



THE POWER OF WOMEN WORKING TOGETHER

# Owen Sound and Area Newsletter

JANUARY 2019

President- Kerina Elliott  
Vice-President- Janet Glasspool  
Secretary – Kathy Needham  
Treasurer- Styn Furness  
Past President –Meran Farmer

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## CFUW: The Power of Women Working Together

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs, located in every Province across Canada.

Since its' founding in 1919, CFUW has been working to improve the status of women, and to promote human rights, public education, social justice and peace.

It holds special consultative status with the United Nations (ECOSOC) and belongs to the Education Committee of the Canadian Commission to UNESCO.

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Note: It is the policy of CFUW Owen Sound that member's personal information will not appear in the newsletter. For this information members should go to the hard copy of the Members List. Website info ([www.cfuwowensound.com](http://www.cfuwowensound.com))

## **PRESIDENT'S MESSAGE**

The days of the Christmas season have recently passed us. I was fortunate to enjoy celebrations with family members and friends. I hope you were able as well. In many ways, I find myself filled with so much joy and inspiration. However, I also find myself contemplating this past year and its events both personally and globally. It has been one of many a natural disaster, of political upheaval, mass violence against others, family illness and so much more. It is so challenging to consider these items and remain positive with our lives and humanity. But, in fact, I/ we do!

The new year is always a time to contemplate new goals, new opportunities and new dreams as well as a time to review past achievements. Nationally, the CFUW celebrates its 100th anniversary with many a celebratory event and awards being planned, new scholarships being established, membership drives being organized, new public relations and advocacy programming being created and implemented and so much more. In the past year, the organization has addressed the issues surrounding the partnership with GWI and it will be continued this upcoming year. Overall, it will an exciting and challenging year.

Our club, to many of us, is an additional opportunity for social interactions with women who are like minded, intelligent and considerate; to opportunities that broaden our minds and expand our learning; to

assist and support others in need; and to laugh together. We have had an incredible program year to date. We have experienced two very successful community fund raising events. Participation in general meetings and interest groups is strong and we have learned so much from the guest speakers. Our membership remains consistent to previous years' levels and we have motivated many new, interesting women to join. Additionally, we have supported other local organizations, like Chapman House and Mental Health Groups.

Our plans going forward are also exciting. Discussions are presently underway for a new interest group to be established - Advocacy. It is the vision of this group to actively address issues of importance to many of us, women and children by undertaking simple but effective, impactful actions. Interest also exists for new gourmet and cooking groups. It is participation in these groups and our general program which brings us so much. We look forward to your participation.

It is also our plan to continue to drive membership, outreach with other clubs and community support. I am confident of our success. All of this suggests that it will be a marvellous remaining program year.

Personally, I thank you for the opportunity of being a part of this phenomenal group and I look forward to my future participation with excitement. I am blessed! I am thankful for the experiences and challenges of the past year. I have taken stock of all of our achievements and I know that there is many a skill and passion for us to complete what we want to do and I am confident that we will be successful.

C. S. Lewis stated " You are never too old to set another goal or dream a new dream." I plan to and hope that your plans come to fruition too!

All the best to you and your family!

**Kerina Elliott, President**

## **MEMBERSHIP**

I have been away for much of the past month but there doesn't appear to have been a great deal of activity around membership, no new members to report but a couple of membership application forms have been requested so maybe I'll have additional members to report in the next little while. Currently our membership stands at 54 with 9 new members who have completed membership forms.

Distribution of the membership directories continues - currently 36 membership directories have been distributed to members, this means that are nearly 20 members who have not yet received their copy. There is one copy for each member and I'm keeping a list of who has received a copy. If you are in the Owen Sound area and are attending an interest group in the next couple of months and haven't yet received your copy, I can do my best to provide interest group leaders with copies for you to collect. If you haven't received your copy please give your name to your interest group leader who can hopefully contact me with names and I can get copies to them for distribution. Some members who have not received copies I will likely see in the next month or so, so I will do my best to carry some copies around with me.

For now I wish you all the best for 2019 with many opportunities for friendship and learning with CFUW.

**Judy Mapleson, Membership Chair**

## **PROGRAM**

Note that there are no general meetings in January or February. The next general meeting is Tuesday March 12<sup>th</sup> at the Tannery. More details to follow.

**Brenda Bergen, Program Chair**

## **SCHOLARSHIP**

For more information on CFUW Scholarship fund contact Donna Elliott.

**Donna Elliott, Scholarship Chair**

## **WEBMASTERS REPORT**

The Website Managers encourage you to review the website home page for current information.

[www.cfuwowensound.com](http://www.cfuwowensound.com)

Loreen and Donna

Please send updates for the Website and the Events Calendar to: **Donna Phillips and Loreen Cumming** at [info@cfuwowensound.com](mailto:info@cfuwowensound.com)

## **ARCHIVES**

Please submit any information or pictures that you think should be kept to: **Lois Renner**

## **NEWSLETTER**

The Newsletter is posted on the website: [www.cfuwowensound.com](http://www.cfuwowensound.com)

Please send submissions for the Newsletter to the coordinator: **Pat McCoy**

Please note that it is CFUW policy that items in the newsletter should be related to CFUW information and events. Occasionally community events and information may be included if these relate to the CFUW mandate.

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## **INTEREST GROUPS**

### **BOOKCLUB 4th Monday of the Month**

2018 reads were amazing with lots of laughs, profound insights and even new learning. On December 10<sup>th</sup> we celebrated (even more than we usually do) and had wonderful discussion about our chosen books on the topic of reading and books.

January's book is ***Clock Dance*** written by Anne Tyler. The meeting is at the home of Eleanor Huff on January 28<sup>th</sup> at 1:30 p.m. and Nan Gray will lead the discussion. Please know that all CFUW members are most welcome.

**Ruth Knapp Coordinator Book Club**

## **GARDENERS' INTEREST GROUP**

The Gardeners' Group will take a wee break... a pause ... a hiatus.

Meanwhile, if anyone has an idea for another gardeners' outing or topic, let me know and we'll send out the invitation and hope to reconvene. Let's keep in touch.

**Judy Beth Armstrong -- Gardening Group Coordinator**

## **ISSUES GROUP 4th Thursday Afternoons** **Ruth Henderson- Issues Group Coordinator**

## **HEALTHY LIFESTYLES - 3rd Tuesday Mornings**

We will be meeting on January 15th with Emily Powell who is from the Grey Bruce Health Unit. She will be giving us some tips on "Living your Best Life".

Details are yet to be worked out. We may be having some individual gait assessments and she is offering to do some work with Urban Poles.

Please reserve this Tuesday morning in January and stay tuned for more information.

Please let me know if you will be in the area for this meeting. What we do will depend on how many people are able to attend so it would really help for planning if you would let me know if you think you can come (or not).

**Loreen Cumming, Healthy Lifestyles Group Coordinator**

## **GAMES GROUP - Note change to 1<sup>st</sup> FRIDAY of the month**

Wishing you all the Best of the Season and reminding you of the next games afternoon **Friday Jan. 4/19**  
**at 1:30 pm**

HOSTED BY ROSEMARY McCANN PLEASE LET HER KNOW IF YOU WILL ATTEND!

**Lois Renner, Coordinator**

## **ART EXPLORER GROUP**

Our winter term will include:

- a visit to Georgian Bay Art Conservation with Amber Harwood
- "Snowed In" -Tom Thomson Gallery, curated and guided by Joan Hawksbridge
- a visit with Kathy Lochnan, Tom Thomson Gallery, on the topic of curating an art exhibit

The dates of these events are being organized and will be forwarded.

As well, we'll keep in mind movies at the Galaxy:  
February- Picasso / April - Rembrandt / June - VanGogh  
Best wishes for the New Year.

**Myrt Heinrich and Eleanor Huff Coordinators**

**YARN CLUB (knitwits)** 2<sup>nd</sup> Wednesday of the month

Hello to all CFUW members who knit (or crochet or needlepoint, etc). Our next meeting is **Tuesday January 8, 2019** at 1:30pm. **Please NOTE** that this is a day earlier than our usual Wednesday date. If you are planning to attend, please contact the group coordinator, Shawna Macivor.

**Shawna Macivor, Coordinator**

**CFUW - Owen Sound's Co-Production of  
A Dramatization of Charles Dickens' *A Christmas Carol*  
SOLD OUT  
Thursday, December 6, 2018 at The Roxy Theatre**

Congratulations and thanks to all CFUW members, friends and family who supported this successful co-production! The one-night-only performance, December 6<sup>th</sup>, was SOLD OUT a week before the performance and so members of CFUW and Owen Sound Little Theatre (OSLT) were invited (by donation) to the dress rehearsal, Wednesday, December 5<sup>th</sup>.

With a cast of 27 (3 CFUW members, 19 members of OSLT, AND 5 children!), plus more than a dozen OSLT members involved as production team and crew, we presented a show that was very well received indeed! Following the intermission, CFUW Vice-President Janet Glasspool most graciously addressed the audience, giving an overview of CFUW and thanking all in attendance for supporting CFUW's outreach programs, especially our scholarship fund. After the performance, we had a party! Members of CFUW, the cast & crew of *A Christmas Carol* -- and their families -- were invited to stay for the "After Glow" of good fellowship, great food, and words of appreciation to all involved. Director Pat O'Connor, Producer/CFUW liaison Judy Beth Armstrong, and Props Lead/CFUW Board member Ruth Henderson were thanked by Janet Glasspool and presented with beautiful poinsettias.

We were delighted that Lori Ker (CFUW Ontario Council) and her father attended the performance and party. Warm thanks for the After Glow/Christmas Party hospitality and arrangements go to Meran Farmer, Brenda Bergen, and their team, and to Doug Farmer who provided seasonal tunes on the keyboard, as well as a sound system for the "thank you" speeches!

Final reconciliation of expenses and revenue is yet to be completed, but we estimate that total proceeds exceed \$4000.00, with half of that going to CFUW - Owen Sound.

Many thanks to all involved!

~ Judy Beth Armstrong, Producer /member of CFUW - OS and Owen Sound Little Theatre

***Attached is an article from Melanie Knapp as thanks for the CFUW donations to her Comfort & Care Project.***

### **CFUW generously gives presents to Mental Health patients**

“I went to the University Women’s meeting. We were learning about dementia. I saw that it can be a hard journey with some important rewards. I was surprised to be asked to request donations for the psychiatric floor of the hospital like I did last year. Donations for ‘Melanie’s Comfort and Care Project’ were collected at the CFUW Christmas play, ‘A Dickens Christmas Carol’ that was performed at the Roxy. It was fun to open the bags and to see what the women had carefully selected to give to the patients. At the play the Tiny Tim actor sang a song that was beautiful. I felt a bit like Tiny Tim collecting the gift packages for people in the community that just happened to need them while they stayed in the hospital for awhile. Mental health difficulties can be troubling at Christmas. It is all of our hope that the presents will cheer people up a little bit and help people to feel cared about by our community. It has been my experience that patients are very appreciative of any donations they receive. There are colouring books, toiletries, journals, hats and mitts and more. It’s beginning to look a lot like Christmas!

Melanie Knapp

.....Photo is available on the CFUW web site.