

President - Anne Seymour
Vice-President – Cynthia Lemon
Secretary - Vivian McCaffrey
Treasurer - Styn Furness
Past President – Ruth Henderson

[CFUW – Owen Sound & Area](#), celebrating 30 + years... 1990 – 2022

CFUW: ‘Women Helping Women’

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada. Since its founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace. It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

PRESIDENT'S MESSAGE

Dear CFUW Colleagues;

We are now entering the fall season of November where we experience our clocks moving back and endure greater hours of darkness. However, we still have some time to prepare for winter and get our tires changed before the snow begins, clean up our gardens, and look forward to the first snowfall. It is the time of anticipation and reflection before the winter arrives. So far, we have been spoiled by warm fall weather extending into November so enjoy these days!

Sadly, we have recently lost a founding member of the CFUW Owen Sound and Area Club, Judy Thomson, on November 1, 2022. Judy has been a member of the club since its founding in 1990, and has been involved in many activities, but especially in the advocacy of the arts. Judy’s long dedication to the club and association with many of us is to be treasured. For that reason, in our next issue, we would like to have a tribute to Judy and ask members to share fond memories.

For some, this time of year can be very difficult, but luckily for our CFUW members, there is lots going on with our interest groups and committees. We are very fortunate to have dedicated leaders, who continue to provide engaging activities and social interactions, both in person and virtually. Many thanks to our various coordinators for their commitment. Members also remember, you are always welcome to join different interest groups and committees by contacting the contact person.

Coming up in this newsletter, you will read about the upcoming plans for the November 8th General Meeting to be held at the Roxy Theatre, 2 p.m. Owen Sound is such a vibrant cultural centre with music, art and theatre. I hope that you will join us for the event, which promises to be not only educational, but also supportive of this organization. I am so impressed by the work of the Program Committee on the diversity of offerings that we as members enjoy. Thank you again for a wonderful opportunity this month to get an inside view of the Roxy Theatre!

Finally, I want to extend my thanks to our CFUW members for their generosity on the scholarship and educational fund donations. This year, we have additional funds to support the 4 scholarships and also funds to support our commitment to the Scientists in Schools program in a local elementary school. It is because of our individual member’s donations that we have the funds to support the educational opportunities of our local youth. Bravo! Many thanks to Kathy Needham and her team for the ongoing work on our education portfolio.

Sincerely,
Anne

~ Anne Seymour, *President, CFUW Owen Sound and Area*

ANNOUNCING THE DEATH OF OUR MEMBER AND DEAR FRIEND, [JUDY THOMSON, 1940 - 2022](#)

President Anne Seymour sent the following announcement to our members, November 1, 2022:



It is with deep sadness that I announce to you the passing today, November 1, 2022, of **Judy Thomson** in her 82nd year with her family by her side.

Judy's husband, Ken Thomson, predeceased her earlier this year. Judy was a long-time member of CFUW Owen Sound and Area Club and was named a Notable Woman of the Year in 2019 during the National CFUW Club's hundred-year anniversary celebrations.

Judy was a champion of the Arts in the community and a long-time volunteer with the Tom Thomson Art Gallery. She was instrumental in the founding of the Canada Centre of the Arts at Owen Sound and the Sweetwater Music Festival. She was recognized as a citizen of the Year by the Owen Sound City Council and she also received the Citizen's Contribution to the Arts Award from the Grey Bruce Arts Council.

Judy was a Professor at Georgian College for over 19 years and in her final year was awarded the title of Professor Emeritus. With the Bluewater Association of Lifelong Learning (BALL), Judy delivered many lecture series. She also served on the Grey Bruce Regional Hospital Board.

A memorial service for Judy will be held on Saturday, November 12, 2022 at 11:00 a.m. at the Brian E Wood Funeral Home.

A memorial donation will be made to the Tom Thomson Art Gallery on behalf of the CFUW Owen Sound and Area Club as requested.

Our sincere condolences are extended to the family, friends and associates of Judy on behalf of the Owen Sound and Area Club.

Sincerely
Anne

Click [HERE](#) for the complete obituary

Editor's note:

Judy Thomson was a founding member and driving force of our CFUW club. She touched and influenced the lives of so many of us. She will be greatly missed. We invite members to send their tributes/reminiscences/photos to my attention, to be included in the December issue of this newsletter AND in our Club's "Book of Remembrance". ~ jba

CFUW Land Acknowledgement

We want to acknowledge that this place where we come together is within the ancestral and traditional territory of the Anishinaabe Nation: the people of the Three Fires known as the Ojibwe, Odawa, and Pottawatomi Nations. We give thanks to the Chippewas of Saugeen and the Chippewas of Neyaashiinigmiing (Nawash) Unceded First Nation, together known as the Saugeen Ojibway Nation as the traditional keepers of this land.

EXECUTIVE MEETING HIGHLIGHTS

Members of our CFUW Executive meet on the first Tuesday of the month at 10:00 a.m.

Note: December's executive committee meeting will be held on Monday, Dec 5 at 10:00 a.m. via zoom.

If you wish to make a presentation to the Executive, please contact President Anne Seymour.

Executive Meeting Highlights – November 1, 2022

Good news! President Anne Seymour was delighted to inform the Executive that the Club has finally received the outstanding balance of the Graduate Women International fee rebate from CFUW National. The positive outcome comes after considerable time and effort spent on the part of former Executive members Trisha Hendrie and Roberta Cuthbertson, as well as Anne Seymour more recently.

Based on the reports from Treasurer Styn Furness, Education Fund Coordinator Kathy Needham, and Membership Coordinator Anne Dondertman, it's clear the Club is in good financial shape, certainly the strongest since the arrival of COVID. Our membership is growing, our members have been generous in their donations to the Education Fund, and the Ted Barris lecture was a great success, both in terms of audience turnout and providing a profit. Given the sound financial position, the Executive approved allocating \$4,000 to scholarships and \$1,500 to Scientists in School for the 2022-2023 school year.

Largely due to increased reliance on electronic communications during the pandemic, tasks related to sustaining the Club's social media vehicles and reliance on Zoom are considerable. The Executive is working diligently to recruit new members to meet the social media and technical needs of the Club.

As you will note from the committee and interest group reports, Club members have lots of engaging activities to look forward to in the weeks and months ahead.

~ Vivian McCaffrey, Secretary

EXECUTIVE COMMITTEES' REPORTS

MEMBERSHIP

As you will have seen in the updated member's directory which was emailed to members in October, CFUW Owen Sound is thriving despite the effects of the pandemic and we currently have 56 members. We are very pleased that six of those are new or returning and we warmly welcome them to our group: Heidi Berger, Patricia Hiemstra, Katharine Lochnan (returning member), Karen Iris Lucas, Helga McMeekin, Marianne Williams. If you have not yet had a chance to meet them in person, on pages 9, 10 & 11 you'll find brief bios and pictures of a few of them, with others to follow in subsequent newsletters.

~ Anne Dondertman, Membership Coordinator

EXECUTIVE COMMITTEES' REPORTS, continued...

EDUCATION REPORT

I am so pleased to report that our new and returning members have donated over \$4,200 this year towards the Education Fund. This is proof of our chapter's strong commitment to improving the lives of women and girls in our region. Added to this is \$2,283 received from our fund with the Community Foundation Grey Bruce.

On Tuesday, the Executive recommended the following distribution from the Scholarship Fund:

- 1) \$4000 in scholarships (\$1,000 each to: Owen Sound District SS, Peninsula Shores, St. Mary's, and Georgian College)
- 2) \$1500 to Scientists in School. This will fund 5 classes in our area.

The charitable receipts are ready!

Thanks to Styn Furness and Anne Dondertman, the donated funds have been transferred into the Scholarship Fund and I have everyone's current address.

I will be bringing receipts with me to our general meeting at the Roxy on November 8th. If you attend this meeting and have donated, please come up and say hi. If you don't know me – ask any member of the Executive Committee to point me out. I will mail the remaining receipts to those unable to attend the meeting.

Privacy law: The envelopes are sealed, and no one will be able to see the amount of your donation. If you prefer, I mail your receipt, please send me an email before November 8th asking me to mail it.

The Education Committee is looking for new members.

I am looking for our small committee of three to grow by a few members. Currently, the committee consists of myself, Trisha Hendrie and Roberta Cuthbertson. Give me a call or send me an email if you would like to join us.

~ *Kathy Needham, Education Coordinator*

PROGRAM

General Meetings are usually held on the 2nd Tuesday of the Month.

Wine & Cheese at The Roxy, Tuesday, November 8 at 2 PM: *(poster with details, below)*

Another "pivot" in our programming... we are delighted that The Roxy Theatre will open its doors to us and offer a behind-the-scenes tour of the historic building, sneak peek at the set for *Beauty and the Beast*, followed by wine (cash/debit/credit accepted at the bar) and cheese in the lobby, a talk by OSLT/The Roxy Executive Director Marcia Cunningham and a brief business meeting. All are welcome. Bring a friend! We will distribute our updated brochure at this time, *with the reminder that Programs/General Meeting times, dates and venues are subject to change.*

Gather and Remember, at Legacy Ridge, Tuesday, December 6 at 11:30 a.m.

Acknowledgement, led by Cynthia Lemon, of the National Day of Remembrance and Action for Violence Against Women

Luncheon (\$20.): made-to-order crepes, salad, Meran's famous Christmas cake, shortbread; cash bar for wine, tea, coffee

Brief Business meeting

Social time

Donations – consider bringing/making a donation to Safe 'n Sound or the Women's Shelter

More details to follow... meanwhile, just plan to attend!

~ *Brenda Bergen & Meran Farmer, Program Committee Co-Coordinators*



GENERAL MEETING & PROGRAM

TUESDAY, NOVEMBER 8, 2022

2:00 P.M. AT THE HISTORIC ROXY THEATRE

251 9TH STREET EAST OWEN SOUND, ON

BEHIND-THE-SCENES TOUR OF THEATRE, WINE & CHEESE IN LOBBY

- Welcome by Marcia Cunningham, Executive Director, OSLT/The Roxy
- Behind-the-scenes tour of the historic theatre building
- Sneak peek at the set for Beauty and the Beast
- Wine & Cheese in lobby, cash bar
- Brief business meeting
- Buy tickets at The Roxy Box Office

www.cfuwowensound.com

www.facebook.com/cfuwowensound

EXECUTIVE COMMITTEES' REPORTS, continued...

NEWSLETTER

This monthly Newsletter is posted on the [CFUW - Owen Sound & Area](#) website and emailed directly to members. Please send contributions for the Newsletter to the editor/coordinator: **Judy Beth Armstrong** armstrong.judybeth@gmail.com before the end of each month, for distribution to members within 2-3 days following an Executive Meeting.

Please note that it is CFUW - Owen Sound policy that:

- items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate and interest groups, and that
- unless a member specifically gives permission, a member's personal information will not appear in the newsletter. For this information members should go to their copy of the Members' Directory.

~ Judy Beth Armstrong, Newsletter Coordinator

INTEREST GROUPS

Please note, from our CFUW By-Laws, 2.3: Membership in interest groups shall be open only to members in good standing. Guests are welcome to attend either two (2) general Club meetings or two (2) interest group meetings per year.

ART EXPLORERS

On **Thursday October 27th** our group of eight had an amazing time at Upwards Studio. I was wondering if some might back out because it was such a glorious day but they all arrived and were creating works of art - encaustic (hot wax) painting. Amelia Kraemer was an excellent instructor. Those who attended enjoyed it and Amelia was appreciative to have our group... one participant wrote:

"I agree with you about stretching the creative muscle as a matter of course. It really is fun just fiddling around with paints and making a glorious mess. I hope we can have more workshops with any kind of 'materials'."



INTEREST GROUPS, continued...

ART EXPLORERS, continued...

We will meet at Grey Gallery on **Saturday November 12 at 4pm** for the opening reception for Raquell Yang's exhibition. She will be joined by Owen Sound historian and author, Richard Thomas, who will share some of his stories about the history of the locales depicted in Raquell's paintings. If you're interested, I can book a table for afterwards at Sizzlin's (next to the Roxy - one of the paintings in the exhibition) just to be together and appreciate each other.

On **Friday November 18** we invite *all CFUW members* to join Art Explorers for a day trip to the McMichael Collection of Canadian Art <https://mcmichael.com> for a guided tour of the exhibition "Gathie Falk: Revelations" and much more. We will board the coach at 8:30 a.m. from Heritage Mall parking lot by Kelsey's Restaurant. Registration is made through Hanover Holidays (details in the poster, below). A full refund is guaranteed if the trip is cancelled. However, if you purchase a ticket and have to cancel then the "non-refundable" comment on the flyer applies but you can give your ticket to a friend and they could reimburse you if you find that you cannot come on the day. We need a minimum of 18 people to make this trip happen so do come, bring a guest, and enjoy an amazing day in Kleinburg at the McMichael Art Gallery and walk around the spectacular gardens and forest trails.

~ *Cynthia Porter, Art Explorers Coordinator*



HANOVER 48 YEARS HOLIDAYS

McMichael Collection Art Gallery

Friday, November 18, 2022

Gathie Falk: Revelations

Revelations explores the career of this legendary Canadian artist. Now 94, Falk (b. 1928) is of Mennonite heritage and was born in Brandon, Manitoba setting finally in Vancouver, where she established herself as one of Canada's most visionary and experimental artists. Join us for this special exhibition, with lunch included prior at McMichael Café "Cabin". Depart Owen Sound at 8:30 a.m., with a late afternoon return.

Includes:

Transportation by motor coach, Lunch at "Cabin", admission to Gallery, with one hour guided tour, Hanover Holidays Tour director, HST

Call

\$169.00
per person

Non refundable at booking

HANOVER 48 YEARS HOLIDAYS
73 14th Avenue, Hanover, ON N4N 3W9

1-800-265-5530

TICO #1613915

INTEREST GROUPS, continued...

BOOK CLUB: Groups 1 & 2

Tis the season for reading! Well, actually every season is for reading! Book club members are happily working their way through their book lists and noting things of importance that they wish to share with their book club members. These discussions are NEVER boring! Everyone brings a different perspective to their readings and are happy to share it.

Group # 1 recently worked their way through *Death of a Salesman*. They even worked their way through a scene. There may be some budding actors in this group!

Group # 2: In October, our book selection was *The Last Grand Duchess* by Bryn Turnbull. Donna Elliott led the discussion and it was generally agreed that the book was interesting and worthwhile. We met at the home of Lynne Cox, and certainly appreciated the lovely pumpkin cheesecake that she had prepared for us! Our next meeting will be held at the home of Donna Elliott and we will discuss Recent Fiction in Translation. Ellen Shearer will lead the discussion which should be really interesting.

We would love to have you join us in one of our groups if you have an urge to read a book a month and share your thoughts on it. Please contact Meran Farmer (meranjoan@gmail.com) or Cynthia Lemon (lemondalefarm@gmail.com) if you are interested. We would love to hear from you!

~ Meran Farmer and Cynthia Lemon, Book Club Coordinators

GAMES GROUP - 1st Friday of the month at 1:30 PM and 3rd Friday of the month at 7:00 PM

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Games group meets monthly to play a variety of card and board games. We have an extensive library of over 100 games. I promise I can find a game you like. Even if you think that you don't like games come watch and see what you think. If you would like to join the Games interest group to receive invites and updates please contact Trisha Hendrie.

~ Trisha Hendrie, Games Group Coordinator

HEALTHY LIFESTYLES

October was not a weather-friendly month for our walks and hikes. We did manage a nice walk on the West side rail trail but otherwise, Wednesdays seemed to be doomed for nice walking weather.

The coordinator position for the Healthy Lifestyles Group will now be occupied by Rosemary McCann and Janet Barker. I'm so grateful that they have stepped up to volunteer for this. Rosemary and Janet will do a terrific job and coordinate many walks and hikes for those of you who want to get outside and enjoy the social time together.

I'm hopeful that the weather will be nice in November and that we can get out walking and enjoying what's left of the Fall. As we transition to the new coordinators, please contact me: meranjoan@gmail.com - or Rosemary or Janet - to put your name on the HL list if you are interested in joining us.

~ Meran Farmer, Outgoing Coordinator

INTEREST GROUPS, continued...

TUESDAY ONLINE SOCIALS – Every Tuesday at 4:00 PM

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Our Tuesday socials are just for chatting. Everyone is always welcome to drop in and out at any time. There is no format. We talk about everything. The link for this group is sent to everyone each week. No need to sign up for anything.

~ Trisha Hendrie, Coordinator

WOMEN WHO WONDER (WWW) – 2nd and 4th Wednesday of the Month at 7:00 PM via Zoom

Coordinator: Trisha Hendrie solafyre@yahoo.com 519-778-2052

Women Who Wonder or WWW for short is an ONLINE ONLY interest group. The group provides a path for intellectual exploration and discussion in a relaxed and fun environment. The group uses educational videos for discussion in the same way that a book club reads a book and then discusses it with the book club. WWW specifically focuses on providing opportunities to touch on multiple topics. This is an exploratory group rather than a deep dive or advocacy group. We watch two short videos that are generally around 15-20 minutes each. We send them out a week in advance. If you would like to join the WWW group to receive invites and updates please contact Trisha Hendrie.

~ Trisha Hendrie, Coordinator

MEMBER PROFILES

We welcome all new and returning members and would like to get to know you! Here, and in coming issues of the newsletter, we'll feature "member profiles" so that, next time we meet, we'll have a conversation starter...

Anne Dondertman moved to Owen Sound from downtown Toronto with her artist husband John Laughlin to open Grey Gallery in May of 2018, and they live and work in their downtown building. She joined CFUW in 2019 and has taken over for 2022/23 from Roberta Cuthbertson as **membership coordinator**. Anne's previous career was as a rare book librarian at the University of Toronto's Thomas Fisher Rare Book Library. Her chief interests are reading (although she has never yet joined a book club), and gardening which she has been able to do in the previously derelict lot beside their gallery. Owen Sound, and CFUW in particular, has proven to be a creative, welcoming and supportive community which now feels like home.



Anne Dondertman. Photo by Ruth Henderson

MEMBER PROFILES, continued ...

Heidi Berger



Born in Germany during the war, I grew up in small town Ontario. To the dismay of my parents, I was born an artist, and all the education I received since has not deflected me from this. I have been a full-time artist for the past 25 years. I have exhibited in more than 50 solo and group exhibitions (Canada, USA, Barbados, Germany), most recently in “Colours of the Caribbean” at ArtSplash Gallery 2022. My paintings have won a number of awards and can be found in private collections all over the world. I have led a peripatetic life. The constant in my life has been Barbados where my family has lived on and off for almost 40 years. The people of Barbados, particularly the children and women, continue to inspire my work. My husband and I first fell in love with the Grey County area when we lived in Inglis Falls from 2000 to 2012. In 2021 we happily returned to live in Owen Sound.

Patricia Hiemstra A retired arts administrator and educator of long experience, Patricia strongly believes in giving back to the community as a volunteer. She was an active board director for non-profit organizations in Ottawa and Toronto before moving to Owen Sound in 2016. Leisure activities include playing piano and viola da gamba, fabric and mixed media art, quilting, swimming and cycling.



Katherine Lochnan has had a farm at Balaclava since 1986 which is her earthly paradise. She and her husband, John Swallow, a retired acoustical engineer, divide their time between Toronto and Balaclava. An art historian with a Ph.D. from the Courtauld Institute, University of London, Katharine is senior curator emeritus at the Art Gallery of Ontario, a senior fellow of Massey College and a sessional lecturer at the University of Toronto. She has produced major international exhibitions and publications focusing on artistic visionaries including “The Earthly Paradise: The Arts and Crafts of William Morris in Canadian Collections”, “Holman Hunt: The Visionary Pre-Raphaelite”, “Turner, Whistler, Monet: Impressionist Visions” and “Mystical Landscapes from Vincent van Gogh to Emily Carr.” She was the consultant to the Toronto School of Theology in developing a new stream within the Master of Theological Studies degree in Theology, Spirituality and the Arts. She is an active guest curator, lecturer and writer.



MEMBER PROFILES, continued ...

Karen 'Iris' Lucas is a lifelong artist, loves reading novels and current event news, and listening to jazz and classical music, and watching foreign films or series (recently Bosch). As an artist, she worked as a custom carpet designer and later a secondary level visual art teacher, exploring a variety of visual art techniques, including some conceptual or socially conscious sculpture. (Cow With Palm Tree Growing Out Its Head, made of sculpted butter in reaction to palm oil being used in our Ontario butter.) Iris, her nickname, often includes a short narrative in her painted autobiographical series such as, *Woman With Flowers Coming Out Of Her Head* or more recently, *The River Nymphs*. Karen Iris moved from Toronto to Owen Sound in 2015 and lives with her husband John Schut beside the Sydenham River.



OF INTEREST TO MEMBERS...

Congratulations to Anne Dondertman's Grey Gallery as winner of the Community Service Award sponsored by Sound Life Solutions at this year's Owen Sound and District Chamber of Commerce "Business Excellence Awards" ceremony held recently.

"Grey County Life" on Rogers Community TV: Donna Phillips and Judy Beth Armstrong represented CFUW – OS for a lively 18-minute interview, hosted by Mary Jane Murray and Krista McKee, recorded Oct 12; broadcast Oct 17 and available to view online at: <https://www.rogerstv.com/show?lid=12&rid=50&sid=5829&gid=625477>
Spoiler alert: In her enthusiasm to invite ALL women to join our club, Donna mentioned that "...we like to do things a little differently in Owen Sound... and ... refer to ourselves as the Canadian Federation of UNITED Women...". So, there's the name change sorted;-)

The first ever **Downtown Dine Around** takes place **Tuesday November 29** (which also happens to be Giving Tuesday). It all started because of the number of times folks have told me they're afraid to come downtown after dark. So, we've put together a **progressive meal which is also a fundraiser for Supportive Outreach Service (SOS)**, the collaboration of agencies which provides medical, mental health and social supports to those who need them. Your ticket (\$75) includes a \$25 donation to SOS (receipt will be provided), as well as a delicious meal starting at Casero Kitchen Table, continuing at Sabitri's, and finishing at GBArts. Seating is in groups of 15 eaters, beginning at 5:30, 6:00 and 6:30. Head to www.downtowndinearound.ca for more details and to reserve your seat(s) at the table. C'mon downtown! ~ Maryann Thomas, *The Ginger Press*

NeighbourWoods North is one of many local ecosystem volunteer groups. In October, in collaboration with Grey County, NWN launched Phase One of the "Transform the Lawn" project planned for the Grey County Administration Building on 9th Avenue East. Many thanks to those CFUW folks who turned up to help. Here is the Media Release: <https://www.grey.ca/news/community-helps-grey-county-take-first-steps-naturalize-administration-building-site> And, here is a **tip for those just starting to think about how to 'transform' their own properties...** Best advice is to leave fallen leaves (especially from sugar maples, birch and ash) on the ground between November and end of May. There's lots of research on how leaf cover is needed to provide a 'soft landing' and winter habitat for many, many creatures like bees and caterpillars in our (once) deciduous/coniferous forest land here. According to the Grey Bruce Climate Action plan, about 40% of our native insects are in 'steep decline' in this area. This has implications for food security. ~ from your friendly eco-worker, *Shawna Macivor*

CFUW Ontario Council Speakers' Series, November 26

For your Club members' information, registration is now open for OC's 2nd Speakers Series for 2022-23, taking place by ZOOM on Saturday November 26 from 10 a.m. to 12:30 p.m.

Topic: **Is the Administrative Justice system working for the people of Ontario?**
As described on the website:

The Administrative Justice system affects many more citizens than the Criminal system, but it rarely gets the same attention. We know that there are 2-year backlogs facing some Tribunals in Ontario. This session, with an emphasis on women's issues, is aimed at examining on going issues with tribunals like the Landlord Tenant Board and the Human Right Commission. The speakers will also identify some possible remedial action.

Link for registration:

[Speakers Series & Standing Committees' Workshops 2022-2023 | CFUW Ontario Council \(cfuwontcouncil.org\)](https://cfuwontcouncil.org/Speakers-Series-&Standing-Committees-Workshops-2022-2023)

Warm regards,

Elisabeth Sachs

CFUW Ontario Council, RD Huron
President, CFUW Headwaters

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