

President- Janet Glasspool  
Vice-President- Ann Magner  
Secretary – Kathy Needham  
Treasurer- Styn Furness  
Past President – Kerina Elliott

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CFUW: The Power of Women Working Together

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada.

Since its' founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace.

It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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*Note: It is the policy of CFUW Owen Sound that member's personal information will not appear in the newsletter. For this information members should go to the hard copy of the Members List. Website info ([www.cfuwomensound.com](http://www.cfuwomensound.com))*

### **PRESIDENT'S MESSAGE**

On August 14, we had a delightful "Welcome Back CFUW" wine and cheese event at Legacy Ridge Golf Club. Members of the executive committee were introduced, as well as the leaders of all of the interest groups. These women shared interesting (and often very amusing) updates about the activities planned for the coming year.

As our Policy Manual notes, all CFUW Club members are encouraged to join and participate in one or more interest groups in order to experience fellowship, meet new friends, discuss issues, and share ideas. We believe that involvement in an interest group contributes greatly to the overall success of our Club. Guests are welcome to check out an interest group, but membership in interest groups is open only to registered members who have paid the registration fee.

Our September 10 meeting at the Owen Sound Library is a CFUW Centennial Celebration. You don't want to miss this special occasion, when CFUW National awards will be celebrated, and several women who have made significant contributions to our Club will be recognized. Judy Thomson will speak about her experiences at the Winnipeg Annual General Meeting. We will also enjoy a presentation by Kerina Elliott about the Scientists in School program. This program provides curriculum-aligned workshops which are designed to support the STEM curricula (Science, Technology, Engineering, Mathematics), as well as to encourage the development of crucial 21<sup>st</sup> century global competency skills like critical thinking, creativity, problem-solving, and teamwork.

We are excited about the Ted Barris presentation, "Rush to Danger: Medics in the Line of Fire" on Tuesday, October 15 at the Bayshore Community Centre. This event is not about soldiers and battles, but about those who rushed in to help save the wounded. Ted Barris will include film clips and details drawn from his library of interviews and research of military medical personnel—stretcher bearers, medics, nurses, surgeons, orderlies, and ambulance drivers who risked their lives to help others. We hope that all members buy tickets, and we are encouraging our members to sell tickets as well. Ted Barris is a dynamic and entertaining presenter.

**Janet Glasspool, President**

## **MEMBERSHIP**

As of earlier this week we have 36 paid members signed up. We will have a membership table set up at the September meeting and blank forms so if you haven't already signed up, please bring along your cheque to CFUW Owen Sound. Membership dues are \$110.00 and you are more than welcome to donate extra towards the scholarship fund. Hope to see you in September!

**Roberta Cuthbertson, Membership Chair**

## **PROGRAM**

Our Welcome back August social meeting at Legacy Ridge was a huge success. Everyone enjoyed the wine and cheese and learned more about what's happening in the Club this coming year.

September 10 is the date for our next meeting which will be held at the Library at 7PM. Mark it on your calendar as you won't want to miss our celebration of the CFUW Centennial as well as our Club's 30th Birthday. We will be recognizing two special members, Judy Thomson and Mim Cady who will both be there with us. As well, Past President Kerina Elliott will be talking to us about "Scientists in Schools". Lori Kerr, our Regional Director will be there also.

We hope that you all can attend to help us Celebrate our Club and some of our very special members and learn about an exciting initiative in education.

Expect to celebrate this evening with Birthday Cake, and feel free to bring a friend.

Please note that tickets for the Ted Barris event for October 15<sup>th</sup> will be available at our next meeting. This is our one and only fundraiser this year, so make sure to get your tickets to sell and please help us make this a sell-out event. The tickets are only \$20.

**Meran Farmer and Brenda Bergen**  
**Program Co-Chairs**

**"I am looking forward to seeing you on September 10 at the CFUW's meeting and being back in my hometown of Owen Sound that I enjoyed so much for 30 years! Cheers! Mim Cady"**

## **SCHOLARSHIP**

**Scholarships this past year were awarded to the following schools:**

- 1. Owen Sound District Secondary School.** The Award was for \$1,500.00
- 2. St. Mary's High School.** This Award was named the Canadian Federation of University Women 100 th Anniversary Award and will be given to an Indigenous student. The amount of the Award is \$1,500.00
- 3. Peninsula Shores District School.** The Award was for \$1,500.00
- 4. Georgian College.** This Award is known as the Judy Thomson Award and is for \$1,500.00

This is a total of \$6,000.00 in scholarships to young women in our community. The primary source of these funds are the generous donations, from you, our members and the fundraising events that our Club supported. last year, the Dickens Play was a partnership with the Owen Sound Little Theatre. As well, we had earnings from our Endowment Fund with the Community Foundation of Grey Bruce.

For more information on CFUW Scholarship fund contact Donna Elliott. Thank you very much for your generous contributions.

**Donna Elliott, Scholarship Chair**

## **WEBMASTERS REPORT**

The Website Managers encourage you to review the website home page for current information.

[www.cfuwowensound.com](http://www.cfuwowensound.com)

Loreen and Donna

Please send updates for the Website and the Events Calendar to: **Donna Phillips and Loreen Cumming** at [info@cfuwowensound.com](mailto:info@cfuwowensound.com)

## **ARCHIVES**

Please submit any information or pictures that you think should be kept, to: **Lois Renner**

## **NEWSLETTER**

The Newsletter is posted on the website: [www.cfuwowensound.com](http://www.cfuwowensound.com)

Please send submissions for the Newsletter to **the temporary coordinator, Ruth Henderson** who is filling in for Pat McCoy

Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate.

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## **INTEREST GROUPS**

### **BOOKCLUB 4th Monday of the Month**

#### **Book Club**

The majority of avid readers *just keep right on reading*..CFUW Book Club met in both July and August to enthusiastically discuss the latest literary focus or perhaps foci. Books and topics have been selected for the oncoming year and it looks like a veritable plethora of styles.

The CFUW Book Club will meet on September 23<sup>rd</sup>, 1:30 p.m. at the home of Rosemary McCann. The book chosen for that date is *The Elegance of the Hedgehog* by Muriel Barbery. Leading the discussion is Lynne Cox. Please know that all CFUW members are most welcome to attend. If you have not been a book club member and would like to try us out, please e-mail Ruth Knapp and you will receive more specific instructions for that day.

Please know that all CFUW members are welcome! Happy reading everyone!

#### **Ruth Knapp Coordinator Book Club**

### **ISSUES GROUP - usual meeting time is the 4th Wednesday of the month in the afternoon.**

**Note that the September Issues Group is a part of the Senior Summit 2019 sponsored by the Council on Aging Well in Grey and Bruce Counties -8 -4 pm on Wednesday, Sept 25th at the Harry Lumley Bayshore Community Centre**

"This is a full day of dynamic breakout sessions and information panel discussion for seniors, health service, caregivers, volunteers and community champions on seniors housing, transportation, frauds and scams, navigating health care and more. \$15.00 at the door for the whole day includes lunch.

#### **Ruth Henderson, Donna Phillips- Issues Group Co-Coordinators**

### **HEALTHY LIFESTYLES - 3rd Tuesday Mornings**

I am the co-ordinator just for the month of September. Meran is the over-all co-ordinator and keeper of email addresses. We will have a different person organizing the event each month as planned at our meeting yesterday. Here's the submission for the September newsletter:

The Healthy Lifestyle will kick-off the season with a delightful tradition at Coffin Ridge Winery on Tuesday September 17 at 10:00. We will meet at the North-East corner of the Home Depot Parking lot (1590 20th Avenue East) to carpool *leaving the parking area at 9:40 promptly* so please be there before departure time. We will take a lovely walk through the vineyards then around 11:00 we'll enjoy a glass of wine, or whatever you prefer to drink (they do have a non-alcoholic selection) and a shared cheese plate. I will advise Coffin Ridge of the number coming on the morning of the

event and while we're walking, they will prepare our cheese plates. Each person will pay for their own tab. A good time to relax and catch up after the summer and talk about the plans that have been made for another year of healthy living and a toast to Loreen for ten years co-ordinating this group!

**Cynthia Porter, September Co-ordinator with Meran Farmer for Healthy Lifestyles Group**

**GAMES GROUP - Note change to 1<sup>st</sup> FRiDAY of the month**

Next Games Afternoon will be SEPT. 6/19 at 1:30 Hosted by Marion Gibson 591 Balmy Beach Rd.  
Contact Lois Renner if you have any questions. NEW MEMBERS WELCOME!

**Lois Renner, Coordinator**

**ART EXPLORER GROUP - September**

We kick off with an arts and culinary arts tour to Flashtown on **Friday September 27**. Where on earth is Flashtown? According to Trip Advisor Flashtown is an "Artist's Mecca" worth visiting. Our first stop will be Flesherton Art Gallery, and the adjacent fine crafts gallery Local Colour. FAG is a unique gallery that features contemporary Canadian art from internationally known, local and regional artists. The current exhibition is paintings by Owen Sound artists Joan Hawksbridge, Jean Francis and Cynthia Porter! A few doors down we'll go to Dunbar Gallery; then across the road to Advance 17 Studio a local artist and violin maker's studio. Just around the corner, is Arts on Ten, a funky gallery and a stroll through Cuckoo Valley Garden at the back of the gallery.

The Bicycle Café (cash or debit only), The Bakery, and Artemesia Cheese & Fine Food are definitely worth visiting, to purchase delicious foods and to have lunch. If there is time on our return to Owen Sound, we can stop at Chatsworth Honey for excellent honey and beeswax candles and Grandma Lambe's home of country crafts, apples, produce, baking and pies!

Please reply to me if you can come on Friday, September 27 so I can advise you of our meeting place for car pooling. We will leave Owen Sound at 10:20 a.m. The departure location will depend on what's happening downtown with construction work and bridges etc.!

Also, a unique opportunity for everyone! Don't forget to call Hanover Travel 519-364-4911 to reserve your seat for the bus trip to the **McMichael Art Gallery on Wednesday November 6**. The cost is \$114 including HST, admission to the gallery, a private guided tour of the **Maud Lewis Exhibition**, and a light lunch at the McMichael Cafe. This trip is open to all CFUW members so please make a booking as soon as possible to avoid disappointment. We will have posters at the CFUW meeting on September 10th and if you have any questions, I can address them at the meeting.

**Cynthia Porter, Art Explorer's Co-ordinator**

**YARN CLUB (knitwits) 2<sup>nd</sup> Wednesday of the month**

Hello to all CFUW members who knit (or crochet or needlepoint, etc). **Contact:**  
**Group coordinator, Shawna Macivor**, for details.