

## CFUW Owen Sound and Area Newsletter

**JUNE 2023** 

"The power of women working together"

President - Anne Seymour Vice-President - Cynthia Lemon Secretary - Vivian McCaffrey Treasurer - Styn Furness Past President - Ruth Henderson

CFUW - Owen Sound & Area, celebrating 30 + years... 1990 - 2023

CFUW: 'Women Helping Women'

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

### **PRESIDENT'S MESSAGE**

### Dear Colleagues;

Finally, it's June! This is my last message to the club in my role of President. As I have reviewed the past year, I feel we have made many accomplishments based on the work of some exceptional members. Our first step forward as a club occurred last year as we became an opt out club and finally in the fall, received the remainder of the payment owed to us. This was a great step forward for our club and resulted from the steady efforts of a number of key individuals from former Presidents, Ann Magner and Trisha Hendrie, to members of our Executive team.

Over the past year, Kathy Needham has finally completed the move of our Education Fund from its previous status to a more inclusive and ONCA compliant model, which has been approved by the CRA. This new revised version enables the club to continue its great work supporting scholarships and the Scientists in the School programming, but the change also enables our club to support other educational opportunities within our community.

The past year saw Outreach by our CFUW club with working through the summer months at the Reach Centre to water plants and flowers in the garden with a number of volunteers. As well, members of our Program team sponsored another successful Ted Barris community event in October that raised significant funds for our Club. Finally, this past February, our CFUW club also participated in the Coldest Night of the Year event and raised over \$3000 for Safe 'n Sound to provide shelter, food security and mental health support for marginalized members of our community.

As I previously shared, we shall soon have a new website for our Owen Sound and Area CFUW Club. This promises to be a much more user-friendly website and through the incredible efforts of Trisha Hendrie, our new website will soon be published on the web. We are so thankful that we have someone, like Trisha, with the skill and dedication to make this new website possible. I look forward to seeing our members submit articles and photos that will help create a dynamic and current representation of our club to others in the community.

### PRESIDENT'S MESSAGE, continued ...

I want to acknowledge the incredible work done by Judy Beth Armstrong in the monthly production of our newsletter. Thank you to all the contributors, who write articles and submit photos, but a very special thanks to our chief editor. Our newsletter is exceptional and contains not only news of our club, but also highlights community events, which is important for members, who like myself, are new to our area.

We were saddened to learn of the recent death of long-time CFUW member **Anne Kirkland**. Though Anne had not been a member in recent years, she served as our Club's President for 2003-2004 and in many other roles. On behalf of our club, Ruth Henderson hand-delivered a sympathy card to her husband Graeme. Photos and members' remembrances are included in this newsletter.

As we move through June, I want to make sure that everyone marks the date of **Tuesday**, **June 13th at Legacy Ridge for our AGM**. We begin with a business meeting beginning promptly at 11:30 a.m., followed by a luncheon and entertainment. Many thanks to the Program team for organizing this event. I look forward to seeing you all there. Our AGM report has already been emailed to all Club Members. Please contact Vivian McCaffrey, our CFUW Secretary, with any queries.

We are privileged to have so many talented and involved members in our Club and to all of you, I wish a very safe and enjoyable summer holiday.

Sincerely, Anne

~ Anne Seymour, President, CFUW Owen Sound and Area

Members may wish to check the following links for information on our provincial and national clubs:

Ontario Council AGM Report: May 13, 2023

https://cfuwontcouncil.org/wp-content/uploads/2023/04/AGM-2023-Annual-Report-Booklet.pdf

CFUW National AGM July 7-9, 2023

https://mailchi.mp/cfuw-fcfdu.ca/club-action-newsletter-april-964421?e=07b70a018c

### **CFUW Land Acknowledgement**

We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomi Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Nawash Unceded First Nation, now known as the Saugeen Ojibway Nation as the traditional keepers of this land.

### **EXECUTIVE MEETING HIGHLIGHTS – JUNE 6, 2023**

Members of our CFUW Executive meet in person on the first Tuesday of the month at 10:15 a.m. at the Owen Sound and North Grey Union Public Library. If you wish to make a presentation to the Executive, please contact Club Secretary Vivian McCaffrey.

The Executive continues to strive to keep the Club operations current and effective. At our June meeting, at the Owen Sound and North Grey Union Public Library, Club member Trisha Hendrie presented a detailed overview of the new Club website that will be launched shortly. The new site is a considerable improvement over the previous one. Trisha demonstrated how comprehensive information about Club activities and operations on the site is easy to navigate. The site is made particularly attractive with an effective use of photos. The new platform is also one that will be completely managed by the Club's Social Media Committee, which is a great step forward. Executive members applauded Trisha for her extensive work on the new site and thanked her for the significant contribution to the Club's operations.

This is the time of year for annual general meetings. President Anne Seymour reported on the Ontario Council's AGM, including the Council's focus on advocacy work and its appeal to regional clubs to collaborate and consolidate their respective advocacy initiatives within the region. Anne and Vice-President Cynthia Lemon reported on the upcoming CFUW National AGM and how members can participate. And the Executive reviewed plans for the Club's June 13<sup>th</sup> AGM at the Legacy Ridge Golf Club. The meeting will provide a great opportunity to catch up with each other and to reflect on a successful and eventful year. We're looking forward to seeing you there!

~ Vivian McCaffrey, Secretary

### **EXECUTIVE COMMITTEES' REPORTS**

### **ADVOCACY**

The Advocacy Committee continues to meet monthly to flesh out our three-year plan and to work on the goals that we have set for ourselves and CFUW OS and Area. We hope to achieve the following:

- -support our membership in understanding the concept of ageing in the right place;
- -outline the steps and supports needed for ageing in the right place;
- -develop a position policy for CFUW National and submit a corresponding resolution;
- -identify and work with community partners focused on the same goal;
- -influence municipal and provincial policy to ensure the necessary supports for ageing in the right place are available; and
- -hold a public forum with community partners on ageing in the right place.

If you would like to join us in these endeavours, please contact me at <a href="lemondalefarm@gmail.com">lemondalefarm@gmail.com</a>. We would love to have you working with us! Meetings are currently via Zoom and are the third Monday afternoon every month.

~ Cynthia Lemon, Advocacy Committee Coordinator

### **EXECUTIVE COMMITTEES' REPORTS, continued ...**

### **ARCHIVES**

For the past 30-plus years, our Club historians and archivists have collected Newsletters, Program Brochures, Annual Reports and files of Special Events. The Club's history has been well documented and shared with you before, particularly at our 10<sup>th</sup> and 20<sup>th</sup> Anniversaries. Our thanks go to Donna Phillips, Judy Thomson and Jan Middleton for keeping our history alive. It seems appropriate, in this monthly column, to share with you, especially newer members, some of the highlights of this treasure trove of information as we celebrate our 33<sup>rd</sup> year. Here is a glimpse into what our Club members have accomplished, and the dedicated women who have helped us grow and evolve... 30+ years later. **This month we focus on 2011 – 2012.** 

### From the Desk of the Archivist...

As we come to the close of our club's year, 2022 – 2023, I have another year from the archives to review: **2011 – 2012.** For some of us, it will seem like just yesterday.

Lynda Marshall was President; Brenda Bergen, Vice; Meran Farmer, Secretary; Judy Keeling, Program; Chris Piekney and Trish Searle, Treasurers. We had 62 members and were meeting at St. Andrew's Presbyterian Church. Among other new members, Ellen Lewis, Sydney Misener and Sandra Shantz joined that year.

- Jan Middleton reported that we were able, for the first time, to award three \$1000 Scholarships.
- In the late fall of 2011, we suddenly lost a dear member to cancer, our Treasurer, Chris Piekney. Memories of her last on, as she was a beautiful person inside and out. Norah Egener and Marie Vaughn, two founding members, also passed away that year.
- The final touches were put on the new Policy document and it was adopted.
- The year's Program began with 48 people at our opening gathering at the Tannery Seniors Centre. It was obvious we needed more room, so a move was made to St. Andrew's where we stayed for a number of years. Highlights of the Program year included: The Hundred Mile Harvest, (local producers provided local bread and delicious soups for our meeting). In November, we heard from the City Manager. Pat Cavan showed slides from her experiences in Haiti. Our December meeting was particularly memorable, when our dear June Surgey talked about her experiences growing up in the Royal York Hotel and cooking her first turkey dinner... she was hilarious! That Christmas, we raised \$300 at our Silent Auction. In January, we had another Lunch and Learn at the Bayshore. Thanks to Judy Keeling and the Program Committee, approximately 85 people enjoyed a lovely Turkey Casserole lunch, with Richard Thomas speaking to us about the history of Harrison Park. This event raised \$700 for our Club. Maybe, we should do that again! February 14<sup>th</sup>, Judy Thomson gave a fascinating presentation at the TOM and spoke about the history of the Tom Thomson Art Gallery. We celebrated Valentine's Day with chocolate desserts and cheesecakes for that event. In March, we learned all about tea ... there's much to be learned, from proper brewing, steeping and a myriad of different teas from around the world. Added to the tea, were scones and special cakes. We sure love our food and desserts coupled with learning! Our May meeting was an Outreach event, held at the Bayshore and open to the public. Sally Armstrong, journalist, author and documentary filmmaker spoke to over 200 attendees of her experiences in Afghanistan. We collected \$550 for her charity: "Canadian Women for Women in Afghanistan". We also managed to raise \$900 for our Club and Scholarships. On May 30th, thanks to Jan Chamberlain, we thoroughly enjoyed our Magical Mystery Bus Tour, which took 48 people around the Grey Bruce Area, touring a wool mill, local cheese factory & store in Mildmay, the Carrick Winery, lunch at Harley's Pub, and a tour of the Walkerton Water research plant. What a day that was! Our AGM was a fun Pot Luck at the Community Hall at Harrison Park... a grand finale to a fun-packed year.
- The Interest Groups all had terrific programs to offer the Members. Gardeners Group had 2 field trips: Keppel Croft and Dornoch to visit beautiful perennial gardens. They also enjoyed having Pot Luck lunch meetings.
- Healthy Lifestyles group held 8 meetings when they participated in one hour of walking and hiking as well as snowshoeing at various trails in the area.

### **EXECUTIVE COMMITTEES' REPORTS, continued ...**

### **ARCHIVES, continued ...**

• Issues Group members were busy researching, and discussing stimulating topics such as New Reproductive Technologies, ON Works and Melancthon Quarry. They also did advocacy work by writing letters to all levels of government. The need for a local Hospice was becoming a reality and our Issues group was making strides in helping to raise funds for that. At the AGM, the Club voted that the \$300 raised at the Christmas silent auction be given to the Hospice Fund.



Left: Donna Elliott & Lynda Marshall, Jan 2011



Above: Lunch & Learn at the Bayshore, Feb 2011

All in all, it was delicious and wonderful year!

Have a great summer.

~ Meran Farmer, Archivist

### **EDUCATION**

Two of our awards will be given out this month. Both St. Mary's and Peninsula Shores have their graduations on June 29<sup>th</sup> this year. We will be represented by Meran Farmer and Anne Seymour at these ceremonies. Many thanks to them both.

I am looking forward to seeing many of you at the CFUW Owen Sound Scholarship Fund AGM June 13<sup>th</sup> at Legacy Ridge. This will take place in conjunction with the chapter's AGM. All active members of the club are members of the Scholarship Fund. The slate of incoming trustees of the club are:

Chair: Kathy Needham
Secretary: Trisha Hendrie
Treasurer: Roberta Cuthbertson
Awards Chair: Meran Farmer

If anyone would like to put their name forward as vice chair, please get in touch with me in the next few days.

~ Kathy Needham, Education Committee Coordinator

### **NEWSLETTER**

This monthly Newsletter is emailed directly to members and is also posted to the website. Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** <u>armstrong.judybeth@gmail.com</u> before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW - Owen Sound & Area policy that:

- items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that
- unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.

~ Judy Beth Armstrong, Newsletter Coordinator

### **PROGRAM**

General Meetings are **usually** held on the  $2^{nd}$  Tuesday of the Month.

On TUESDAY, MAY 9<sup>th</sup> at 9 AM we took off with about 40 happy women on our very own "Magical Mystery Bus Tour" which checked all our boxes... discovering interesting nearby places, learning something new and retail therapy! Everyone thoroughly enjoyed the trip and some said they'd be happy to do this again in the Fall! Much thanks to Jan Chamberlain and Styn Furness for all the hard work put into this great adventure. photos

TUESDAY, JUNE 13: ANNUAL GENERAL MEETINGS and luncheon at Legacy Ridge. This promises to be a time of fun and fellowship! ALL MEMBERS ARE ENCOURAGED TO ATTEND... AND BRING A FRIEND. No need to RSVP.

Business meetings (AGM for CFUW OS Scholarship Fund AND AGM for CFUW-OS & Area) begin sharp at 11:30! Followed by ... Mix and mingle social time (cash bar); Lunch (specialty grilled cheese sandwich, salad & custom dessert crepes): \$20. Please pay at the door. (Any dietary concerns? Email me ASAP); Musical entertainment by Blue Sky Day (aka The Brian Taylor Band). The poster, below, includes details. In advance of the AGM, be sure to read the many excellent reports included in the AGM package which was recently emailed to all members by Secretary Vivian McCaffrey.

**TUESDAY, AUGUST 8 at 11:30 AM: Fun, friendship, fellowship and fabulous food (pot-luck lunch)** at the home of Styn Furness, celebrating "50 years on the farm!". Save the date! Watch for details.

~ Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators

### **SOCIAL MEDIA & WEBSITE**

Watch for the special announcement... coming soon ... about the new and improved website.

Best thanks to Social Media Committee (SMC) members Judi McIlroy, Trisha Hendrie, Anne Seymour, Cynthia Lemon.

~ Judi McIlroy, Social Media & Website Committee



## OWEN SOUND & AREA WOMEN HELPING WOMEN



## ANNUAL GENERAL MEETING

# & LUNCHEON & ENTERTAINMENT - IN PERSON!

### **TUESDAY JUNE 13, 2023**

11:30 A.M. at LEGACY RIDGE GOLF CLUB DINING ROOM 318494 Grey Road 1, Owen Sound, ON N4K 5N4

Our first IN-PERSON AGM in years, this promises to be a time of fun and fellowship.

- Arrival: 11:30 A.M.
- Business meeting and election of officers
- Mix & mingle (cash bar available)
- Lunch specialty sandwich, salad & dessert crepe (\$20. at the door)
- Entertainment by the Brian Taylor Band
- Bring a friend
- No need to RSVP

www.cfuwowensound.com

www.facebook.com/cfuwowensound

### A SPECIAL INVITATION

The Grey County Historical Society invites all CFUW members and their spouses/partners/friends to attend this upcoming meeting.

The Grey County Historical Society will be meeting at Greenwood Cemetery at Potter's Field (located at the south back corner) on Wednesday, June 21 at 1:30 PM. Aly Boltman, who has researched and guided many tours of Greenwood Cemetery and spearheaded the local initiative to erect the Potter's Field Memorial monument, will be the guest speaker. *Meet at the Potter's Field monument and bring your lawn chair.* 



Greenwood Cemetery in Owen Sound, Ontario, is home to a Potter's Field where at least 1242 vulnerable people from our community lay in their final resting place completely unidentified, without any visible marker to note a life lived or an individual's story. Hundreds of newborns/stillborn/toddlers, orphans, seniors, the working poor, the homeless and hundreds of members of Owen Sound's black community including those who escaped on the Underground Railroad and their descendants.

Potter's Field (also known as the "Indigent Lot") became operational in 1860 and was in use for more than 100 years. The definition of Indigent is "suffering from extreme poverty."

The Potter's Field Memorial monument was unveiled at Greenwood Cemetery in May 2021

### **INTEREST GROUPS**

Please note, from our <u>CFUW By-Laws</u>, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.

### **ART EXPLORERS**

The annual downtown Artwalk is a summer highlight for Art Explorers. On Saturday, June 24 at 10:30 we will meet and enjoy the art in studios and galleries and watch "plein air" painters at work hopefully on a sunny day!



Our meeting place will be at The Warehouse Studios (3rd floor) 1190 2nd Avenue East (North of Metro) at wildlife artist Sarah McComb-Turbitt's studio; then we'll drive to Billie Bridgman's Studio, 748 2nd Avenue East (the block south of City Hall) and from there we can walk the River District and downtown core. We could also enjoy coffee or lunch at The Frog Ponds Cafe or the Farmer's Market where culinary artist chefs will be selling international takeout foods.

No need to reply, just come and enjoy a fun time.

~ Cynthia Porter, Art Explorers Co-Coordinator

### **INTEREST GROUPS**, continued ...

### **BOOK CLUB: Groups 1 & 2**

If you are interested in joining us in our marvellous reading and discussions, please contact Meran Farmer (meranjoan@gmail.com) or Cynthia Lemon (lemondalefarm@gmail.com) to sign up. We would welcome new members to our Book Club groups

~ Meran Farmer and Cynthia Lemon, Book Club Coordinators

**Group # 1** met on Monday, May 29th at the home of Shawna Macivor. We had a lovely outside session discussing the essays of Ann Patchett in *These Precious Days*. Great discussion, lovely treats, and a beautiful day. It does not get much better than that! At our next meeting we will choosing our selections for the 2023-2024 reading year.

~ Cynthia Lemon

**Group # 2** was hosted by Donna Phillips in May when we reviewed and discussed *Daughters of the Deer* by Danielle Daniel, a worthwhile read. In June, our meeting will be selecting the books we wish to review and discuss starting in August. We would be happy to have members join us in August to discuss all the interesting books we've read over the summer.

Happy summer reading!

~ Meran Farmer

### **HEALTHY LIFESTYLES** – Wednesdays

We have been scouting out our local walking and hiking trails aiming for approximately an hour each walk or hike. We have been meeting weekly at 1:00 PM but will adjust the time to 10:30 AM in the hot summer weather. Directions for the meeting place are sent out prior to the outing.

Recent hikes included one to the former Sydenham Township to see a trillium filled forest led by Judy Beth, and one at Cobble Beach to enjoy the scenery of Georgian Bay. Other outings have included rail trails in and around Owen Sound, Harrison Park, Kelso Beach, walks along the harbour, etc. Sometimes we have been known to stop at a nearby cafe for a refreshment and socializing. In the near future, we are planning on exploring some areas like Southampton and Wiarton.

New walkers are always welcome. Hope you can join us. Yours in walking,

~ Rosemary McCann and Janet Barker, Healthy Lifestyles Coordinators

### **INTEREST GROUPS**, continued ...

### **TUESDAY ONLINE SOCIALS** – Every *Tuesday at 4:00 PM*

Our Tuesday socials are just for chatting. Everyone is always welcome to drop in and out at any time. There is no format. We talk about everything. The link for this group is sent to everyone each week. No need to sign up for anything.

We've been fortunate enough to have a few people volunteer for one Tuesday a month in order to keep our social hour going. If we could get one or two more people, we'd have plenty to keep the social hour going without it being onerous for anyone. It's a simple task. I will have them all scheduled ahead of time. I will even volunteer to be responsible for sending out the link. The link remains the same throughout the CFUW year. All that is needed is a commitment to log into the zoom account and hit start meeting. We just need someone to be responsible for hitting the start button and joining the conversation for an hour.

I enjoy the socials. I just need to have the ability to not be committed every Tuesday. Please let me know if you can volunteer to do one Tuesday a month. We will set a schedule so we know ahead of time when it will be our turn.

The social hour has been beneficial for members who do not have the ability to get into town or just get out the way they used to or as often as they like. In addition, it gives our new members an opportunity to chat with our members. And finally, it's a great way to learn about random things in the area.

Regards, Trisha

~ Trisha Hendrie, [retiring] Coordinator

### WOMEN WHO WONDER (WWW) - 2nd and 4th Wednesday of the Month at 7:00 PM via Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Women Who Wonder or WWW for short is an ONLINE ONLY interest group. The group provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. We watch two short videos that are generally around 15-20 minutes each. We send them out a week in advance. If you would like to join the WWW group to receive invites and updates, please contact Trisha Hendrie.

~ Trisha Hendrie, Coordinator

### Remembering ... ANNE KIRKLAND

We were saddened to learn of the death (May 27, 2023) of friend and long-time CFUW member Anne Kirkland.



Though Anne had not been a member in recent years (due to the ravages of dementia) she served as our Club's President (2003-2004) and in many other roles. Those of us who were fortunate to know her remember her with gratitude and fondness. Donna Phillips' personal tribute to Anne (below) will resonate with those of us who were privileged to know her. [Click HERE for her obituary.]

### A Personal Tribute to Anne Kirkland

The recent loss of one of our club's most passionate and loyal members - and a past president - caused me to reflect on the wonderful years that Anne and I were CFUW buddies.

Anne, with her charming English accent and admirable intellect, was highly respected for her ability to smoothly facilitate any committee. CFUW Community Outreach projects, such as coordinating our Sally Armstrong event, were superbly and successfully executed with Anne's involvement.

Anne enthusiastically participated in many of CFUW Interest groups. She was particularly passionate about the Issues Group topics as she so much enjoyed the opportunity to debate both sides of an issue.

Another of her favourites was the Garden Club Interest group. Anyone in the club during those years will remember the many times that we were invited to visit the Kirkland farm. Her husband Graeme would serve us a glass of wine to enjoy as toured their lush country gardens. A wonderful potluck lunch would follow in their welcoming and cheerful home.

All who knew Anne will remember her with great fondness and admiration.

~ Donna Phillips



CFUW Issues Group, 2009: L to R: Anne Kirkland, Lynda Marshall, Donna Phillips, Mim Cady, Sylvie Cioran

### OPPORTUNITIES FOR COMMUNITY INVOLVEMENT

Please send your suggestions for community activities, volunteer opportunities and involvement with not-for-profit community organizations, by the first of each month, to me at: <a href="mailto:armstrong.judybeth@qmail.com">armstrong.judybeth@qmail.com</a>. We will include them as space allows and at the discretion of the editor. There is no pressure on any of our members to attend these events, or volunteer their time or to donate funds to these deserving organizations. We appreciate that each one of us supports our community in whatever way we wish and are able.

~ Judy Beth Armstrong





## **Noon Hour Concert Series**



Mark your calendars . . . You've got a lunch date every Wednesday at Georgian Shores United Church. This summer's line-up offers 9 fabulous performances including traditional tunes, operatic arias, guitars, strings, and tinkling ivories.

Music is for sharing so concerts are **open to all** and **pay-what-you-can.** Clap, laugh, and cry as you wish throughout the show. Come early and stay to chat or sneak in or out as your schedule requires. Bring yourself and all of your friends and acquaintances. We look forward to seeing you!

### Concert Dates and Performers:

July 5 — Ann Marie Rowland (folk singer)

July 12 — Tony Hamawi + Christine McLean (operatic voice and piano)

July 19 — Scatter the Cats (traditional tunes)

July 26 — Adrian Little (piano)

August 2 — Kelda Mikalson and Bethany Matthews (voice and piano)

August 9 — Aria 21 (vocal duo and piano)

\*\*\* Olivier Lafleur

August 16 — Kati Gleiser (piano)

August 23 — Two Singers and a Poet (poetry, voice, and guitar)

August 30 — Sebastian Ostertag (cello)

Bear with us as we update our online information. Please share this information with anyone who is interested and look for the posters and postcards around town.