "What comes next?"

By the Reconciliation Garden Committee

Here's the link for more information and to register:

<https://www.eventbrite.ca/e/debwewin-bimaadoon-miikanaawan-truth-follow-the-path-tickets-430066960857>

*~ submitted by Donna Elliot*

## [NeighbourWoods North](#) ...

On Saturday October 15th, Grey County (with NeighbourWoods North) is launching the first phase of the transformation of their large property at one of the entrances to the city of Owen Sound. The event will consist of a short ceremony followed by the planting of a few small trees and shrubs.

Grey County folks and other volunteers will join the NeighbourWoods North gang about 9:30 a.m. at the corner of 9th Avenue and 6th Street East - on the property of the Grey County Administration Building. Parking is behind the building at the east end of 6th Street.

Before the planting starts, there will be an opportunity to find the **free coffee and doughnuts** table - and meet others who are passionate about bringing everyone into the climate change resilience era - questioning the custom of mowing large mono-turf lawns which do not feed biodiversity or improve the land's capacity to adapt to climate change.

There will also be a few tables set up for general information from groups such as NeighbourWoods North, the Owen Sound Field Naturalists, the Grey County Master Gardeners - and the City of Owen Sound who will provide a planting demonstration.

The ceremony will begin with a few words of encouragement from Grey County, the City of Owen Sound and our Indigenous neighbours for the vision that drives this planting.

Volunteer planters should wear planting clothes and rubber boots - and bring gloves, a shovel, and an empty bucket, if you have one. Best to give your own tools some kind of identifying marker so they don't get lost in the general pile. Young people are especially welcome.

Note that people are being encouraged to 'register in advance' through EventBrite:

<https://www.grey.ca/news/transform-lawn-community-tree-planting-celebrate-climate-action>

Grey County and [NeighbourWoods North](#) volunteers hope to see you at this fun, important and symbolic event. All are welcome.

NB - Rain Date is October 22, 2022.

*~ submitted by Shawna Macivor*

*~ Watch for The Calendar of Events in the NEXT Newsletter ~*