

President - Anne Seymour
Vice-President –
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President – Janet Glasspool

[CFUW – Owen Sound & Area](#), celebrating 30 + years... 1990 – 2022

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

PRESIDENT'S MESSAGE

Dear Members,

I am looking forward to our AGM next week and especially the presentation by Audrey Armstrong. I am hopeful that all members will join the meeting as we will hear not only great advice from our local naturalist on how we can support native species in our environment, but also to celebrate the accomplishments of many of our CFUW members.

At our recent Executive Committee meeting, we revisited our current COVID policy. We are still recommending that everyone continues to be vigilant, stay home if feeling unwell, wear a mask indoors as you wish, and wash your hands frequently. We still require that members be fully vaccinated. However, with the decrease in the COVID numbers and the updated advice from Public Health, we are now suggesting that activities be conducted in person wherever possible, preferably outside in small groups, but also indoors where members feel comfortable. We will re-evaluate later in the fall if advice from Public Health counsels us otherwise.

I also want to acknowledge my gratitude to members of the Social Media Committee, who have done extraordinary service to our Club over the past couple of years. Members include: Trisha Hendrie, Lynda Chiotti, Roberta Cuthbertson, Donna Phillips and Ruth Henderson. These women have enabled our various groups to continue to meet on Zoom over the pandemic, post photos and information on our website and Facebook, offer training to members, and also run a social networking opportunity every Tuesday afternoon at 4pm to keep members connected. It is a small, but mighty group of women, full of heart for this organization and without their contributions, we would be so much less. I am sure that you would all agree.

Finally, although many coordinators and committee chairs may opt to continue meetings through the summer, the Executive has decided to take a break from formal meetings until September. We recognize that this summer promises the opportunity to travel and to visit family and friends, which hasn't happened for the past two years.

PRESIDENT'S MESSAGE, CONTINUED ...

I hope that everyone enjoys CFUW opportunities and social events planned by the Program team, which will be offered through the summer, but also take advantage of the down time to rejuvenate.

I want to wish all of you a happy, healthy and relaxing summer season.

Sincerely

Anne

~ Anne Seymour, President, CFUW Owen Sound and Area

CFUW Land Acknowledgement

We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomi Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Nawash Unceded First Nation, now known as the Saugeen Ojibway Nation as the traditional keepers of this land.

EXECUTIVE MEETING HIGHLIGHTS

Members of our CFUW Executive meet via ZOOM on the first Tuesday of the month (except for July and August) at 10 a.m. If you wish to make a presentation to the Executive, please contact President Anne Seymour.

Highlights for the June 6, 2022 Executive Meeting

Much of this month's Executive meeting was devoted to finalizing financial documents for presentation to the Club's June 14th Annual General Meeting. The Executive accepted the Year-End financial report for 2021-2022 and participated in an extensive review of the proposed 2022-2023 Budget drafted by Roberta Cuthbertson and Styn Furness. Key factors in determining the Budget included adopting a realistic figure for the number of members we anticipate to have and the potential cost of holding program events in-person. As in previous years, budget lines are largely guided by the previous year's expenditures. The Executive is confident it has adopted a budget for presentation to the Annual General Meeting that is realistic and that supports the important work that membership fees facilitate.

The Club continues to place the health and safety of its members at the top of its concerns. As public health guidelines have evolved to allow for more in-person gatherings, President Anne Seymour led a discussion among Executive members about whether to amend the Club's COVID protocols. It was agreed the Club would continue with its planned outdoor events between July and early October and to revisit its COVID policies in the fall. The Club's vaccination policy remains in place and members are free to wear masks whenever they feel it makes sense to them. The June meeting was the final Executive meeting of our fiscal year. Executive meetings will resume in September. In the meantime, Executive members look forward to attending the wonderful summer social events planned by the Program Committee and to having a bit of hiatus in terms of fulfilling their Executive responsibilities.

~ Vivian McCaffrey, Secretary

EXECUTIVE COMMITTEES' REPORTS

NEWSLETTER

This monthly Newsletter *[on hiatus for July and August, with occasional "interim" mailings as required]* is posted on the [CFUW - Owen Sound & Area](#) website and emailed directly to members.

Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** armstrong.judybeth@gmail.com before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW - Owen Sound policy that:

- *items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that*
- *unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.*

~ Judy Beth Armstrong, Newsletter Coordinator

PROGRAM

*General Meetings are held **usually** on the 2nd Tuesday of the Month.*

We are grateful to members of our Social Media Committee who facilitate our zoom meetings and recorded some guest presentations.

On May 17th, we were so pleased to have once again, Francesca Dobbyn, Executive Director of the Bruce Grey United Way speak to us via Zoom. She gave us a most inspiring insight into the workings of our local United Way, with special emphasis on their new initiative to provide Supportive Outreach Services (SOS). This session was recorded and may be accessed at: https://www.youtube.com/watch?v=lu9g_HWhsqQ

Our **next meeting, the Annual General Meeting on June 14th at 10 a.m.** will be held on Zoom and will feature Audrey Armstrong speaking about Butterflies and Bees Habitat. Check out the poster, page 4 in this Newsletter.

Our Program Committee has been working diligently to arrange and organize an exciting Program for next few months and well into next year. While we are planning future meetings to be in person, we are always able to change direction and come up some great ideas that we think you'll enjoy on zoom if the need arises.

Mark your calendar for - and watch for details about ... a sunset get-together at Hibou Conservation Park on **July 12th** and our annual Picnic Tea Party at Styn's farm on **August 9th** – sure to be highlights of the summer. We would welcome you to bring a friend(s) and potential new member to our summer meetings.

We have the 2022 – 2023 program nearly finalized and are very excited to bring you a line-up that you won't want to miss. The brochure will be available in September.

We are so pleased to welcome Donna Phillips back to our committee and are happy to have interested members join us to suggest ideas, organize and plan meetings. Your Program Committee members are: Jan Chamberlain, Styn Furness, Judy Beth Armstrong, Donna Phillips, Kathy Needham, Meran Farmer and Brenda Bergen.

~ Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators



VIRTUAL PROGRAM & ANNUAL GENERAL MEETING

TUESDAY JUNE 14, 2022
10:00 A.M. - 12:00 P.M., VIA ZOOM

GUEST SPEAKER:

AUDREY ARMSTRONG, MONARCH BUTTERFLY ENTHUSIAST

Creating Habitat for Birds, Bees and Butterflies

AUDREY ARMSTRONG taught elementary school with the Bluewater Board of Education for 25 years, and was a presenter with the Monarch Teacher Network, leading workshops throughout Canada and the USA. Now, in retirement, she and her husband Willy Waterton enjoy exploring this wonderful natural world and sharing their knowledge with others. She says, *"sometimes listening to news about bird, bee and butterfly population decline due to chemical impact, land development and climate change makes us feel helpless! But we, as individuals, can help... by creating nature friendly habitat in our own urban or rural backyards, we really can make a difference!"* Don't miss Audrey's presentation on appreciating and creating habitat for birds, bees and butterflies.



Followed by our CFUW Owen Sound and Area **Annual General Meeting** when we elect the incoming executive and celebrate members' contributions. We look forward to your participation!

A day prior to the meeting, an invitation will be sent to all our members and guests with the Zoom link to access the meeting.

ARCHIVES

From the Desk of the Archivist...

We are so grateful to the women in our Club who have stepped up to volunteer their time to sit on the Executive, to co-ordinate various Interest Groups and the Newsletter, and to run the Website and lately, Zoom. As we go into another year with a new Executive, we look back into our Club's Archives.

We particularly thank those who have chosen to be Vice President, President and Past President. It's a busy job and a huge commitment for 3 years. So many Service clubs and volunteer groups have had challenges filling the top jobs, and understandably, for various reasons, not everyone is able to commit their time and energy to do these jobs that are so essential in order for a Club to operate and be viable. We've been lucky! Below is a list of our Club's Presidents. Many are still with us; sadly, some have passed and some have moved away, but I hope that you recognize some of them.

1990	Lyn Cunningham
1991 - 92	Aletha Seabrook
1992 - 93	Ernestine McKenna
1993 - 94	Ellen Crymble
1994 - 95	Judy Thomson
1995 - 96	Mariella Vigneux
1996 - 97	Catherine Brown
1997 - 98	Noreen Little
1998 - 99	Clair Lewis
1999 - 00	Judy Stobbe
2000 - 01	Sylvie Cioran
2001 - 02	Sylvie Cioran
2002 - 03	Donna Phillips
2003 - 04	Anne Kirkland
2004 - 05	Margaret Cameron
2005 - 06	Karen Levenick
2006 - 07	Terri Hope
2007 - 08	Joan Bain
2008 - 09	Chris Piekney
2009 - 10	Marianne Williams
2010 - 11	Donna Elliott
2011 - 12	Lynda Marshall
2012 - 13	Brenda Bergen
2013 - 14	Judy Gay
2014 - 15	Judy Gay
2015 - 16	Ruth Henderson
2016 - 17	Meran Farmer
2017 - 18	Meran Farmer
2018 - 19	Kerina Elliott
2019 - 20	Janet Glasspool
2020 - 21	Ann Magner
2021 - 22	Trisha Hendrie

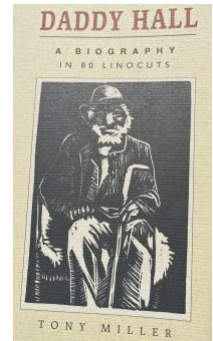
~ Meran Farmer, Archivist

INTEREST GROUPS

Please note, from our CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.

ART EXPLORERS GROUP

On May 26th, many of us enjoyed the interesting talk by Tony Miller about his paintings and linocuts on exhibit at Grey Gallery. His book, *Daddy Hall, a biography in 80 linocuts*, may be purchased there. Special thanks to Anne Dondertman for making us feel so welcome in Grey Gallery, and for the lovely refreshments she provided.



On **Friday June 17 at 10:30 a.m.** we will have a private tour at the Tom Thomson Art Gallery as I really want you to see and hear about these two amazing exhibitions: “excuse me while I touch the sky” by Rae Johnson and “365 days you will never know” by Sorouga Moll. Shannon Bingeman will be our guide.



Sign for Jean's studio

The annual downtown ArtWalk is on **Saturday June 25**. Anyone who is interested can meet me in the River District at Jean Francis Studio, [<https://jeanfrancisart.com>] 986 1st Avenue East, on the banks of the Sydenham River at **10:15 a.m.** We could also have coffee or lunch at one of the cafes afterwards.

We will take a break in July and August and resume on **September 9th** which I am working on and planning now.

~ *Cynthia Porter, Coordinator*

BOOK CLUB: Groups 1 & 2 – Usually meet the 4th Monday of the month at 1:30 p.m.

Groups 1 and 2 of our Book Clubs met on May 30 to discuss **The Storied Life of A. J. Fikry** by Gabrielle Zevin. This novel is set on an island, and in a bookstore. There was an excellent discussion regarding the unfolding of the story, the character development, the inclusion of short story and book references throughout the novel, and the “twist” that was included. No spoiler alerts here as you may choose to read the book yourselves! This was a lovely novel to read. Both Groups 1 and 2 much enjoyed this month’s selection.

Both Groups 1 and 2 will be meeting separately **June 27** to make book choices for next year. Groups 1 and 2 will be selecting different books, so lots of options will be available to share with all to read! We will be sure to share our reading lists with you!

As we now have 2 separate groups, we would like to encourage more members to join us. Please email: meranjoan@gmail.com or lemondalefarm@gmail.com

~ *Meran Farmer and Cynthia Lemon*

INTEREST GROUPS, continued...

GAMES GROUP - 1st Friday of the month at 1:30 p.m.

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Currently On Hiatus until August 5th, 2022.

When someone says "board games" to you, do you cringe thinking about monopoly or sorry? Well, we have news for you, those are not the games we'll be playing. Whether you are new to the board game revolution or obsessed with it, this is the game group for you! We love party games and euro games.

If you would like to join the Games interest group to receive invites and updates, please contact Trisha Hendrie.

~ *Trisha Hendrie, Coordinator*

HEALTHY LIFESTYLES

May turned out to be a good one for our weekly walks. They included a walk at Harrison Park, a walk at Stoney Orchard Park on the East Hill, and another around the Harbour. On June 1st we enjoyed a nice walk on the west side rail trail and on June 8th at the Grey Sauble Conservation Authority Headquarters on Inglis Falls Road.



Healthy Lifestyle walkers at GSCA HQ, June 8

We will keep our outings times on **Wednesday mornings, 10:30 a.m.**, as this seems to suit most of our participants. If you know of a special trail or just a walk, please let me know and we'll try it out. It would be really nice to do some hiking on our local Bruce Trails. We're open for any suggestions!

Please contact me at meranjoan@gmail.com to put your name on my list if you are interested in joining us.

~ *Meran Farmer, Coordinator*

WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 p.m. via Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

On Hiatus through July.

Women Who Wonder or WWW for short provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. If you would like to join the WWW group, and to receive invites and updates, please contact Trisha Hendrie [solafyre@yahoo.com 519-778-2052].

~ *Trisha Hendrie, Coordinator*

INTEREST GROUPS, continued...

YARN CLUB (Knitwits) 2nd Wednesday of the month

Our Knitwits group meets **monthly (the second Wednesday) starting at 1:30pm**. Until further notice all meetings are online. The zoom link is sent out a few days ahead to the Knitwits membership list.

All yarn crafters (not just knitters) are welcome. If you would like to join, or have any questions, please e-mail me at: Shawna.macivor@gmail.com.

~ Shawna Macivor, Coordinator

OF INTEREST TO MEMBERS



Niwii-niigaanizimin ji-oshki-giizhig
Leading the Way to a New Day

Tuesday June 21st at 5:30AM
Please join us for a Sunrise Ceremony at the
Gitche Namewikwedong Reconciliation Garden
in recognition of National Aboriginal Peoples Day

OPPORTUNITIES TO BE A COMMUNITY VOLUNTEER:

In April we introduced this new “column” where **members are invited to send in suggestions for volunteer opportunities** with not-for-profit community organizations. Please send your suggestions, by the first of each month, to me at: armstrong.judybeth@gmail.com. We will include volunteer opportunities in future issues as space allows and at the discretion of the editor. There is no pressure on any of our members to volunteer their time or to donate funds to these deserving organizations. We appreciate that each one of us supports our community in whatever way we wish and are able. ~ Judy Beth Armstrong

NeighbourWoodsNorth always welcomes volunteers to help with tree-planting and watering, tending of gardens, and more. Visit the website in the embedded link, above, for more information. ~ *Shawna Macivor*

Owen Sound Field Naturalists is a wonderful group to join. I am also a member and some of our CFUW members may also be involved, or wish to be. They run indoor programs monthly on the 2nd Thursday of the month at 7p.m. and also run many hikes. Cost of membership is very reasonable. ~ *Anne Seymour*

Owen Sound Little Theatre/The Roxy Theatre



If you love attending plays and other productions at The Roxy, consider volunteering as an usher, “Front of House”, and you can pick and choose what shows you get to see (for free) and when. To qualify as an usher, you’ll need to become an OSLT Member (just \$20. per year – which also gives you “front of the line” ticket access to OSLT shows),

and take the training provided. If you are interested in joining The Roxy Theatre’s front of house team, please contact Front of House Coordinator, Tiffany McMillan at tiffanym@roxytheatre.ca. ~ *Judy Beth Armstrong, OSLT Member and Newsletter Editor*

Owen Sound Waste Watchers – volunteers are always welcome to join! [Visit: oswastewatchers.ca](http://oswastewatchers.ca)

REACH Centre Grey Bruce is looking for a few volunteers to help with their Sensitivity Garden. If you are interested in supporting a green initiative at the REACH Centre through the growing season, please contact Anne Dondertman, Jan Chamberlain, or Anne Seymour so that we can create a duty roster of CFUW volunteers for this season. ~ *Anne Seymour*

Summerfolk 47 Click the embedded link to learn about how to get involved in our very own local music and crafts festival, August 19 – 21, 2022. Volunteers are always welcome! ~ *Judy Beth Armstrong, founding member and Past President of The Georgian Bay Folk Society.*

SweetWater Music Festival Looking for Volunteers: The SweetWater Music Festival, September 15 - 18, 2022 in the Owen Sound and Meaford area, is celebrating its 19th year of bringing nationally and internationally acclaimed musicians to our local area through a series of both ticketed and free community concerts. Like all cultural events, the success of the SweetWater festival depends on the support it receives from local volunteers. The festival is looking for volunteers to assist with the setup and dismantling of outdoor events, taking tickets and welcoming audience members to the performances, and setting up catered meals for musicians during rehearsals. If you have a few hours to give to support a wonderful community event, please contact the SweetWater festival manager at: sweetwatermusicfestival@gmail.com ~ *Vivian McCaffrey, Chair of the Board, SweetWater Music Festival*

CFUW – OWEN SOUND
CALENDAR OF CLUB EVENTS AND ACTIVITIES

print this page to keep by your calendar

JUNE 2022

1 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

2 – PROVINCIAL ELECTION

7 - Executive Meeting, 10 a.m. Virtual meeting by Zoom

7 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

8 - Deadline for submissions to June Newsletter. Email to Judy Beth Armstrong.

8 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

8 - Knit Wits, 1:30 p.m. Contact Shawna Macivor

8 – Women Who Wonder, 7 p.m. Contact Trisha Hendrie

10 – Zoom 101, Part 2: training session. In person @ 1:00 p.m. Contact Trisha Hendrie

14 – ANNUAL GENERAL MEETING & PROGRAM by Zoom at 10 a.m. Guest speaker Audrey Armstrong will inspire us to appreciate Habitat for Birds, Bees and Butterflies, with Q & A. Annual General Meeting to follow. Virtual meeting by Zoom. Link will be emailed to all members the day before.

14 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

15 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

17 - Art Explorers, 10:30 a.m. In person at Tom Thomson Art Gallery. Contact Cynthia Porter.

21- Sunrise Ceremony, 5:30 A.M. (For details, see poster on page 8.)

21 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

22 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

22 - Women Who Wonder, 7 p.m. Contact Trisha Hendrie

25 – Art Explorers – ArtWalk, 10:15 at Jean Francis Studio. Contact Cynthia Porter.

27 - Book Club, Groups 1 & 2, 1:30 p.m. Contact Meran Farmer or Cynthia Lemon

28 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

29 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

JULY 2022

5 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

6 – Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

12 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

12 – Sunset at Hibou ... watch for details

13 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

13 - Knit Wits, 1:30 p.m. Contact Shawna Macivor

19 – Executive & Program Committees – In-person Meeting, 11 a.m.

19 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

20 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

26 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

27 - Healthy Lifestyles, 10:30 a.m. Contact Meran Farmer

AUGUST 2022

2 - Tuesday Coffee Hour – 4 – 5 p.m. Virtual meeting by Zoom. Contact Trisha Hendrie

5 - Games Group, 1:30 p.m. Contact Trisha Hendrie

9 – Queen’s Jubilee Tea Party, 2:00 p.m. Rain or Shine. At the home & garden of Styn Furness...watch for details.

~ Watch for more activities and events in the NEXT Newsletter ~