



THE POWER OF WOMEN WORKING TOGETHER

# Owen Sound and Area Newsletter

AUGUST 2019

President- Janet Glasspool  
Vice-President- Ann Magner  
Secretary – Kathy Needham  
Treasurer- Styn Furness  
Past President –Kerina Elliott

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CFUW: The Power of Women Working Together

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada.

Since its' founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace.

It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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Note: It is the policy of CFUW Owen Sound that member's personal information will not appear in the newsletter. For this information members should go to the hard copy of the Members List. Website info ([www.cfuwowensound.com](http://www.cfuwowensound.com))

## **PRESIDENT'S MESSAGE**

Our CFUW year is off to a great start! On July 9, the Healthy Lifestyles Group hosted a walk in Harrison Park, and then all of us enjoyed a delightful potluck picnic. The weather was perfect, and the company was most enjoyable. We should never underestimate the value of women connecting and supporting each other. American journalist and author Rebecca Traister notes, "Female friendship has been the bedrock of women's lives for as long as there have been women."

We continue to celebrate the 100<sup>th</sup> birthday of CFUW as a national organization. In the *CFUW 100<sup>th</sup> Anniversary Membership Campaign Toolkit*, the vice-president of membership, Lynne Kent, responds to the question, "Why does it continue to be important, and even more so, to focus on women and promote women's education and equality?"

She states: "It is because the United Nations sustainable development goals for the next 15 years and the UN millennium development goals of the previous 15 years—every single goal for the world has been identified as dependent on women's empowerment and equal rights. We will not achieve the goals for the sustainability of the planet without the empowerment of half the population.... The current backlash towards hard-fought gains in women's rights represents the danger. In this we see how easily our advancement can be eroded."

Judy Thomson will receive the Notable Woman Award at the National Annual General Meeting in Winnipeg this month, a richly-deserved tribute from CFUW. Judy informs me that the "Notables" have been invited for tea with Manitoba's Lieutenant Governor, and promises a report for our membership upon her return. Judy signed her latest correspondence with me as "Judy 'Notable' Thomson"—so we must greet her in future with all due deference!

I hope to see everyone at our next meeting. This is a "Welcome Back" wine and cheese party at Legacy Ridge Golf Club, held on August 14, at 2:00 p.m.

**Janet Glasspool , President**

## **MEMBERSHIP**

Registration forms for the 2019/20 season are available to be printed out directly on-line from our website <http://www.cfuwovensound.com/wp-content/uploads/2019/06/MEMBERSHIP-FORM-2019-20.pdf> but we will also have copies to be filled out on August 14, 2019 at Legacy Ridge. Look for Roberta or Styn at the membership desk. Please bring your cheque book and make the cheque payable to CFUW Owen Sound. Annual membership fee remains the same as last year at \$110 and if you would like to add a donation to the CFUW Scholarship Fund to the cheque, you are most welcomed to do so. Official donation receipts for tax purposes will be issued for donations of \$10 or more. Hope to see everyone on August 14!

**Roberta Cuthbertson, Membership Chair**

## **PROGRAM**

What a lovely picnic lunch we had at Harrison Park on July 9th! Many thanks to all who came. The food, per usual, was terrific.

And now we can look forward to our August 14th CFUW Welcome Back at Legacy Ridge Golf Course. Timing is 2:00 to 4:00. Come for wine and nibbles, learn about our Program for 2019/20 and enjoy the companionship of friends. See you there!

**Meran Farmer & Brenda Bergen, Program Co-chairs**

## **SCHOLARSHIP**

For more information on CFUW Scholarship fund contact:

**Donna Elliott, Scholarship Chair**

## **WEBMASTERS REPORT**

The Website Managers encourage you to review the website home page for current information. [www.cfuwovensound.com](http://www.cfuwovensound.com)

Loreen and Donna

Please send updates for the Website and the Events Calendar to: **Donna Phillips and Loreen Cumming** at [info@cfuwovensound.com](mailto:info@cfuwovensound.com)

## **ARCHIVES**

Please submit any information or pictures that you think should be kept to: **Lois Renner**

## **NEWSLETTER**

The Newsletter is posted on the website: [www.cfuwovensound.com](http://www.cfuwovensound.com)  
Please send submissions for the Newsletter to the coordinator: **Pat McCoy**

Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate.

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## INTEREST GROUPS

### **BOOKCLUB 4th Monday of the Month**

Trusting that many of you are enjoying some summer reading. The book club will be meeting August 26<sup>th</sup> at 1:30 p.m. at the home of Meran Farmer. The topic is wide open... ***what I read this summer.*** In a few weeks I will send out a list of the proposed 'reads' for 2019/20. There are some great books in the lineup! All members of CFUW are always welcome at any meeting.

### **Ruth Knapp Coordinator Book Club**

### **ISSUES GROUP 4th Wednesday Afternoons**

The Issues group took a break for the busy summer months. The regular time to meet has been changed to the last Wednesday of the month because so many of our members attend the BALL lectures on Thursdays. Our topic for Issues for our September meeting is "Are you being scammed?" Because the topic of "Frauds and Scams" are part of the September Seniors' Summit we will be attending this event. We are inviting all interested CFUW members to sign up for the Summit Wednesday September 25 at the Harry Lumley Bayshore Centre The \$15.00 charge for the day includes lunch! Thank you Sponsors.

### **Ruth Henderson/Donna Phillips- Issues Group Coordinators**

### **HEALTHY LIFESTYLES - 3rd Tuesday Mornings**

#### **Healthy Lifestyle for August 27, 2019**

Our annual program planning meeting will be held at Styn Furness farm at 12 noon. This will be a potluck luncheon followed by our planning discussion.

Please bring your ideas for program for the next year.

Also, consider volunteering to assume the coordinator role for Healthy Lifestyle for 2019-2020.

Below is a description of this role:

#### **Role of the Coordinator for Healthy Lifestyle**

1. Maintain an up to date list of emails and phone numbers of members who wish to be part of the group.
2. Monthly, ensure that there is a program planned for the meeting held the third Tuesday morning of the month.
3. Monthly, write a notice for the newsletter which announces the next month's activity and also gives some information about what we did the past month.
4. Monthly, send an e-mail to the group mailbox the first week of the month reminding members of the planned activities and asking for a response re attendance.

5. Annually, write a report for the Annual meeting. This summarizes activities, notes how many members there are, average attendance.

## **Loreen Cumming, Healthy Lifestyles Group Coordinator**

### **GAMES GROUP - Note change to 1<sup>st</sup> FRIDAY of the month**

The next Games Group will be Friday August 9<sup>th</sup> hosted by Judy Keeling. Please let her know if you will be attending. Rides available – call Lois.

**Lois Renner, Coordinator**

### **ART EXPLORER GROUP**

There will be no Art Explorer's in August but you may want to check out the popular and very successful Walters Falls Art Show weekend 23-25 [www.waltersfallsartists.ca](http://www.waltersfallsartists.ca)

An announcement below for all members for an upcoming Art Trip to Kleinburg in November.

Art Explorer's is planning a bus trip to the McMichael Canadian Art Collection in Kleinburg on Wednesday November 6 to see the work of Maud Lewis.

“One of Canada’s most beloved folk artists, Maud Lewis (1903 – 1970) was famous in her lifetime for her brightly coloured and endearing paintings of rural Nova Scotia. Working from her cabin on the side of the highway in Marshalltown, in Digby County, she produced hundreds of small works that captured aspects of country life that were rapidly changing. This show stresses the aesthetic aspect of Maud Lewis’s achievement, looking carefully at her serial repetition of images and motifs across her career, and the dizzying variety that she brings to the problem of picture making. From her black cats and kittens, to her cart horses and oxen hauling logs, to her quayside scenes of ships in port and the Maritime landscape in all seasons, Maud Lewis made paintings that still delight in their optimism and buoyant vitality.”

As we need a full bus this trip is for all CFUW members and guests. The total cost per person is \$114.00 which includes HST, motor coach, admission to the McMichael, a private guided tour and lunch at the McMichael Café. Registration and payment (Visa, M/C or cheque) is to be made through Jim or Diane Diebel at Hanover Holidays 519-364-4911.

**Cynthia Porter, Coordinator**

### **YARN CLUB (knitwits) 2<sup>nd</sup> Wednesday of the month**

There is no formal program for this group in July and August.

**Shawna Macivor, Coordinator**